



Message Scent News

ANCIENT SECRETS FOR A MODERN AWAKENING



It was the day after Thanksgiving 1993 when Young Living opened their doors in a dilapidated 6,000 sq. ft building in Riverton, Utah. Sales were maybe \$500-\$600 per day - and then Gary put Abundance oil on the computer keys and the phone started ringing! Well, we have come a long way in just 14 years. With farms in Utah, Idaho, France and Ecuador, from the dust of the earth Young Living has become the premier grower, researcher and provider of therapeutic grade essential oils in the world.

With the launch of the new **Super Core** nutritional products at the 2007 Young Living Convention in Washington, DC, Gary Young has taken his organization to new heights. **Core Essentials - Ningxia Red, Longevity, Balance Complete, Life 5, True Source and Omega Blue** - create a foundation for health with complete nutrition for disease prevention and to ensure longevity. These all natural whole food supplements contain vitamin complexes instead of isolated, synthetic vitamins found in many nutritional products.

"**Life 5** is a new frontier in biological therapy," Gary Young told the 3,200 essential oil enthusiasts at Convention, "with superstrains of probiotics which are resistant to stomach acid, bile, digestive enzymes and antibiotics." Along with our antibacterial champions - essential oils such as **Thyme, Clove and Oregano** - that establish a synergistic support system, Young Living is expanding to be an international powerhouse with unlimited business building potential which benefits our families, our communities and our Earth.

Mary Young shared her vision, "We are grateful for all we have, for all of you, for the gifts and the blessings. To bring joy, happiness, and well being to all we spend time with and to take the message of Young Living to the world is our goal." Be part of the great Young Living family tree, and let your colors shine! **Ruby**



Compliments of
James Niederland, LCSW
Psychotherapist &
Wellness Consultant
office 201-567-8119
cell 201-906-2994
www.essentialoiltherapies.com
ningxiaredman@gmail.com

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Published by Carl Janicek
Produced by Ruby Gibson
© 2007 Medicine Wheel
Consultants, Inc.
1-800-332-3969
messagescent@earthlink.net

LEADERSHIP BY CARL JANICEK

WHAT does it take to be a strong leader? I have noticed my leadership skills improving as I overcome challenges that move me outside of my “comfort zone box”. For me, leadership has developed over time as I have faced my fears and accepted the challenges placed in my path. I have found that I require wise counsel from others: educational, spiritual connection and professional trainings. The rewards and challenges of leadership clearly follow the concept of “first the challenge, then the blessing”.

Reading a good book on leadership such as **The Leadership Challenge** by James Kouzes is also inspirational. In essence his style of leadership breaks down to these basic concepts:

First and foremost – model the way you do it. This is to say *walk your talk*, but much more than that you must actually be the person you hope and pray that your group leaders will be.

Second – inspire a shared vision. Why do I love Young Living and this business that has helped me change, grow, evolve, make new friends and feel gratitude to my bones? Simply because I am aligned with the Young Living mission and I have no other experiences that have equaled the feelings of satisfaction and inspiration that I get from helping others.

Third – Challenge the process. When I see something I disagree with or that seems counterproductive, I sit with it for a little while. Then I work and pray for a guided outcome that manifests the highest potential for those who are most deserving and inspired to share the vision of Young Living.

Fourth – Enable others to act. Give the gift of clear opportunity. What do we do when given opportunity, wealth, responsibility and power? Mostly we become more of who we really are. That becomes interesting

because it doesn't take long for us to face the “evolve or degenerate” mirror of reality. Usually the best in us comes out to shine but usually not without a bit of rubbing off the tarnish of our perceptual deficits and self destructive patterns.

Fifth – Encourage the heart! Great leaders know that if one's heart is “in the challenge” then their mind and body will follow with great passion! Leadership can be learned in a haphazard trial and error way but that method is dangerous and expensive. If you accept the challenge of personal growth, study the path carefully and assess your strengths and weaknesses. Keep your mistakes close to you so you can learn from them. Follow a path of continued exploration, adventure and evolution. Do you have a burning desire? If not, work to find it! Become the person you truly choose to be.

Our networking business is about the spirit and intent of relationships. If you are angry or upset, your emotions will likely block your highest choice. As emotions go up, intelligence goes down! When you are upset call your sponsor or enroller, not leaders in your down line business group. Send your team genuine compassion, gratitude and unconditional love. Do your best to understand them, even when they make mistakes or irritate you. As Dale Carnegie says in his inspirational growth programs, “Never criticize, condemn or complain since the law of creation is that like attracts like.”

