



# Message Scent

ANCIENT SECRETS FOR A MODERN AWAKENING

## GARY YOUNG - A BIG HIT IN CHICAGO! BY CARL JANICEK

IT was 5 degrees below zero on February 26 in Chicago, IL and Gary Young was scheduled to lecture to 500 people. Despite the cold weather blast, over 1,500 essential oil enthusiasts showed up! I was one of them. I thought it would be fun to hear Gary Young share his adventures from Ecuador, so I flew in from Denver.

I loved it! Gary was able to provide us with a substantial view of his recent work, including a traveling medical surgical unit. Armed with essential oils, Gary is proving that oils add a huge pre-operative and post-operative value to virtually every patient treated.



Seeing vast improvements in surgically induced stress and trauma, Gary was able to reduce (15-30%) blood loss and infection rates, and to improve blood oxygen levels. The use of essential oils lowers anesthesia dosage levels, which leads to much faster recovery times and less overall complications. These protocols are still experimental but now the evidence is becoming clear. We are able to dramati-

cally enhance the outcomes of virtually all surgical procedures!

What are these protocols? First, and easiest in a field clinic setting, is the diffusion of Young Living Lemon and Peppermint essential oils before, during and after surgery in the operating room as well as in the recovery area. The next experimental protocol is to drink 20 drops of Helichrysum and 20 drops Cistus in 1/2 oz. pure water about 30 minutes before surgery, adding 1 oz. of Ningxia Red for blood building. Gary is also working on auricular therapies that improve blood oxygen levels that include Helichrysum and Valerian oils.

Gary's work is meeting with such success that he has been appointed the Director of Essential Oil Medicine at the University of Azuay in Ecuador and is, of course, learning Spanish! Gary also shared that many new plants are being distilled and studied daily for their therapeutic values. Those who attended the Chicago event were allowed to buy a 5 ml. bottle of the exotic Palo Santo oil, which gives the impression of being an Ecuadorian version of Frankincense! He said this oil is locally known to have the ability to accelerate bone growth and regeneration, is anti-tumoral and is of benefit to systemic acne, and viral conditions. This is just ONE of the many new oils coming out of the Young Living research teams - two more will follow soon.

*(continued on page 2)*



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Produced by Carl Janicek and Ruby Gibson

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## Indigo & Crystal Children Love Young Living!

By Allyn Breech

It's been a year since my daughter Chandra gave birth to twin boys who are definitely **Crystal Children**. **Crystal Children**, like my grandchildren, born after the year 2000, are communicative, caring, and cuddly. They know why they are here. They are going to be a powerful force for peace on the planet. They are sensitive to everything especially sugar, meat and toxins in particular. One of the twins, Masen (pictured below), will not eat meat and loves wolfberries over organic raisins. They know



what they need. My daughter has fed the boys everything organic and used only toxic free baby products, specifically the **Kid's Scent Young Living line**.

We have been making our own baby wipes from Young Living products because the commercially produced ones contain many petrochemicals, as do the commercial baby baths and lotions.

The **Indigo Children** are the older generation of children that were born in the latter half of the twentieth century. They are highly sensitive and have important life purposes. They have a warrior spirit and are non-conformists. Many have tempers and fiery determination.

Too many have been diagnosed as having ADHD or ADD. Instead of Attention Deficit Disorder, it should be renamed "Attention Dialed in to a Higher Dimension." Supposedly their energy is not being channeled in creative or productive ways. Our school systems do not understand them. Doctors give them drugs to help them focus when what they need is love, understanding and a healthy environment.

James Twyman has a movie called *Indigo Evolution*. I suggest you see it as it explains this phenomena quite well. Doreen Virtue has a book out on the *Crystal Children*. I hope this helps you see your children in a different light.

## Gary Young in Chicago

by Carl Janicek

*continued from page 1*

In addition, Gary talked about why so many people don't respond to natural medicine. In his opinion, it is because many suppliers sell such poor quality products, and materials are often purchased at warehouse auctions with barrels of raw ingredients selling for just a few dollars.

