

THE ESSENTIAL EDGE

NEWS OF THE WORLD LEADER IN ESSENTIAL OILS



FOUNDER'S MESSAGE

All of us experience delays, detours, and roadblocks that frustrate our plans. We may be tested and challenged over and over again, but sometimes things just don't turn out the way we planned or even hoped they would.

In my life, I've had a lot of successes, and I've also had a lot of losses that have tested my patience and perseverance.

In 1973 I suffered a severe logging accident resulting in three open skull fractures, a ruptured spinal cord in three places that was classified as an incomplete break, 11 ruptured discs, 16 broken and/or crushed vertebrae, a broken pelvis, the right scapula broken in nine pieces, a severed brachial plexus, and 19 broken bones, which included all of my ribs on the right side and several on the left side.

Some of my darkest moments were during this journey of recovery, acceptance, and rebuilding my life. Unable to work and confined to a wheelchair for 27 months, I lost everything; so when I finally returned home, I decided to start painting and was able to make a small income by selling my work in town on the street corner on weekends. It was a very painful time, yet I was filled with unstoppable determination to succeed in a way that most people wouldn't attempt.

One night while reading the paper, I saw a job listing for a truck driver to haul chips. A friend drove me to the mill office; but the owner laughed and asked me how I was going to drive a truck while in a wheelchair. I told him that if he equipped the truck with hand controls, I could drive it.

After proving my ability, I was hired. I was amazed by how a feeling of wholeness started to come over me because I was working again. My focus quickly turned to providing a better life for myself and my family.

Each time I've been confronted with difficult times, I find it easier to look for the positive within the challenge. So much in life comes down to how we choose to act and react in every situation. We can let problems defeat us; or we can learn and grow, find hope and happiness, as we light the fire within and begin to live with passion.

Let's celebrate life—each high of great success, each low of crushing loss—and gain wisdom and knowledge with every moment as we strive



QUINTIS SANDALWOOD PARTNER FARM

A New Partnership that Provides Sacred Sandalwood

The Young Living Quintis Sandalwood Partner Farm provides the best of nature with their rows of Santalum album trees.

Bringing Young Living essential oils into every home isn't just something we talk about; it's our mission. Each day we're taking steps to achieve that dream, and our most recent is a partnership with a remarkable farm in Perth, Australia—the Young Living Quintis Sandalwood Partner Farm.

With our unprecedented growth, so too grew the need for more farms and partnerships to continue to provide essential oils and oil-infused products. We never cut corners when it comes to our products, and finding the Quintis Sandalwood Partner Farm was no exception. Careful attention, numerous resources, and painstaking efforts have been committed to ensuring that the purity and potency of our new Sacred Sandalwood™ essential oil matches our proprietary Seed to Seal® standards.

Why did we choose this partnership in particular? With over 5.4 million trees, the Young Living Quintis Sandalwood Partner Farm is the world's largest Indian sandalwood plantation. Its quality is the best because the farm follows international standards for pharmaceutical-grade production, including industry-leading, award-winning environmental efforts.

Ranging from innovative irrigation and water recycling to using renewable energy systems to further

reduce environmental impact, many important soil and water management strategies have been implemented. They have taken on the rigorous task of cultivating and preserving this unique resource while winning numerous awards along the way. This innovative farm uses only natural cultivation methods and strictly excludes any harmful farming procedures, including genetically modifying plants or using growth hormones.

Recently released in January, Sacred Sandalwood adds its distinct, woody aroma to our essential oil lineup. To ensure the purest, most authentic oil possible, Young Living's Sacred Sandalwood essential oil comes from the highly sought-after *Santalum album* tree species transplanted from its native home. This variety of sandalwood originally comes from India but is now grown, cultivated, and steam distilled at our partner farm in Australia's tropical northern outback.

Sacred Sandalwood essential oil provides an uplifting, warm, and sweet aroma, while offering a variety of benefits.

We're proud to provide the best nature has to offer to your family. To learn even more about our strict partnership principles, visit SeedToSeal.com. We continue to believe that authenticity matters.

SLIMMING DOWN WITH SLIQUE

Young Living Members Work Toward Optimal Health and Wellness



The Slique in 60 Pledge guarantees a change for the better.

We know that our members are always up for a challenge, so we weren't surprised to see them jump on board for our Slique® in 60 challenge!

This challenge is an opportunity for anyone to take control of his or her wellness through Young Living's Slique line. It's inspired by the Slique in 60 pledge, which promises that anyone who uses a qualifying Slique Kit

according to the directions for 60 days will see a change for the better.

This January we challenged our members to try the Slique in 60 method for themselves, and participants are on their way to exciting changes. We checked in with them to hear about their journey, and we're thrilled to see their progress. Read about their experiences below!

What's your favorite Slique product?

