

Essential Oil Therapies

Young Living: Energy and Stamina

Are you ready to tackle today's to-do list? This could mean getting the children off to school, cleaning the house, doing the grocery shopping, picking the kids up from school and helping with their homework; just so you can muster up the energy to set the table, make dinner and get the kids ready for bed. With a routinely chaotic schedule, it may be time for a boost in your energy and stamina!

If your life is a revolving door that keeps you spinning and it's becoming more and more difficult to keep your balance, finding an answer to your energy woes becomes essential to keeping you at your best. In addition to supplying the highest quality essential oils on the market today, Young Living offers revitalizing, energy-boosting supplements and stimulating essential oils. Jump-start your lifestyle with Young Living's collection of energy-enhancing products! Some of these are:



The New NingXia Nitro

Combines 100% pure, therapeutic-grade essential oils with naturally powerful ingredients to improve your mental focus and clarity, support a healthy mood and provide sustained energy. Can help improve athletic performance.



NEW NingXia Red

A powerful antioxidant drink that contains the NingXia wolfberry, essential oils and other powerful fruits. The wolfberry has for centuries been cherished for its health, energy, and longevity benefits.



Why Young Living?

Young Living's pure, therapeutic-grade essential oils deliver positive health benefits to the body in so many ways! In addition to enhancing your energy and stamina with Young Living, you can improve your overall health with a number of different product families, including:

- Joint and Mobility
- Antioxidant Support
- Targeted Support
- Healthy Snacking
- Weight Management
- Age-Based Nutrition

YOUNG LIVING™

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En-R-Gee Essential Oil Blend

Can help overcome mental fatigue, increase vitality, and boost alertness. It has been reported to ease anxiety and amplify analytical and brain function and offer energy at the same time.

Peppermint Essential Oil

Lemon has a strong, purifying, citrus scent that is revitalizing and uplifting. Lemon consists of 68 percent dlimonene, a powerful antioxidant and is delightfully refreshing in water.



MultiGreens Capsules

A nutritious chlorophyll formula designed to boost vitality by working with the glandular, nervous, and circulatory systems.

Super B Tablets

A comprehensive vitamin complex containing eight essential and energy-boosting B vitamins.



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