

Common Sense™



Product Summary

Common Sense is a proprietary blend of Young Living essential oils and oil blends formulated to enhance reason and decision-making abilities. This unique blend will help users make healthier, more balanced decisions—bringing them closer to wellness, abundance, and discovering their true purpose.

Product Story

Common Sense is a proprietary blend of pure Young Living essential oils and oil blends formulated to increase mental acuity. Specially formulated by Gary Young, Common Sense is designed to improve decision-making abilities and strengthen everyday thinking skills. The oils in this blend include:

- + Frankincense to overcome stress.
- + Ylang ylang to calm, relax, and help release feelings of anger, tension, and nervous irritability.
- + Ocotea contributes high levels of alpha-humulene to balance the body's response to irritation.
- + RutaVaLa to relax the body and mind, counter stressed nerves, and rebalance energy.
- + Dorado Azul to promote healthy lung function and support measured breathing.
- + Lime to counter negativity.

Only available at Young Living, this blend will help relax, calm, and soothe body and mind, enabling users to focus and make choices rooted in common sense.

Primary Benefits

- + Calms, soothes, and focuses the mind.
- + Relieves stress.
- + Enhances mental clarity and decision making.

How To Use

For aromatic use only. Diffuse up to 30 minutes three times daily.

Complementary Products

Brain Power, Clarity, Peppermint

Did You Know?

- + The genus name of ocotea, *solidago*, comes from the Latin *solide*, which means “to make whole.”

Cautions

Keep out of reach of children. If pregnant, nursing, taking medication, or have a medical condition consult a healthcare practitioner prior to use.