"I love Slique Essence because when I have a craving, I can put a drop on my tongue, close my eyes, visualize all the flavors, sip some water, and crush that temptation!"

—Stephanie

"I love Slique Shake! It's vegan, nutritious, and delicious! Sometimes I add MultiGreens™, blend in a banana, or add NingXia Red® for variety. I carry the individual packets in my gym bag, so I never have any excuse to miss a meal!"

—Rouja

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GARY'S GREAT ALASKAN RACES

D. Gary Young Raises Money to Rebuild Homes in Nepal



D. Gary Young accomplished one of his life-long goals of completing multiple dogsled races in Alaska.

Always looking to defy limitations, our very own Founder and Chairman of the Board D. Gary Young recently competed in the Tustumena 200 and Willow 300 Alaskan dogsled races! He worked with Young Living Brand Ambassador and Alaskan dogsled race legend Mitch Seavey to train and learn the ins and outs of this iconic Alaskan sport.

Gary's drive to try something new—and something he's always wanted to learn—is his way of celebrating life, wellness, nature's beauty, and everything Young Living essential oils can make possible. Throughout his life, Gary has taken on new challenges and has tested his own limits.

After the Tustumena 200, Mitch Seavey said: "At the finish line in the early morning hours, Gary and team looked fantastic. I asked Gary how he felt, and he kept talking about how amazing it was, how his heart was full, and how he loved the dogs."

On January 31 both the Young Living family and community members came together to celebrate Gary's accomplishments of completing the Tustumena 200 race. Gary spoke about his experience of taking on a lifelong goal and defying limitations. The event

also featured special guests, including Young Living brand ambassadors and members of the corporate leadership team.

Perhaps the most exciting part of Gary's undertaking is the positive impact that will be made in Nepal thanks to the funds raised through the Tustumena 200 and Willow 300 races.

Gary used these races as a platform to raise money for the continued need in earthquake-struck Yarsa, Nepal. Thanks to his inspiration and diligence, the Young Living family came together to reach the audacious goal of raising over \$40,000 to build eight homes in Yarsa. The families in this mountain village are currently struggling to survive unlivable conditions in makeshift shelters.

Gary's accomplishments and visions for the Foundation are nothing short of extraordinary. If you're feeling as inspired, go to YoungLivingFoundation.org to find how you can make a big impact. One hundred percent of every donation will go directly to the Foundation's Rebuild Nepal project or to another ongoing project that you may choose. Young Living pays all of the Foundation's administrative costs.

BATH TIME DOESN'T HAVE TO BE STRESSFUL

Try These Tips to Freshen Up Your Routine



KidScents Bath Gel can create a fun bath time for kids.

It's no secret that raising kids can be tricky at times—one of the trickiest being bath time. Fortunately, Young Living is here to help transform bath time into a favorite time of day. Join parents from around the world and grab Young Living's KidScents® Bath Gel—it's Young Living tested and parent approved. You'll love the natural, toxic-free ingredients!

So how can you make bath time a family hit? Check out a few ways below:

- Get everyone involved and make your own

fun, fizzing bath bombs. You can find an easy shower or bath bomb DIY on the Young Living Blog or at bit.ly/YLShowerBomb.

- Open your treasure-trove of essential oils and let your kiddos pick out their favorite oil to add to their KidScents Bath Gel. Whether it's Lavender, Roman Chamomile, or a combination of a few, your little ones will love picking out the perfect aroma for their bath.
- Try making a fun bubble bath with an easy DIY found on the Young Living Blog. You can make it ahead of time or plan a family DIY night, so everyone can be a part of the fun. Check it out on bit.ly/YLBubbleBath.

By adding Young Living into your kids' bath time routine, you can easily avoid mineral oils, synthetic perfumes, and artificial colorings.

Infuse Young Living into every aspect of your family's life—including bath time. Take time to explore the fun you can have with Young Living products. Check out even more products for your kiddos at bit.ly/YLEOKids.

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SLIMMING DOWN WITH SLIQUE
How do you stay motivated?

"I stay motivated by focusing on my goals. I realize that in order for me to help someone in the future, I must first challenge and succeed myself."

—Evelia

"I'm excited to see the final outcome of my efforts, along with doing daily blogs and coming here to see other people working on the same goal! I feel so much better getting active again!"

—Katherine

Ready for your own transformation? Learn more about Slique in 60 at bit.ly/SliqueChallenge!



Register today at: YoungLiving.com/2017Convention



UPCOMING EVENTS

Join Us for Incredible Experiences!

