

Essential Oil Therapies

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Turn Back the Clock with Progessence Plus Serum

Women everywhere are talking about **Progessence™ Plus Serum**, the breakthrough natural progesterone supplement from Young Living Essential Oils. Just a few weeks after the product introduction, we're hearing remarkable reports:

- **More energy** "I have so much energy." "I feel like I'm in my 20s again!"
- **Better sleep** "No more insomnia. I'm sleeping through the night!"
- **Improved mental clarity** "The mental fog is gone."

These dramatic improvements are occurring because Progessence Plus Serum is supplying much-needed progesterone to hormonally-imbalanced bodies. Formulated jointly by D. Gary Young, Young Living founder and Dr. Dan Purser, one of the nation's leading endocrinologists, **Progessence Plus Serum** is a response to the widespread need for better hormonal balance.



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No Progesterone Here

To illustrate, Dr. Purser recently tested the progesterone levels of 600+ women. All participants in the sample group had blood drawn by the same method over the same three-day period. The result?

99.9% had zero progesterone

Only 3 of 600 women had adequate progesterone

Of these three women, two were pregnant. (Dr. Purser explained that when pregnant, a woman's body produces greater amounts of progesterone on its own.)

Dr. Purser believes this sample group's results are indicative of how widespread the problem of estrogen dominance is and the significance of its impact on women's health. According to the National Institutes of Health (NIH), the following list of health conditions are caused or made worse by imbalanced hormones:

- Acceleration of the aging process
- Autoimmune disorders, such as rheumatoid arthritis and thyroiditis
- Anxiety
- Breast tenderness
- Cancer of the breast or uterus
- Cervical dysplasia (abnormal cells on the bottom third of the cervix)
- Cold hands and feet
- Decreased sex drive
- Depression
- Dry eyes
- Fatigue
- Foggy thinking
- Hair loss
- Headaches
- Infertility
- Irregular menstrual periods
- Irritability
- Insomnia
- Magnesium deficiency
- Memory loss
- Mood swings
- Osteoporosis
- Premenstrual syndrome
- Sluggish metabolism
- Uterine cancer
- Water retention
- Weight gain, especially around the abdomen, hips, and thighs
- Zinc deficiency¹

Dr. Purser's comments on who should use Progessence Plus Serum

Clearly, the preceding list shows that hormonal imbalance affect women of all ages, from teenagers with PMS to menopausal women with osteoporosis. Consequently, Dr. Purser states that Progessence Plus Serum can be used by menstruating females over the age of twelve. Important exceptions to that general rule are noted at the bottom of the page.

Following are Dr. Purser's answers to interview questions and from his website's FAQs.²

How do you use Progessence Plus Serum for PMS (before having children)?

"As a father of five daughters, my wife and I have found that after taking Progessence Plus Serum and a nap, our cranky, PMS-ing teenagers are notably more happy." Dr. Purser suggests using it on an as-needed basis, especially if migraines accompany the PMS.

Is Progessence Plus Serum safe to use for heavy bleeding?

"Yes. Progesterone has been shown to reduce very heavy menstrual bleeding. That is why gynecologists use synthetic birth control pills to control this kind of periodic bleeding. Instead, use the natural progesterone [in Progessence Plus Serum]. It's safer and gives equally beneficial results."

Is it safe or recommended for women on birth control or hormone therapy?

"They should talk to their physician first."

How should menopausal women use Progessence Plus Serum?

"Probably daily – rub it on their neck or hairless parts of their forearms."

Can Progessence Plus Serum replace my oral or sublingual progesterone completely?

"Possibly, but it's according to the quality and amount of the progesterone that you're taking at night. Check with your doctor before changing over. Progessence Plus is certainly good to take in addition to sublingual or oral progesterone."

For what other conditions should Progessence Plus Serum be taken?

The progesterone in Progessence Plus Serum can help with many health conditions caused by hormonal imbalance, such as migraines, hot flashes, night sweats, post-partum depression, etc.



Product details

Highest quality, plant-based progesterone

Progessence Plus Serum contains a small, but potent quantity of pure USP-grade progesterone from wild yam.

Formulated for maximum absorption

The progesterone used in Progessence Plus is super-micronized to enhance transdermal penetration. The serum itself, into which the progesterone is melted, improves absorption. It contains Vitamin E plus the therapeutic-grade essential oils of **Frankincense**, **Bergamot**, and **Peppermint**. Studies indicate that the limonene from frankincense and bergamot and the menthol from peppermint can enhance substance penetration through the skin.

Convenient to use, no cycling

Many progesterone creams require the user to switch application sites daily and to cycle monthly (stop using it for one week every 28 days). Cycling is not necessary with Progessence Plus Serum.

Pleasant to use

Of course it smells wonderful - it's from Young Living! Progessence Plus Serum has a soft scent that you'll enjoy. The light serum absorbs quickly. It's very portable, packaged in a 15 ml clear glass bottle.

Directions

Apply 2-4 drops daily on neck area. For added effect, apply 1-2 drops along forearms daily. Dr. Purser suggests that applying it to the carotid artery area of the neck or on the hairless portions of your forearms is best. Do not exceed two applications per day. Apply after - not before - a warm bath or shower.

Progessence Plus Serum helps you take charge of your health

Every product from Young Living has one ultimate objective - to help us take back our health by eliminating the harmful chemicals from our lives. Progessence Plus Serum will help countless women reclaim radiant health naturally.

Featured Product

Product	# Code Quantity	Prices (in \$US)	
		Wholesale	Preferred Customer Retail
Progessence Plus Serum	#4640		\$35.00
	15 ml		\$40.53 \$46.05

Common sense precautions

Individual needs may vary. Dosage and duration will vary from person to person based on age, current progesterone levels, and menstruation (pre-menopausal, post-menopausal). Consult with your healthcare professional before use.

Consult a healthcare practitioner prior to use if you are pregnant, nursing, taking medication or have a medical condition.

This product is for women only.

Do not use in conjunction with contraceptives containing progesterone or with medically-prescribed progestins. Keep out of reach of children.

Resources

¹http://heartspring.net/progesterone_side_effects_benefits.html

²www.aespmi.com

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