Dani Johnson, a fantastic networking instructor, says, “Know the five types of distributors. It will make your work so much easier. Love and accept them for who they are, watch what they actually do and don't invest too much in what they say.” With this level of understanding your team

won't be trying to get a pear tree to grow apples.

1. Wholesale Customer. They will say lots of things about how they love the products but just can't seem to find time to learn the business. They are so wonderful for their testimonials and love of the products!

2. Seasonal Distributor. They will be in and out, starting and stopping, going to sleep on occasion and spend time in part finding lots of reasons to be distracted. They can grow a business, but often want support and then they simply disappear for a while. They are often fun to see and can bring in new ideas to your group.

3. Social Distributor. They just like to hang out and often tell you what you want to hear. They appreciate the products, genuinely like you and like being involved in various experiences that are part of the Young Living adventure ride. They are pearls who selflessly help out with parties and projects so long as they are appreciated for who they are.

4. Part Time Distributor. These are wonderful people who are satisfied with their network business income and usually don't believe that they can do any better than they are currently doing. They are Diamonds in the rough and often grow the business when life changes or desires put a spark of light on the path ahead of them.

5. Full Time Business Builder. These are the folks that are focused on the prize on a daily basis, they blaze a path for many others and have fearless optimism. They have their head into the system of growing through challenges and keep learning, always moving forward even through adversity and setbacks.

I love the people who have come to help us light the way with knowledge and experience so that our exploration and personal growth become the journey of a lifetime.

CONVENTION NEWS!

New Farm in Ecuador

Young Living's new farm in Ecuador is really moving along. The total acreage is 2,010 acres with an 85-acre pond with maximum depth of 42 feet of water. Gary Young dug the pond because it is an essential part of growing crops with irrigation in times of short rainfall. The growing conditions are exceptional as crops can be grown year-round. In this past year, we have distilled 28 new plant varieties never distilled before, and this is just the tip of the iceberg. We saw pictures of a large, full-scale distillery being built, similar to what we have at our farm in Mona, Utah, that many of you have seen in person or in pictures in our literature. The sacrifice is great for Gary, Mary and their two young boys, as they reside in rather primitive living conditions. Young Living is blessed with the most hard-working and caring owners you will ever find.

New Products

We now have two additions to the **Core Essentials** product line. These will round out the key items needed on a daily basis to make a significant improvement in our health. Also, we have an addition to the **Thieves** product line and one new essential blend capsule.

Life 5. This high potency probiotic builds and restores core intestinal health by providing a daily boost of five clinically proven and advanced probiotics (meaning 'for life'). This includes three of the most health-promoting super strains ever prepared in a supplement. **Life 5** will provide greater energy, support improved immunity and promote intestinal health. Some reasons to use **Life 5**: Less than 1/10 of 1% of the probiotic bacteria in yogurt reaches the intestine alive; Acid foods destroy friendly bacteria;

Our resident bacteria decrease by 1,000 times by age 65. This is part of the aging process. Subjects experienced a powerful anti-inflammatory response by over 50% with the use of probiotics. Item # 3099, Whsl: \$24.75

True Source. This daily whole food multi-nutrient utilizes nutrient-dense super fruits, vegetables, and other plants to offer a full spectrum of bioactive vitamins, minerals, antioxidants, and phytonutrients in their whole synergistic glory. You will be able to provide your body with vision protection, heart health, strength, energy, and a stimulated immune system. Some of the ingredients included are broccoli, spirulina, chlorella algae, barley grass, orange, MSM, olive leaf extract, Ningxia wolfberry, pomegranate, grape skin extract, coral calcium, boron, and lutein. Item # 3502, Whsl: \$34.75

Thieves Waterless Hand Purifier. As an all-natural product, **Thieves Waterless Hand Purifier** promotes good hygiene by cleaning and refreshing the hands without the use of any water, anytime, anywhere. This product contains **Thieves** essential oil blend, which purifies long after application. It also is made with active skin moisturizing ingredients including natural aloe and vegetable glycerin. This is a wonderful addition to our product line, since the ingredients in other waterless hand cleansers have been shown to cause cancer and resistant bacterial mutations. Item # 3621, Whsl: \$5.00

Inner Defense Total System Protection. These softgels contain potent essential oils including **Oregano, Thyme and Thieves.** Designed to support well-being, **Inner Defense** strengthens the immune system, protects bioterrain, and energizes systemic defense. Item # 3295, Whsl. \$23.75

CONVENTION QUOTES!