- March 11: Whole-Life Wellness, Phoenix, AZ
- April 20–22: Essential Oils and Animals Conference, Mona, UT
- April 22: Live Your Passion Rally, North America
- April 28–29: Oola Palooza, Sarasota, FL
- April 29: Beauty School Workshop, Boston, MA
- May 26–27: Oola Palooza, Phoenix, AZ
- June 14–17: International Grand Convention, Salt Lake City, UT

bit.ly/YLEOEvents

ROYAL CROWN DIAMONDS



Adam & Vanessa Green (CAN)
Alyssa & Troy Francis (USA)
April & Jay Pointer (USA)
Brenda & Scott Schuler (USA)
Carol Yeh-Garner & Scott Garner (USA)
Ch rie Ross (USA)
Christa & Jason Smith (USA)
Connie Marie McDanel (USA)
Courtney & John Critz (USA)
Darren & Sera Johnson (USA)
Debra Raybern (USA)
Frances Fuller (SGP)
Gregg & Carol Johnson (USA)
Gretchen King-Ann (HKG)
Jeanmarie Hepworth (USA)
Jen & Adaryll Jordan (USA)

Jeremiah & Monique McLean (USA)
Jill & James Young (USA)
Joanne Kan & Eric Yang (HKG)
Kathy Farmer (USA)
Lindsay Teague & Michael Moreno (USA)
Lindsey & Evan Gremont (USA)
Madison & Tyler Vining (USA)
Marcella Vonn Harting & Jim Harting (USA)
Mark & Melissa Koehler (USA)
Max & Karen Hopkins (USA)
Myra & Ernie Yarbrough (USA)
Teri Secrest (USA)
Vicki Opfer (USA)
Vijay & Ulrike Churfuerst Hanzal (AUT)
Vivian Ting Wan (HKG)



CROWN DIAMONDS

Amanda & Gabe Uribe (USA)
Anita Ochsenhofer (AUT)
Artemis (AUS)
Bryan & Summer Davis (USA)
Callie & Jeremy Shepherd (USA)
Carol & Ben Howden (CAN)
Chip & Kathy Kouwe (USA)
Crystal & Verick Burchfield (USA)
Danette & Jim Goodyear (USA)
Darren & Sera Johnson (USA)
Diane Mora (USA)
Dietfried Wruss (AUT)
Doug & Jordan Schrandt (USA)
Erin & Bronce Rodgers (USA)
Fiona Lui (HKG)
Gordon & Corie Devries (USA)
Hailey & Jeremy Aliff (USA)
Heather & John Brock (USA)

Jessica & Rit Gianelloni (USA)
Kelli & Les Wright (USA)
Korbut Wong (HKG)
Kristy & Jake Dempsey (USA)
Mary Hardy (USA)
Melissa Poepping (USA)
Nanette & Ward Symes (USA)
Nathan & Jessica Petty (USA)
Nicole Barczak (USA)
Patricia Gwee (SGP)
Prakama & Markus Hauser (AUT)
Rainbow Forever Trust (USA)
Sha-Faun Enterprises, Shauna Dastrup (USA)
Sharnael Wolverton (USA)
Terry & Ladonna Beals (USA)
Yonie Bonawi (SGP)
Zach & Kari Lewis (USA)

DIAMONDS



Kate Kowalczyk (USA)

Aditya Nowotny (DEU)
Alan & Linda Simpson (AUS)
Alina Piccone (USA)
Amie Dockery (USA)
Andrea Lahman (USA)
Andrea M. Hayes (USA)
Andrew Dodge (USA)
Anna-Maya Powell (USA)
Anni & Dave Dayan (USA)
Annie Chan (MYS)
Becky & Jonathan Webb (USA)
Brian & Jodi McKenna (USA)
Brian & Shannon Hudson (USA)
Candace & Jimmie Don Hoke (USA)

Carl Joseph Janicek (USA)
Carla & Bill Green (CAN)
Carol & Delaine Holden (USA)
Carrie And William Liebich (USA)
Casey Wiegand (USA)
Catherine Rott (USA)
Celeste Mclean (USA)
Chelle Carter (USA)
Chelsea Humphreys (USA)
Chelsea Marie Young (USA)
Chris & Connie Wolverton (USA)
Christi Collins (USA)
Claire Lee (HKG)
Claudia Dosamantes (USA)
Courtney Scruggs (USA)
Crystal & Larry Hoskins (USA)
Cynthia Haggerton (USA)
Dallas Harting (USA)
Dan Keskey (USA)
Danielle & Michael Keen (USA)
Darreck Chen Yoon Yung (MYS)
David & Lee Stewart (USA)
David & Star Moree (USA)
David & Teresa Gingles (USA)
Dawn Hampton (USA)
Debbie & Daniel Erickson (USA)
Denise Dunleavy (USA)
Denise Easthon (USA)
Derek & Janell Vonigas (USA)