Gary mentioned again about the molecular mutations caused in food exposed to microwaves, and its polymer-plastic-like effects in the bowels which causes absorption and detoxification blockages leading to cellular mutations and systemic degeneration. He stressed that it is difficult to attain health and recovery if the system is too acidic. So eat your Vitagreen everyday to stay alkaline! He reminded us of the 100,000 unstudied toxic chemicals added to our daily environment, as well as psychological problems that are being diagnosed and drugged as early as 2 years of age, creating a ready market for drug companies' interests built on dependency-building drug protocols.

Gary told us of some world health programs that are pushing vaccinations to the elderly, as well as the young. In some areas - where the elders were over 100 years old - they all died after being vaccinated "for their own good". Have you seen the Academy Award winning movie, *The Constant Gardener*? If you do, you will understand how insidious and greedy the drug companies have become. It's an excellent movie and a well told story.

Gary's request was to carry the word to other's. "My people will perish from a lack of knowledge . . . we are all children of God, let's act like it!"

### Clarity Oil

#### Reveals Toxic Buildup

Those who get headaches from diffusing **Clarity** essential oil blend may be suffering from significant petrochemical or heavy metal accumulation in the brain.

**Clarity** is rich in the essential oil of Cardamon, which contains high levels of transphenol - a powerful molecule which tends to generate headaches in the presence of petrochemicals or heavy metals.



### Heavy Metal Toxicity?

We are being bombarded with heavy metals every day. This can lead to health problems, joint discomfort, and will store in the liver and other organs, causing the following: fatigue, headaches, forgetfulness, loss of hearing, dizziness and depression. Young Living's **Chelex #3250** is a tincture containing essential oils for detoxing heavy metals. Add 3-4 droppers to distilled water or juice - such as Ningxia Red - and drink every day. It may take up to 18 months to clear out the heavy metals. Drink lotsa water!

## CURBING AND CONQUERING YOUR CRAVINGS FOR THE NEW YEAR: PART II - BALANCE YOUR BODY/MIND SYSTEM

By Kelly Hayford C.N.C.

**I**n the last issue of *Message Scent* I wrote about the importance of properly nourishing your body/mind system in order to diminish or eliminate cravings for health-robbing foods. Equally as important is balancing your body/mind system, particularly with regard to your emotions and blood sugar.

Imbalanced blood sugar can lead to almost unbearable cravings for poor quality foods, especially caffeine and sweets. Although giving in and indulging in delectable confections may give you temporary relief, doing so will only make things worse in the long run. Regularly consuming stimulant foods such as caffeine, alcohol and sweets is what causes and perpetuates the cycle of wildly fluctuating blood sugar levels and cravings in the first place.

Once you're hooked, it's like being on a biochemical roller coaster. Soon after you consume the soda, coffee, pastry or other stimulant, you're feeling pretty cheery. Then—Boom!—your blood sugar crashes and you feel like taking a nap or strangling somebody for your next "fix." Or both.

In addition to causing strong food cravings and fatigue, imbalanced glucose levels are also notorious for causing headaches, insomnia, brain fog, excess weight that won't go away and pronounced emotional imbalance. This may show up as depression, irritability, anxiety and, often, swinging from one mood to the next.

If you want to truly balance your emotions and conquer your food cravings, you must stabilize your blood sugar! Following these dietary recommendations will help:

✓ Eliminate or relegate stimulants to rare occasions. This includes: caffeine, chocolate, refined salt, alcohol and refined carbohydrates (sugars, high fructose corn syrup, white refined flour, etc.).

✓ Eat animal or vegetable protein or whole grains within an hour of waking up.

✓ Eat three balanced meals daily and feed cravings for sweets with protein.

✓ Substitute Young Living's Stevia Extract for concentrated or artificial sweeteners, as stevia is known to balance blood sugar levels.

✓ Snack on a handful of Young Living's naturally sweet Wolfberries or a Wolfberry Crisp Bar, as the wolfberry supports pancreatic function.

