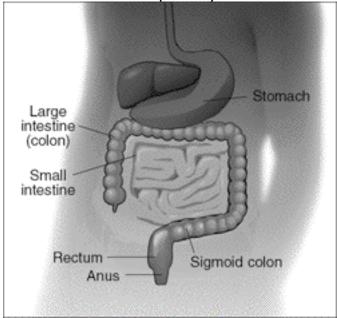
CROHN'S DISEASE

Crohn's disease creates inflammation, sores, and ulcers on the intestinal wall. These sores occur deeper than ulcerative colitis. Moreover, unlike other forms of colitis, Crohn's disease can also occur in other areas of the body including the large intestine, appendix, stomach, and mouth.

Symptoms include:

- Abdominal cramping
- Lower right abdominal pain
- Diarrhea
- A general sense of feeling ill

Attacks may occur once or twice a day for life. If the disease continues for years, it can cause deterioration of bowel function, leaking bowel, poor absorption of nutrients, loss of appetite and weight, intestinal obstruction, severe bleeding, and increased susceptibility to intestinal cancer.



Some researchers believe that Crohn's disease is caused by an overreacting immune system and is actually an autoimmune disease (where the immune system mistakenly attacks the body's own tissues). MSM has been extensively researched for its ability to treat many autoim-mune diseases, and is the subject of research by University of Oregon researcher Stanley Jacobs. (MSM is a key ingredient in Sulfurzyme).

Single Oils:

Peppermint, nutmeg

Blends:

Di-Tone

EO Applications:

INGESTION:

CAPSULE, 00 size, 3 times daily

RICE MILK, 2-4 times daily

TOPICAL:

RAINDROP Technique, 1-2 times weekly, using ImmuPower

Dietary Supplementation:

Sulfurzyme, Polyzyme, Royaldophilus, ImmuGel, AlkaLime, ICP, VitaGreen, Cleansing Trio, Power Meal, and Mineral Essence

Regimen for Crohn's disease:

- Polyzyme: 1-2 capsules, 3 times daily.
- Royaldophilus: 2-4 capsules, 3 times daily. Empty capsules and add to water or yogurt if needed.
- ImmuGel: 1/2 tsp., 5 times daily.

Each phase lasts 1 week and should be added to the previous phases.

Phase I: Take Polyzyme in yogurt or liquid acidophilus, and charcoal tablets. Do not use ICP, ComforTone, or Essentialzyme.

Phase II: Add AlkaLime if no diarrhea, and BodyGize.

Raw juices (5 oz. celery and 2 oz carrot).

Phase III: VitaGreen

Phase IV: (Start only after a week with no sign of bleeding).

- ComforTone (1 capsule morning and night) until stools loosen.
- ICP: Start with 1 level tsp., 2 times daily and gradually increase.
- Essentialzyme: Start 1 tablet, 3 times daily. If irritation

occurs, discontinue Cleansing Trio for a few days and start again.

• Mineral Essence: Start the second week: 1 drop-per, 2 times daily.

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