

Essential Oil Therapies

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Skipped meals, high-stress lifestyles
and vitamin-depleted foods create
nutritional blanks that may affect your health.

Fill in the nutritional blanks... with Young Living® whole food supplements

What's true about the foods we eat is also true about our nutritional supplements: The natural vitamins, minerals and micronutrients that are stripped from the whole food during processing are irreplaceable. Isolated from their natural constituents (enzymes, fiber, buffers) single nutrients are not as potent, bio-available or effective as in their natural state. And enriching with cheap, synthetic vitamins and minerals is adding nutritional insult to injury.

You can be confident about Young Living supplements, as the company has always used whole, natural foods in their products and supplements. Now, they've added supplements made with dried superfoods and the most potent fruits and berries that have health protecting properties.

Nutrition Protects Us From Disease

Nourishing our bodies well is important to fuel today's activities and—as the medical profession has recognized—may play an important role in disease prevention.

Reversing a long-standing anti-vitamin policy, The Journal of the American Medical Association today is advising all adults to take at least one multi-vitamin pill each day.

"...it now appears that people who get enough vitamins may be able to prevent such common chronic illnesses as cancer, heart disease and osteoporosis."

Journal of the American Medical Assc.
2002;287:3116-3126



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YOUNG LIVING MEMBER #290271

These are just a few reasons why the best health insurance you can get is eating a wide variety of whole foods plus whole food supplements from Young Living. Read on to learn which Young Living supplements address your specific health concerns and support your stressed body systems.

**Fill in the nutritional blanks...
with Young Living Whole Food Supplements**



TRUE SOURCE™ multivitamin

Unlike any other vitamin you've experienced, True Source is made of nutrient-dense superfoods. It contains the full spectrum of nutrients as found in nature, delivered in a very convenient form.

- Whole foods work synergistically to energize, protect and build your body.
- Slows aging with potent antioxidants, increases energy.
- Promotes healthy cholesterol levels, protects cardiovascular system.
- Fights inflammation.
- Convenient 30-day supply.

Prod #	3502	Size	30 pkts
Prices	Whsl		\$34.75
	PrefCust		\$40.24
Cust			\$45.72



OMEGA BLUE™ fish oil

They're called Essential Fatty Acids (EFAs) because our bodies need them EVERY day. They are truly essential to the health of the brain,

eyes, heart and joints.

- Omega Blue provides balanced, healthy fats to help reduce risk of depression.
- Decreases appetite, facilitates loss of body fat.
- Stabilizes blood sugar.
- Convenient 30-day supply.

Prod #	3190	Size	90 softgels
Prices	Whsl		\$29.75
	PrefCust		\$34.45
Cust			\$39.14

**NINGXIA® RED (ning-sha)
Nutrient Infusion**

If you're striving to stay healthy in a toxic world, you need NingXia Red juice as your ally. Made from the most nutritionally potent berries and fruit, NingXia Red has more antioxidants than any other juice on the market.



- Compare to Xango®- **1 ounce of NingXia Red** has more antioxidants than **8 liters of Xango**.
- Antioxidants prevent free radicals from damaging healthy tissue.
- Adults and children can enjoy one+ delicious ounces daily.

Prod #	3023
Size	2 -1 ltr btls
Prices	Whsl \$77.00
	Pref \$89.16
Cust	\$101.32

Young Living offers automatic delivery, automatic 20% rebate

To be sure I fill in my own nutritional blanks, my Young Living whole foods and supplements are delivered to my door every month, automatically. It is so convenient, plus I receive a rebate (up to 20%) on every single product order.

I recommend that you do the same and enroll in the Essential Rewards program next time you order. You'll start earning Essential Rewards points immediately and start redeeming them for Young Living products. It's like getting a 20% discount.

Start today!

MULTIGREENS™

- Boosts energy by promoting glucose utilization and energy metabolism.
- Supports endocrine, nervous, circulatory systems to relieve stress.
- Nutritious chlorophyll formula made with spirulina, alfalfa sprouts, barley grass, bee pollen, etc.
- Convenient 30-day supply.



Prod #	3248	Size	120 caps
Prices	Whsl		\$37.75
	PrefCust		\$43.71
Cust			\$49.67

MIGHTY VITES™ for children

A child's diet must fuel today's growth and normal activity levels, plus store nutrients for future growth spurts. MightyVites fills in the vitamins and minerals that may be missing from their diets.



- New formula made from whole foods.
- For children 6-12 years old.
- Convenient 30-day supply.

Prod #	3215	Size	90 chewable tabs
Prices	Whsl		\$21.75
	PrefCust		\$25.18
Cust			\$28.62

It's easy to see there is no comparison between Young Living whole food supplements and the drug store variety. Once you try them, you'll feel the difference, too.

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