When it comes to supplementation, you will also want to be sure that you're taking Young Living's Vitagreen and Ningxia Red juice—regularly and abundantly. In addition to supplying the body with an array of vital nutrients, these two products are also very effective in stabilizing blood sugar. Which means a double dose of assistance in your endeavor to curb your cravings. You may also consider supplementing your diet with Young Living's Super B formula, which supports pancreatic function, a positive outlook and healthy energy levels.

Once your blood sugar levels are maintained in balance regularly, you will notice that both food cravings and emotional upsets will subside significantly. This could take a few weeks to a few months depending on the person and to what degree efforts to reverse this condition are followed.



Young Living Essential Oils can help you through this transition period and to establish and maintain an ongoing sense of well-being.

✓ Bergamot and Cinnamon are both helpful for general cravings and addictions. (A client put a few drops of Bergamot on her feet every day and in a few days her irresistible cravings for salty snacks completely went away!)

✓ Because Fennel and Dill help balance blood sugar levels, they are especially effective in clearing an unhealthy desire for sweets.

✓ Ginger, Lemon, Peppermint and Spearmint may help with emotional eating and/or overeating.

✓ For general upliftment, start your day by putting the essential oil blends Valor on your feet and Joy over your heart area. Use your intuition and experiment to see what works best for you.

Most people experience a dramatic reduction in their food cravings within a short period of time after following the preceding recommendations. Balancing and nourishing your body/mind system for the long haul, however, is a process that will take a bit of time to integrate as a lifestyle. Time well spent, as the rewards are great and will affect every area of your life!

## Men Have Hormones Too! by Ruby Gibson

So often, when it comes to hormones, women get the press. They have mood swings, moon cycles, menopause, PMS, bone loss – many symptoms to display their rise and fall of estrogen. Not as commonly discussed are the symptoms of hormonal imbalance in men. Young Living has many products to aid in male hormonal health, and we at *Message Scent* have decided that it is a good topic for spring, the ritual time of fertility and growth.

Men's hormonal problems typically show up in the prostate. Some symptoms of a hormonal imbalance in men include: **Prostate Cancer, Infertility, Erectile Dysfunction, and Prostatitis**: an inflammation of the prostate that can present similar symptoms as **Benign Prostate Hyperplasia**. Almost all males over the age of 50 have some degree of prostate hyperplasia, a condition that worsens with age. BPH symptoms are urgent and frequent urination with restricted flow.

Due to research conducted by Jerilyn Prior, M.D., an endocrinologist at the University of British Columbia, it was discovered that ovarian, prostate and other types of reproductive cancer are directly related to petrochemicals ingested and stored in the reproductive organs. These petrochemicals interfere with hormone receptors, rendering them unable to function properly, eventually leading to cancer. (Essential Science Publishing)

European scientists have studied the ability of essential oils to work as natural chelators, binding with heavy metals and petrochemicals and ferrying them out of the body. Petroleum based chemicals can penetrate and remain in the skin and fatty tissues

for days or even weeks after use. They are present in cosmetics, personal care products, soaps and cleansers containing synthetic chemicals.

Unfortunately, we are exposed to petrochemicals every day in our modern lifestyles. One of the main pathways that petrochemicals get into our body is through our skin. The skin covers approximately the 20 square foot outside surface of the human body and is the largest organ and first line of defense against harmful substances. Because of its large surface area, the skin can soak in many types of toxins and petrochemicals. This can result in cancer-causing compounds leaching into the body and accumulating in the fat.

Toxins and petrochemicals (pesticides, herbicides, metallics) in fatty tissue can contribute to hormonal imbalance, neurological problems and a higher risk of cancer.

First of all, it is important to recognize that our hormonal system is the communication system in our body. Our hormones transfer cellular information and allow our cells to work in an organized and harmonious manner. When the hormone system is toxic or imbalanced, our system becomes sluggish, toxic and unable to assimilate nutrients. Possible reasons for a sluggish hormonal system or prostate dysfunction include:

