

Daily Activity Tracker

Name: _____ Week of: _____

PROSPECTING	Points	1	2	3	4	5	6	7
New Contact Made	20							
Follow Up with Contact	20							
Prospect on Conference Call	30							
One-on-One Presentation to Prospect	40							
Phone Presentation to Prospect	30							
Prospect Viewed Website	20							
Sent Information Package	20							
WORKING WITH YOUR GROUP	Points	1	2	3	4	5	6	7
Business Presentation for Downline	20							
One on One Coaching	30							
3 Way Call for Downline	40							
Group Training	60							
PERSONAL DEVELOPMENT	Points	1	2	3	4	5	6	7
30 min Book or Tape	15							
Attend Seminar/ Training	40							
BUILDING	Points	1	2	3	4	5	6	7
New Business Partner	200							
New Preferred Customer	100							
New Retail Customer	75							
New Person Reaching 1st Level	200							
New Auto-Ship Order	30							
DAILY TOTALS								

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Part time goal 300-500 points per week
 Full time goal 500-1000 points per week