"In Ecuador I believe that Gary will build the largest Young Living facility! We will all be the recipients of what is being produced in Ecuador." - Mary Young

"Time to get your feet planted, get organized, and then be an example for those you teach and mentor." - D. Gary Young

"Plants are the bridge from Mother Earth to us." - Unknown

"Your gut is the host for bacteria that cause chronic disease." - D. Gary Young

"It's not about making good choices, it's about making the best choices. Young Living will show you the better way." - Dr. David Hill

"If you really knew, you would do!" - Dani Johnson

"The only safe vaccine is one that is never used." - Dr. James Shannon, former director, National Institute of Health

"Never eat more than you can lift." - Miss Piggy

The wise man should consider that health is the greatest of human blessings. Food is your medicine." - Hippocrates

"Mortality rate among artificially fed infants is 56 times greater than among breast fed children." - D. Gary Young

"If you think you can, you can!" - Marcella vonn Harting

"We have gotten so far off track, that we need something as powerful as essential oils." - Dr. Joan Barice

"We shouldn't have to sacrifice our lives and our health for the sake of corporate profits!" - Dr. Barice

"International Vision: To put Young Living products in every home around the world!"



**YOUNG LIVING
GRAND CONVENTION 2007
WASHINGTON, DC**



**Therapeutic Grade:
The Young Living Standard**

In order to achieve therapeutic-grade classification, each essential oil must achieve the designation naturally, without excess manipulation and refinement, and meet specific criteria in four key areas: **Plants, Preparation, Purity, and Potency.**

Plants
Young Living products are produced from the right plants, grown in exceptional soil, and harvested at exactly the right time.

Preparation
Using pure mountain water free of additives, Young Living has a proprietary, stainless steel distillation process that uses low temperature and low pressure to better preserve plant properties, capture the pure essence of the plant, and preserve the quality of the oils.

Purity
Achieved through the use of quality plants and meticulous supervision, and set through ultra-refinement, our finished product is such pure. Young Living essential oils are 100% natural, never, and free of chemicals, pesticides, and heavy metals.

Potency
To guarantee our products exceed existing world standards and meet our very highest internal standards for potency, we analyze the finished oil's phytochemical profile to ensure it delivers optimal amounts of every key plant compound.









Healing Planter's Warts

About two summers ago I started having discomfort under my left baby toe. I would soak my foot in Epsom salts along with Young Living **Thieves**, **Lavender** and **Peppermint** oils, as I thought the problem was bacterial rather than viral. Still, it is my opinion that the above did help in delaying the problem. This would help temporarily, but I couldn't do this every day. By last summer (2006), the discomfort had grown under my left baby toe and it began to hurt badly. I finally figured that it was a Planter's Wart, and my doctor (G.P.) confirmed it.

I asked the Dr. what to do about it and what caused it. He shrugged his shoulders and said it was from a virus and that he would give me a very painful shot in my foot and then he would burn off the wart. The shot was indeed very painful, however it did not freeze my foot, and I felt the pain as he attempted to burn off the wart. I continued to feel the pain of the shot across my toes for two months. The wart did not go away either. I was left with the same bump (wart), however now it was black from being burned. What a joke!

A few months later, I went to a Podiatrist, thinking that this doctor would have a better answer. She visited with me for 5 minutes and charged my insurance about \$160.00! Her medical advice was for me to go to the store and buy the Dr. Scholl's medicated pads for warts. I did this – not a cheap venture either, as I did this for months, with no relief. The wart continued growing on the outside as well as what felt like roots internally. It was still very painful, and walking, especially with shoes, was difficult as the wart continued to grow.

I then heard about a cure through "Well in Hand", which had worked for my colleague's son who had warts on his hands. This did cure his problem, however at \$40.00 a bottle, and two bottles later, my planter's wart was still as large and painful, and not going away. I will say that the pain lessened, however if I stepped on something in the garden, it still hurt very badly.

I also went to the Health Store nearby and talked with some of their employee's who also had suffered Planter's Warts on their feet and told me how very painful their journey was and how many times they had their warts burned off and cut out (a repeated and painful process). They had no answers for me, except to try this or that.

