

"Almost everything—all external expectations, all pride, all fear of embarrassment or failure—these things just fall away in the face of death, leaving only what is truly important. Remembering that you are going to die is the best way I know to avoid the trap of thinking you have something to lose. You are already naked. There is no reason not to follow your heart."

~ Steve Jobs

"Live as if you were to die tomorrow. Learn as if you were to live forever."

~ Mahatma Gandhi

"Somebody should tell us, right at the start of our lives, that we are dying. Then we might live life to the limit, every minute of every day. Do it! I say. Whatever you want to do, do it now! There are only so many tomorrows."

~ Pope Paul VI

"There's an intuitive, invisible presence that's always with you. I picture this presence as a nagging little creature who sits on your right shoulder and reminds you when you've lost your sense of purpose. This little fellow is your own death, urging you to get on with what you showed up here for because you have only so many days to get it done, and then your body will be departing from this visit. Your invisible companion will prod you when you're spending another day doing what somebody else has dictated if it's not a part of your passion in life."

~ Wayne Dyer

"In a world where death is the hunter, my friend, there is no time for regrets or doubts. There is only time for decisions."

~ Carlos Castaneda

"Our mind thinks of death.
Our heart thinks of life.
Our soul thinks of Immortality."

~ Sri Chinmoy

"Death is as sure for that which is born, as birth is for that which is dead.
Therefore grieve not for what is inevitable."

~ Bhagavad Gita

"Everyone is so afraid of death, but the real Sufis just laugh: nothing tyrannizes
their hearts. What strikes the oyster shell does not damage the pearl."

~ Rumi

"Death is absolutely safe . . . it's like taking off a tight shoe."

~ Ram Dass