

About Happiness

Memorable Quotes by Ayn Rand, Dale Carnegie, Paulo Coelho, and Others

People rarely succeed unless they have fun in what they are doing.

— *Dale Carnegie*

Joy. That is one of the main blessings of the All Powerful.

If we are happy, we are on the right road.

— *Paulo Coelho*

Happiness is when what you think, what you say, and what you do are in harmony.

— *Mahatma Gandhi*

Happiness is not something ready made. It comes from your own actions.

— *Dalai Lama XIV*

It's so hard to forget pain, but it's even harder to remember sweetness.

We have no scar to show for happiness. We learn so little from peace.

— *Chuck Palahniuk*

Happiness in intelligent people is the rarest thing I know.

— *Ernest Hemingway*

There is no key to happiness; the door is always open.

— *Mother Teresa*

Of all forms of caution, caution in love is perhaps the most fatal to true happiness.

— *Bertrand Russell*

Happiness is the consequence of personal effort. You fight for it, strive for it, insist upon it, and sometimes even travel around the world looking for it.

You have to participate relentlessly in the manifestations of your own blessings.

And once you have achieved a state of happiness, you must never become lax about maintaining it. You must make a mighty effort to keep swimming upward into that happiness forever, to stay afloat on top of it.

— *Elizabeth Gilbert*

Happiness quite unshared can scarcely be called happiness; it has no taste.

— *Charlotte Brontë*

It isn't what you have or who you are or where you are or what you are doing that makes you happy or unhappy. It is what you think about it.

— *Dale Carnegie*

Rules for happiness: something to do, someone to love, something to hope for.

— *Immanuel Kant*

Learn to value yourself, which means: fight for your happiness.

— *Ayn Rand*

I think and think and think; I've thought myself out of happiness one million times,
but never once into it.

— *Jonathan Safran Foer*

Now and then it's good to pause in our pursuit of happiness and just be happy.

— *Guillaume Apollinaire*

Happiness is the meaning and the purpose of life,
the whole aim and end of human existence.

— *Aristotle*

Those who are not looking for happiness are the most likely to find it,
because those who are searching forget that the surest way to be happy
is to seek happiness for others.

— *Martin Luther King, Jr.*

I am very happy because I have conquered myself and not the world.

I am very happy because I have loved the world and not myself.

— *Sri Chinmoy*

The happiness of your life depends upon the quality of your thoughts.

— *Marcus Aurelius*

Whoever is happy will make others happy.

— *Anne Frank*

Happiness is like a butterfly; the more you chase it, the more it will elude you, but if you turn your
attention to other things, it will come and sit softly on your shoulder.

— *Henry David Thoreau*

Happiness is a perfume you cannot pour on others without getting some on yourself.

— *Ralph Waldo Emerson*

Action may not always bring happiness; but there is no happiness without action.

— *Benjamin Disraeli*

Profit is a by-product of work; happiness is its chief product.

— *Henry Ford*

It is neither wealth nor splendor, but tranquility and occupation,
which give happiness.

— *Thomas Jefferson*

There is only one way to happiness and that is to cease worrying about things
which are beyond the power of our will.

— *Epictetus*

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