- ✓ **liver toxicity**;
- ✓ repressed **emotional patterns** or somaticized trauma;
- ✓ **subluxations** to the lower lumbar spinal column;
- ✓ consumption or topical use of **petroleum products**, i.e. the use of personal care products which have a petrochemical, mineral oil or petroleum jelly base, and methyl or propyl paraben, the inhalation of exhaust



fumes, or handling of paints, cleansers or turpentine. We all have some amount of petroleum products in our system because they are used everywhere, and live in our air and water. But in many cases, our organs, primarily the liver, are congested with these products that are indigestible and remain as a sludge in the liver, disabling our ability to process and release toxins. Petroleum products coat our cells, inhibiting them from taking in oxygen - and oxygen increases the uptake and assimilation of nutrients;

- ✓ the consumption of **polystyrenes, styrofoam or plastics**, typically absorbed through microwaving our food in plastic containers, or through the drinking of hot liquids in styrofoam cups. Global tests have shown that everyone across the planet has some measure of poly-styrenes in their blood stream due to our extensive use of plastics. Unfortunately, poly-styrenes mimic estrogen in our bodies, confusing our hormonal system and clogging up receptor sites;
- ✓ repetitive **alcohol use, cigarette smoke**, prescription and recreational drugs, toxic environmental exposures, heavy metal toxicity, and certain viruses stored in the liver;

✓ bathing, drinking or sitting in **chlorinated water**, hot tubs or a frequent exposure to halogens like bromine or flourine;

✓ **synthetic hormones/steroids** used in the cattle and chicken industries are especially hard on the prostate as they confuse and imbalance the system. If you consume dairy products, be sure to only use dairy products produced from organic milk that is free of synthetic hormones. If men recognized what a huge effect dairy products have on their prostate function, they would cease to eat them immediately!

✓ **Insecticides** inhaled, eaten on food or placed on skin (such as bug repellents with DEET) affect male hormones and sperm motility and have been linked to low sex drive.

So, first and foremost in remedying an hormonal problem, one must tend to the liver because petrochemicals, plastics, synthetics and toxins are stored in the liver. To have a healthy prostate, you must have a well functioning liver.

Weighing in at only 3 pounds, the liver performs over 5,000 complex functions. It purifies the blood and is key in converting carbohydrates to energy. The largest fatty organ of the body, the liver produces immune cells to stop infection and removes germs and bacteria from the blood. An overtaxed liver can negatively affect energy, digestion, hormones and skin. Fats and bile within the liver can easily become oversaturated with oil-soluble toxins, synthetic chemicals and heavy metals. As toxins build, the liver becomes stressed.

### WHAT TO DO

☛ Avoid using products that contain the following ingredients:

- Cosmetics, deodorants, and skin care products containing aluminum,

- petrochemicals, propyl paraben or methyl paraben, sodium laurel sulfate, or other synthetic ingredients.
- Perms, hair colors or dyes, hair sprays or gels containing synthetic chemicals. Avoid shampoos, toothpastes, mouthwash, and soaps containing synthetic chemicals such as propylene glycol or lead acetate.
- Garden sprays, paints, detergents, and cleansers containing toxic chemicals and solvents.

☛ **Stop microwaving your food.**

☛ **Change your diet.** Sugar, red meat, white flour, fried foods and excessive dairy products create acidity and tax your liver.

☛ **Cleanse your liver.** Below are the liver cleanse products that Young Living provides. The difference between these and other liver cleanse products are that these contain therapeutic grade essential oils - invaluable for increasing oxidation, dissolving petrochemical sludge, creating a hostile environment for viruses, eliminating synthetics, and encouraging nutritional assimilation. Many herbal products simply do not have the strength to combat the numerous toxins that we are exposed to each day.

**JuvaTone** (product code #3214) is most affordable and can be taken on a long term maintenance program for cleansing and rebuilding your liver. (Take 2 tablets twice a day and increase as needed up to 4 tablets 3 times a day. For a fast metabolism, take 3 tablets 2 times a day. Best when taken before or between meals.) JuvaTone is a powerful herbal complex designed to promote healthy liver function and is an excellent source of choline. It contains inositol and the powerful antioxidant di-methionine, both of which have been researched for their ability to convert oil-soluble toxins into water soluble

compounds that may be more easily extracted. Methionine helps recycle glutathione, one of the body's most important natural antioxidants that is crucial to normal liver function. Juva Tone also contains Oregon grape root, a source of the liver-supporting compound berberine, and echinacea, lemon, German chamomile, geranium, rosemary, myrtle, and blue tansy. 150 tablets - retail price \$40.13, wholesale price \$30.50.

