

How to Avoid the Biggest Roadblock to Attaining Success

Did you know that the words you speak can directly affect your success, health, relationships, and your life—both positively and negatively? Did you know that you may be speaking in a self-defeating manner that can subtly undermine your success and enhance your chances of failure in the future?



Robert Tennyson Stevens

by Robert Tennyson Stevens, Conscious Language® is a proven system of word mastery that has helped thousands of people take control of their language, choices, and lives.

For over 25 years, Stevens has extensively researched, synthesized, developed, and successfully applied innovative methods for using language to achieve health and success. At the 1999 Young Living Annual Grand Convention, he shared some of these proven methods, distributing a series of instructional tapes free to everyone who attended.

One of the main concepts of Conscious Language® is to speak positively, avoiding ineffective and self-sabotaging phrases, such as "I can't," "I'll try," or "I want." Conscious Language® involves choosing words with positive meaning, enabling us to use the power of language to our advantage. For example, there is a big difference between "try" and "do"—"doing" involves completing a task or process, while "trying" does not necessarily produce results. If we say "I'll try," is it because unconsciously we do not truly desire or plan to accomplish our goal? By using "try," we are unwittingly setting ourselves up for failure because we are acknowledging beforehand that we may not achieve that goal. In short, the word "try" provides us with a handy linguistic excuse for failure.

Another example is the word "want." Bob defines "want" as "desire without having." "Want" indicates lacking. So instead of focusing on the wants and lacks in our lives, we should actively choose to have the things we desire, whether it be happiness, energy, health, or wealth. Saying, "I choose to have ..." opens up pathways and possibilities for action to help us achieve our goals.

Language can exert a profound influence on your future without your even being conscious of it. Being aware of the words you use can help you harness the powers of language to maximize your chances of attaining health, happiness, and wealth.

Understanding a powerful new technique called Conscious Language® can help you become more aware of your words and start to make more effective language choices. Created

Using Conscious Language® is a way to upgrade our lives. By actively choosing words that reflect responsibility for our choices, our lives will actually begin to change. We will be able to overcome the subversive voices of others or even our own inner selves. We can avoid using words that can tear us down and tell us that we can't succeed. Conscious Language® provides us with a roadmap to truly achieve our heart's desires.

So how do you incorporate Conscious Language® into your life? You can start by listening to the three-tape set on Conscious Language® with Marcella Vonn Harting and Robert Tennyson Stevens. These tapes will be included in each Young Living order as the training tapes in October, November, and December (one tape each month).

After listening to these tapes, you may choose to order additional tapes from Essential Science Publishing. Call 801-423-3800 or write:

Essential Science Publishing
P. O. Box 902
Salem, Utah 84653

How to Use Word Power

When you catch yourself using words with negative connotations or that indicate loss of responsibility for your actions or choices, you can say something like, "cancel clear," "delete," or "my choice is," and replace with a higher, conscious choice of words.

Negative Word Choices

Want
I can't
It's hard
Try
Attempt
Working on
I've got to
I should
I wish they would
I don't know
I'm not good enough
I can't afford

Positive Word Choices

Choose
Have
Enjoy
I give myself permission to...
I choose to make it easy.
What I'm learning is:
I can
I empower
I claim
I know
I love