Then, after this process over several months, I thought I would try Young Living's **Oregano** oil. I called Essential Science after checking my Essential Oils Desk Reference, because they had no reference for Planter's Warts.

After about 4-6 weeks of daily using a dropper to apply straight **Oregano** essential oil directly on the wart, (even though your literature says not to apply straight **Oregano** – this wart had to be dealt with and I wasn't messing around anymore!), and then covering it with a bandaid that I also doused with **Oregano** oil, I noticed that the pain diminished and then the wart began to diminish as well. Today, the wart fell off!!! Hallelujah! (Note: it was still black from when the first doctor burned it 8 months ago.) I used a little more than one bottle of **Oregano** oil – for a wart of about 2 years.

I think the area still has some healing to do, but it feels as if the

painful internal roots of the wart are gone and after the wart fell off, the rough skin underneath is pink again.

I am hoping that the **Oregano** has cured the "virus", but I will continue to soak in epsom salts, **Thieves**, Lavender, and Peppermint, as well as apply **Oregano** for another few days. My guess is that the **Oregano** has killed the virus – I'm hoping so.

Please let others know that when that nasty Planter's Wart, especially on the bottom of the foot, refuses to go away, there is a painless way to deal with it...and I think the **Oregano** was the least expensive and quickest of all the things I tried. Had I only known sooner!

Although this letter was about the Planter's Wart, I wanted to share one other thing. I fill a small spray bottle with distilled water and add about 30 drops of **Thieves**. Whenever I get a sore throat or feel a cold coming on, I immediately spray this onto my neck. Instant relief!

Sincerely,
Ms. J. Ruffner

Young Living Essential Numbers

Automated Phone Ordering System (IVR)
1-888-880-1549

Live Order Entry Operators
1-800-371-2928 Mon-Fri 7am - 7pm MST

Distributor Network Services
1-800-371-3515 Mon-Fri 7am - 7pm MST
Fax Numbers 1-866-203-5666 (US & Canada) 1-801-418-8800

Live Help Operators Mon- Fri 8am - 11pm
Saturday 10am to 5pm, MST
Sunday 3pm to 11pm, MST

Essential Science Publishing
www.essentialscience.net
1-800-336-6308

www.youngliving.us

Testimonials and Tidbits

Here are the essential oils I used for my Shingles Residual Nerve Pain, technically called PHN (Post Herpetic Neuralgia). Because of the extreme sensitivity of the breast, side and back affected, I experimented with seven formulas over three months, and I finally found a recipe that worked for me. I would not wish such horrible pain on anyone.

7 drops carrier oil (I like almond)

2 drops *Marjoram*

2 drops *Nutmeg*

2 drops *Helichrysum*

1 drop *Peppermint*

Mix together and apply topically to painful areas. From, Jo Mutze

I came back from convention with all my wonderful new products and oils and walked into an office full of people with an intestinal virus that is running rampant. Two people actually came to me clutching their gut and saying that they had to go home NOW because they were so ill (diarrhea & vomiting). Sure enough, about an hour later I started feeling nausea and my gut started cramping and gurgling. I decided to put *INNER DEFENSE* to the test. I first sprayed a mist of hydrogen peroxide in my ears and then followed it with one of the *INNER DEFENSE* capsules and a big glass of water. I promise you, within about 45 minutes my symptoms were gone! I feel completely fine now, where before lunch I really felt like I might have to go home ill. This is a powerful capsule. Its faster than an antibiotic and no side effects! If you haven't heard yet about *INNER DEFENSE*, think Thieves, Thyme, Oregano and Citronella in a capsule. I've already shared 2 of the caps with one of my "sick chicks" here in the office and I'll be checking on her in a bit to see if she had the results that I did!

Abundant Blessings, Annette/Memphis, TN

Convention was fabulous, as always, and inspires me to live a healthier life and to educate others on the importance of taking care of our miraculous bodies! I have had quite a wonderful journey playing with oils and sharing them with friends with great results. A quick story about my mom. She can't sleep and has tried taking (ugh) Ambien. I quickly instructed her to put *Lavender* on her feet at night and see how that might help. She called to tell me that she still can't sleep but the *Lavender* cleared up all the ugly, varicose veins on her ankles! She shook the bottle for the last few drops and wants me to order her some more! The oils work sometimes differently than I expect, and I LOVE it! She also has Sjogren's Disease, an autoimmune deficiency, and I had her taking Ninxgia Red. Her eyes got much better, but then she stopped drinking it. I'm hoping to sign her up for autoship as she is starting to believe that these products really work!

