

Life-long Liver Health – Made Safe and Easy!
In this talk, you will learn:

- **Optimal nutrition for the liver and gallbladder**
- **The best essential oils & nutritional supplements for safe liver detox**
- **Tools to help you transform your health**
- **How to easily improve your life style to slow down the aging process**

April 10, 2008
7 PM - 9 PM

Wyndham Garden (formerly the Holiday Inn)

50 Kenny Place, Saddlebrook, NJ 07663
Call 201-843-0600 (for directions)

\$15 members (non-members come free)

Speaker: Orest V. Pelechaty, C.A. received his degree of Oriental Medical Doctor in 1986 from the California Acupuncture College and completed post-doctoral studies in Korea. He holds a degree in Psychology from Rutgers University and is nationally certified in Acupuncture and Chinese Herbal Medicine.

He apprenticed to learn Native American Herbalism and Tibetan Medicine. Currently, he is Vice President of the NJ Association of Acupuncture and Oriental Medicine and has served on the Board of Directors of the American Association of Oriental Medicine (where he was national chairman of both the Herbal Medicine and the Qi Gong Therapeutics Committees). He has recently founded a holistic clinic to serve the poor in a village in Himachal Pradesh, India.

Orest and his wife, Susan are Young Living Silvers. They regularly teach both health professionals and laypeople how to perform Raindrop Technique & Advanced Raindrop Technique. You can learn more about Orest's practice in Springfield, NJ by visiting his website: **www.HealAndRenew.com**. He can be reached by calling 973-921-0348.

Please join us, and bring your friends and family to explore this extraordinary fellowship of people committed to sustaining and improving health naturally.