**Juva Cleanse** (product code #3395) is an essential oil blend of helichrysum, ledum and celery seed. Juva Cleanse is a liver detoxifier. It is more expensive than Juva Tone, but is also a more powerful cleanser that can be used to purge the liver quickly (5-10 drops in a small glass of water daily - 5 drops is recommended to start). It is well worth the cost as the health benefits are tremendous. This carefully formulated blend is recommended to get a powerhouse jump start on liver cleansing. Each 15 ml bottle of Juva Cleanse contains approx. 300 drops of oil - so at 5 drops a day, you can complete the bottle in two months. You will want to follow up with JuvaTone taken daily for at least one year or more. The liver cleanses in layers, and you will want to do it gradually and gently. 15 ml - retail price \$100.66, wholesale price \$76.50.

**JuvaFlex** (product code #3375) is an oil blend of fennel, geranium, rosemary, Roman chamomile, blue tansy and helichrysum used topically over the liver. It has been studied for its supportive effects on the liver and the digestive and lymphatic systems. It aids in supporting healthy cell function and works well as a companion with JuvaTone and Juva Cleanse. 15 ml - retail price \$48.36, wholesale price \$36.75.

*continued on page 6*

## Men Have Hormones Too

*continued from page 5*

**JuvaPower** (product code #3276) and **JuvaSpice** (product code #3279) are new digestive cleansers formulated to fortify with optimum nutrition and a delicious taste to assist in cleansing the intestines and liver simultaneously. Sprinkled on food, the natural flavorings enhance scrambled eggs, vegetables or salad while delivering needed support for proper digestion. Juva Power 14 oz. (30 servings) - retail price \$52.30, wholesale price \$39.75. Juva Spice 4 oz. (113 servings) retail price \$25.99, wholesale price \$19.75.

**PLEASE NOTE: You must double your intake of water when doing any liver cleansing!**

Once you get through the two months of JuvaCleansing and your liver is functioning better, your body will be prepared to balance your hormones.

### HORMONAL SUPPORT for MEN

*Young Living products for impotence, fertility and sex drive problems.*

**ProGen** (product code # 3233): An herbal complex including saw palmetto and Pygeum africanum that provides unparalleled support for healthy prostate function. Saw palmetto is widely used in Europe for male glandular support and has been the topic of numerous studies and books, including *Saw Palmetto: Premiere Herb for Men's Health* by David Winston. ProGen contains 1 mg. of Magnesium, 5 mg. of Zinc, 260 mg. of Saw Palmetto and 400 mg. of Pygeum per serving. Also includes essential oils of sage, fennel, lavender, myrtle, yarrow and peppermint. Take 2 capsules twice a day. 60 capsules - retail price \$33.55, wholesale price \$25.50.

**Endoflex** (product code #3333): An essential oil blend to help maintain overall vitality through a combination of essential oils that support glandu-

lar, circulatory, respiratory, nervous, reproductive, and other body systems. Endoflex contains spearmint, sage, geranium, myrtle, nutmeg, and German chamomile in a base of sesame oil. Mix 2-3 drops with a small amount of pure vegetable oil and apply topically on the prostate (between the scrotum and the rectum). 15 ml - retail price \$29.61, wholesale \$22.50

**Mister Essential Oil** (product code #3381): Mister is beneficial to men as support for the male glandular system. It also helps promote greater inner-body balance. Men have found it helps soothe stress. Mister is recommended for men aged 30 and over. Contains essential oils of sage, fennel, lavender, myrtle, peppermint, and blue yarrow in a base of sesame oil. Take 1-15 drops in juice, water or in a capsule morning and night. 15 ml - retail price \$32.89, wholesale \$25.00.