I also want to tell you about my experience with my Greyhound and how this is leading me in a whole new direction. One of my hounds had a tumor growing on his paw. It was making him limp, unable to put hardly any weight on it. I was worried about cancer, so I took him to his vet. Big mistake. Basically he said to take some pills, soak his foot 2x a day in Epsom salt and hope for the best. I started applying Frankincense. Well, after about 2 days, the tumor started receding! He did not like the Frankincense, so I put it on my hands and held his paw and gently rubbed it in. Now, the tumor or whatever it was, is just a small bump on his pad, and he is walking and running with much enthusiasm! I am overjoyed at this healing and what a miraculous testimonial. I have always been an animal lover, and I believe I now have found the path that I want to take from here Blessings, Cheryl Anne Moore

I was just recently at the farm with Gary Young and he said to use *Idaho Tansy* as the replacement for *helichrysum*. I am almost certain he made a comment like 3 drops of *Tansy* was equivalent to many drops of *helichrysum*. So right from the masters mouth to our ears. It surprised me but I totally trust Gary's wisdom and knowledge. Blessings, Julie Chertow

I just wanted to remind you that ... "Tis the season to cleanse the colon, tralalala lalalala." A target cleanse is more than a nutritive cleanse. A target cleanse uses essential oils and herbs to specifically digest mucoid plaque and stimulate the colon to be able to have better peristaltic action. *Comfortone* and *ICP* and *Essentialzyme* are the products to use and they can be combined with the new *5-Day Nutritive Cleanse* packs. All kinds of problems take care of themselves when the colon is functioning better and the mucoid plaque has left the system. Here are some examples of things that clear up after colon and liver cleansing: diabetes, allergies, arthritis, chronic fatigue, fibromyalgia, RA, infertility, hyperactivity, brain fog, memory loss, rashes of all kinds including psoriasis and eczema. So take some time this fall and work on your colon! Yours in health, Dr. LeAnne Deardruff

Tangerine peel could help in the fight against certain cancers, researchers said. Human cancer cells, which contain an enzyme called P450 CYP1B1, were destroyed by a compound contained in tangerine peel, Salvestrol Q40, scientists at Leicester School of Pharmacy found. The findings may offer a new approach to uncovering a treatment for cancers such as breast, lung, prostate and ovarian cancer, the scientists said. Medicinal chemist Dr. Hoon L. Tan said: "It is very exciting to find a compound in food that can target cancers specifically."

101 Uses for Thieves - a YL antimicrobial blend of essential oils. (third installment)



51. Use for bathrooms and toilets to sanitize and freshen.
52. Use to cut grease on kitchen counters and stovetops.
53. Use to mop floors to clean and disinfect.
54. Apply to hands to remove stubborn, sticky substances like tree sap or gum.
55. Use to wash fruits and vegetables from the supermarket.
56. Add to the water in your vacuum cleaner to cleanse the air.
57. Add to your carpet cleaner to disinfect the carpet.
58. Squirt along ant trails in the house to keep them out.
59. Use in school classrooms to cut down on student sickness.
60. Scrub old floors to remove old varnish and prepare for refinishing.
61. Clean upholstery in your living room.
62. Clean the upholstery and dashboard of your car.
63. Soak off burnt food in pots and skillets.
64. Wipe or soak garbage cans to get them clean, sanitary and smelling fresh.
65. For bad stains, pour it on as a pre-wash stain remover.
66. Use undiluted to clean and kill mold on walls and floors.
67. Take a Thieves Lozenge with the first sniffle and signs of a cold or sore throat to ward it off.
68. Take Thieves Lozenges prior to singing performances to keep the voice strong and hit high notes.
69. Use Thieves Lozenges to hasten the healing when a cold or flu has been contracted.
70. Keep a box of Thieves Lozenges in church to have available for the choir.
71. Suck on Thieves Lozenges as you enter an airplane to protect you from germs onboard.
72. Rinse daily with Thieves mouthwash for clean breath and to keep teeth and gums healthy.
73. Gargle with Thieves mouthwash before a singing engagement to clear mucus.
74. Use Thieves waterless hand sanitizer.



**Thieves Essential Oil
#3423 \$29.50**

**Medicine Wheel Consultants, Inc.
306 S. Lookout Mtn. Rd., Suite B
Golden, CO 80401**