



Essential Oil Therapies

OmegaGize3 *from Young Living*

The innovative researchers at Young Living are constantly looking to push the envelope when it comes to health and wellness. Establishing new products or improving on old ones is how Young Living has solidified itself among the world leaders in health and nutrition. Recently, Young Living introduced a new supplement designed to deliver the essential nutrition our bodies need in order to function properly—OmegaGize3.

OmegaGize3 is a source of omega3 fatty acids, vitamin D-3 and CoQ10, that when combined with Young Living's proprietary enhancement essential oil blend may support general wellness. Used daily, these ingredients work synergistically to support healthy brain, heart, eye, and joint health. OmegaGize3 is especially instrumental because the body is unable to create omega-3, making them hard to come by in our regular daily diets.

How to Use

Take four liquid capsules daily, two in the morning and two in the evening for daily maintenance.

Take eight liquid ocean capsules for greater health benefits.



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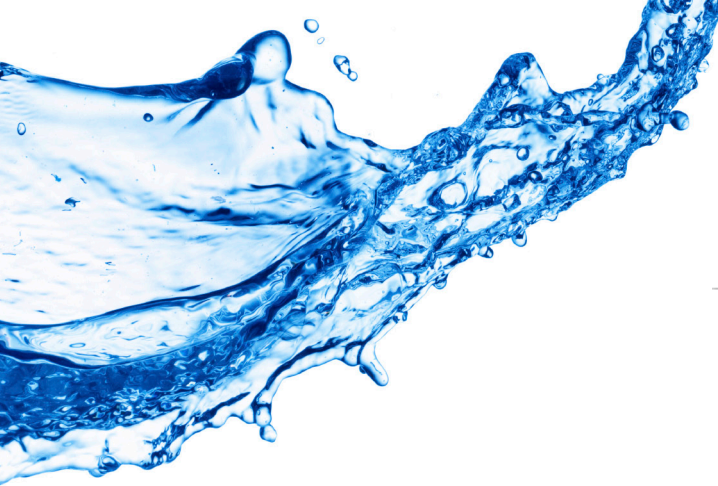
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Omega-3s

These fatty acids are necessary for human health and can be found in fish, such as salmon, tuna, and halibut, other seafood's including algae and krill, some plants and nuts. Omega-3s play a crucial role in brain function and normal growth and development.

Vitamin D-3

Vitamin D-3 is more readily absorbed in the body than other forms of vitamin D and can help support a healthy heart, blood vessels, and of course, bones. Sun exposure is an easy and reliable way most people get vitamin D. Nevertheless, vitamin D deficiency is more common than you might expect.

CoQ10

Coenzyme Q10 is found in every cell of the body and is used to produce energy for cell growth and maintenance. CoQ10 also helps enzymes work to digest food and may help protect the heart and skeletal system.



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