**Thyromin** (product code #3246): Is a special blend of glandular extracts, herbs, amino acids, minerals and essential oils perfectly balanced to maximize nutritional support to the thyroid. This gland regulates body metabolism, energy, blood sugar levels and temperature. Thyromin contains 200 IU of Vitamin E, 100 mcg of Iodine (from kelp), 60 mg. of Potassium, 20 mg. of Pituitary extract and 20 mg. of Adrenal extract per serving. Also contains CoQ10 and essential oils of peppermint, spearmint, myrtle and myrrh. Take 1-2 before bed and 1-2 upon arising. If bathing in chlorinated water, use 4 a day. 60 capsules - retail price \$51.32, wholesale price \$39.00.

**Ultra Young with DHEA** (product code #3245): Supports growth hormone production in the body. It contains DHEA (dehydroepiandrosterone), a naturally occurring hormone produced in the adrenal gland. DHEA production peaks near age 20 and steadily declines with age. Ultra Young + DHEA contains 2.5 mg. of DHEA

per serving. (Many prostate cancers may be testosterone dependent, so it may be necessary to avoid taking anything that can raise testosterone levels, such as DHEA or androstenedione.) Also contains vitamin A, natural vitamin E, Vicia Faba extract, GABA, wolfberry extract, Ginkgo biloba, stevia, vitamin B6, selenium and the essential oils of Sandalwood and Canadian fleabane. Use 3 sprays on either side of inside of mouth (cheeks) morning and night if gray hair, low sex drive, low energy, or aging quicker than you think. If grouchy or stressed, use more often. 1 oz. Oral Spray - retail price \$52.30, wholesale price \$39.75.

**Prenolone Natural Body Cream** for Men and Women (product code #3731): A high-quality, all-natural moisturizing cream containing pregnenolone, a precursor to progesterone, estrogen and DHEA. Apply 1/4 to 1/2 tsp. one to two times daily on your chest or belly for 21 continuous days. Massage cream thoroughly into soft tissue until absorbed. Discontinue for 7 days and repeat. Individual needs may vary. Adding natural progesterone to the body helps normalize levels of zinc, copper and hormones, which support the prostate. 2 oz. - retail price \$25.99, wholesale price \$19.75.

**PD 80/20** (product code #3263): High in pregnenolone, which is a precursor to what the body needs to make hormones, PD 80/20 allows you to convert cholesterol to testosterone with proper diet and exercise. This dietary supplement is designed to provide natural hormone support. As hormone levels decline with age, maintaining adequate hormone reserves becomes vital for sustaining health and preventing premature aging. Contains 640 mg. of pregnenolone and 160 mg. of DHEA. 30 caps - retail price \$80.26, wholesale \$61.00

***Happy Hormones and  
Happy Spring to You!***

## ***Mold and Thieves EO Blend* by Edward Close, PhD, PE and Jacquelyn Close, RA**

*Note: This article has been edited by MessageScent.*

Fungi can cause health problems to both humans and animals by several different biological mechanisms: infections, allergenic or hypersensitivity reactions, irritant reactions, toxic reactions, and in certain cases they can even cause death. In fact there were 16 infants who died in an area near Cleveland, Ohio, and the only commonality found among the cases was that all the houses where the infants lived contained high levels of a toxic mold called *stachybotrys chartarum*.

According to a 2004 University of Connecticut Health Center report, the following symptoms have been found through scientific investigation to result from exposure to mold and toxic molds: Allergies, asthma, bleeding lungs, breathing difficulties, cancer, central nervous system problems, recurring colds, chronic coughing, up with blood, dandruff problems that do not go away despite use of anti-dandruff shampoos, death, dermatitis, skin rashes, diarrhea, eye and vision problems, fatigue (chronic, excessive, or continued), general malaise, flu symptoms (chronic), sudden hair loss, headaches, hemorrhagic pneumonitis, hives, hypersensitivity pneumonitis, irritability, itching (of the nose, mouth, eyes, throat, skin), kidney failure, learning difficulties, mental dysfunction, personality changes, memory loss or memory difficulties, open skin sores, peripheral nervous system effects, redness of the sclera (white of your eyes), runny nose or thick, green slime coming out of nose, seizures, sinus congestion, chronic sinusitis, skin redness, sleep disorders, sneezing fits, sore throat, tremors (shaking), verbal dysfunction, vertigo (feelings of dizziness, light-headedness, faintness and unsteadiness), and vomiting

We are surrounded by mold and fungi. They are found everywhere on planet Earth. The geologic record informs us that molds have existed perhaps a billion years longer than humans. Mold is a hardy, long lived, secure life form that was originally thought to be a part of the plant kingdom. Then, it was discovered that fungi, or molds, are not bacteria, not viruses, not plants, and not animals. They are entirely different. In the 1960's, scientists recognized molds as their own kingdom - the Fungi Kingdom.

