Essential Oil Therapies

JULY 2014 YOUNG LIVING NEWSLETTER Diffusing Essential Oils

Among the most versatile of nature's therapeutic solutions, essential oils may be used in a variety of ways to ensure improved wellness and emotional healing.

As the most popular method of using essential oils, diffusion is a great way for you to receive vast health benefits while enjoying the pleasing aroma of your favorite oils.

Whether you choose to use an essential oil diffuser or simply apply a few drops to a tissue or cotton ball and inhale for a few minutes, aromatic use of therapeutic essential oils is soothing to the brain, lungs, sinuses and other vital systems of the body. You can diffuse your oils anywhere—at home, in the car or even at work.

And Young Living offers a host of essential oil diffusers that are guaranteed to help you spruce up any room— both aromatically and visually.





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1. Essential Oil Diffuser

With Young Living's innovative air pump, oils are dispersed in a micro-fine vapor, allowing them to remain suspended in the air for extended periods of time. The diffuser disperses the oils without heating them so they retain their therapeutic benefits. When inhaled, the oils are easily absorbed through the lungs. Depending on the oil used, diffusing can cleanse the air of odor, calm overactive children, and support respiration.

2. AromaLux Atomizing Diffuser

Young Living's AromaLux Atomizing Diffuser functions as an aroma diffuser, air purifier, and atomizer in one simple-to-use product. Its atomizing technology transforms essential oils into a vapor of millions of microparticles, dispersing them into the air and releasing the powerful plant constituents found in Young Living essential oils. Designed by D. Gary Young and available exclusively through Young Living, the AromaLux incorporates proprietary design principles, technology and features to simplify and

enhance the aromatherapy experience.

3.TheraPro™ Premium Diffuser

Enjoy the ultimate therapeutic experience and the most advanced diffuser technology with Young Living's TheraPro[™] Premium Diffuser. This atomizing diffuser features durable, high-quality components that will stand up to repeated use in any environment and is the ideal way to experience the healing benefits of Young Living essential oils. It also includes a free 15 ml bottle of Thieves essential oil!