So, if they are everywhere, what can we do? Horror stories of toxic mold exposure abound and yet the very things recommended to address the problems of mold are either prohibitively expensive or they are just as toxic and hazardous to human health, even potentially lethal, and often they simply do not work.

**Consider this:** When a living organism dies, plant or animal, mold along with numerous other microorganisms attack the body in order to break it down into various organic compounds - some of which the organisms use as food. This is a natural process that continually recycles life and materials found on planet earth. The difference between fungi and the scavengers we usually think of, such as vultures, is that fungi (molds) do not care whether you are alive or dead. They are attacking you all the time. They are doing what they do best, reducing you to usable food stuff!

Fungi do the same thing with plants. Plant materials are primarily cellulose - the most delectable of foods to fungi. If plants did not have a way to ward off these fungi and also bacterial attacks, they would have become extinct ages ago. **And what is it that has preserved the plants? It is the essential oils.**

Essential oils were created, at least in part, to serve as or to strengthen the plant's immune system. One of an essential oil's primary responsibilities is destruction of fungi and bacteria that would otherwise destroy the plant.

The real point here is that these wondrous essential oils were designed specifically to attack, kill and destroy the organisms that damage or hinder the full expression of a joyous, healthful life. They are designed to minimize and prevent damage to higher order living organisms. That is why oils are so beneficial to humans - they destroy the organisms that would do us harm and they apparently do not destroy the organisms that are there to help us.

In recent scientific investigations, I have collected data on the results of using Young Living's essential oil blend **Thieves™ to kill toxic mold**. Within the next few months that data, which was collected from several sites infested with toxic molds, will be available through a DVD and a book providing scientific evidence that diffusing this wonderful blend of oils created by Gary Young is the best defense available today against mold and toxic molds. Soon you will be able to show people, not just tell them, that **Thieves™** oil blend destroys toxic mold. And, as most of us already know, Young Living essential oils are not harmful to humans or pets but instead offer great support to health and wellness.

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Edward Close has a PhD in environmental science and engineering. Jacquelyn Close is a Registered Aromatherapist and a Fully Certified CARE Instructor. If you would be interested in acquiring the DVD, a pre-release discount is available. Contact them at 1-877-756 6753 or [jac@Essentials4Health.biz](mailto:jac@Essentials4Health.biz).

**THE BIG APPLE WELCOMES  
D. GARY YOUNG  
APRIL 8, 2006 - SATURDAY 9:30 AM - 5:00 PM  
GRAND HYATT, NEW YORK, NEW YORK  
COST: \$ 99.00 INCLUDES A DELICIOUS LUNCH (AFTER 4/1 COST IS \$ 129)**



Grand Hyatt New York  
Park Avenue at Grand Central  
(212) 883-1234 (for directions only)

Gary Young, Founder and President of Young Living Essential Oils, will be in New York on April 8! Gary will be sharing his experiences from Ecuador, where he has been discovering new plants and distillation methods, and trekking through remote jungle areas to determine the best practical use of essential oils in pre- and post-operative situations on a mobile surgical unit.

Your time will be well spent at this one-day seminar as you hear the latest and greatest essential oil news from Gary Young. Come to this educational meeting and take advantage of great deals on some of our amazing products, as well as new distributor sign up specials.

Make plans now to attend this seminar and learn about research, science and practical application that may be the most profound healing discoveries in our lifetime!

Register today on line at [www.youngliving.com](http://www.youngliving.com) or call Distributor Network Services at 800-371-3515 or the YL Events Line at 800-371-3686. See you there!

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