Dick & Nancy Weber (USA)
Donna Grace (USA)
Dustin & Alana Bookhout (USA)
Echo & Danny Hill (USA)
Emily & Keith Anderson (USA)
Erika & Tim Kilcher (USA)
Evangeline & Thomas Reed (USA)
Fee Boey (MYS)
Franciela & Juan Ar valo (MEX)
Fred Zerr & Judy Klassen Zerr (USA)
Gailann Greene (USA)
Greg Hitter (USA)
Heather & Christian Portwood (USA)
Heather & Wade Doll (CAN)
Heidi And Or Kevin Hovan (USA)
Heidi Ross (CAN)
Hitomi Harada (JPN)
Hoi Ki Li (HKG)
James & Stacy Mcdonald (USA)
James Niederland (USA)
Jamie & Chelsea Flaman (CAN)
Janie Leek (USA)
Jeffrey Lewis (USA)
Jennifer Howard (USA)
Jennifer Lim (MYS)
Jeremy & Hannah Tallo (USA)
Jihan Thomas (USA)
Jilene & Duane Hay (CAN)
Jodie Meschuk (USA)

John Wongcw (Sgp)
Jonathan & Laura Hopkins (USA)
Josh & Paige Williams (USA)
Judy De La Rosa (USA)
Julia Kay Ferguson (USA)
Justin & Sara Wallace (USA)
Karen J. Douglas (USA)
Karen Vavrick (USA)
Kari Friedman (USA)
Karla Berger (USA)
Kate Kowalczyk (USA)
Katie & Kevin Ganger (USA)
Kelowna Giuliano (USA)
Kelsey Christenson (USA)
Kim Edwards (USA)
Kim Rinaldi-Robey (USA)
Kimberly R. Bromelkamp (USA)
Kirk & Britta Dimler (USA)
Kristi Mangan (USA)
Kylar & Sandi Boudreau (USA)
Laurie Azzarella (USA)
Lindsey Leif (USA)
Lori Gasca (USA)
Maggie Tong & Hill Ngan (HKG)
Marilee Tolen (USA)
Mark & Angela Meredith (USA)
Marlo Bontempo (USA)
Mary C. Ward-Farnham (USA)
Mary Starr & Jay Carter (USA)

Matt & Darlene Weir (USA)
Melissa & Clay Sanches (USA)
Michelle & John Skoczek (USA)
Munirah Hanim Ahmad Jahudi (MYS)
My Joanna Malone (USA)
Nancy Knittle (USA)
Nancy Sanderson (USA)
Nat & Lauren Bretz (USA)
Niccole Perez (USA)
Noteworthy Team Llc (USA)
Pam & Gary Edwards (CAN)
Pat Mclean (USA)
Paul & Tina Ciesla (USA)
Rachel & Ryan Holland (USA)
Reagan & Danny Jewitt (CAN)
Reuben & Stacie Hartzler (USA)
Rhonda & Frank Favano (USA)
Robert Rinato (USA)
Ryan & Ashley Mckenney (USA)
Ryan & Kim Prather (USA)
Sabina M. Devita (CAN)
Sarah Lee (USA)
Shannon & Jd Hudgens (USA)
Shelby & Steven Nowak (USA)
Shelby Paulk (USA)
Sherry Lamarche (USA)
Skyla & Brian Mann (USA)
Sonya Swan (USA)
Stacie & Todd Malkus (USA)

Stephanie Moram & Jp Paradis (CAN)
Sum Sum Yip (HKG)
Susan Heid (USA)
Tammy & Eric Walton (USA)
The Collected, Tan Kai Hiang (Sgp)
Tracey Black & Trevor Nielson (USA)
Tyson & Wendy Mercure (USA)
Vanessa Romero & Tom Nikkola (USA)
Wan Jiey & Tuan Alimin (MYS)
William & Joan Lansing (USA)
Winnie Chan (HKG)
Yvonne Litza (USA)
Zach & Katie Harris (USA)



Munirah Hanim
Ahmad Jahudi (MYS)

DEC RECOGNITION RETREAT QUALIFIERS



Our recognition retreats immerse our members in an unforgettable Young Living adventure. Members who consistently strive and achieve Silver, Gold, Platinum, or Diamond—for at least 3 consecutive months—are rewarded with a trip to one of our flagship farms, where they experience the Seed to Seal process firsthand in addition to dynamic leadership development.

DIAMOND RETREAT

Please visit bit.ly/YLDiamonds for Diamond Retreat qualifiers.

PLATINUM RETREAT

Alicia & Srdjan Dragic (USA)
Amanda & Carl Brunngraeber (USA)
Amanda & Michael Vedder (USA)
Amanda Capps (USA)
Bronwyn Deiter (USA)
Corona Wai Yan Chan (HKG)
Danielle Burkleo (USA)
Diane Dillingham (USA)
Eddie Wadsworth (USA)
Jennifer Lim (MYS)
Jessica Wenz (USA)
Laura Franks (USA)
Lora Sasiela (USA)
Molly Abrigg (USA)
Nurul Afzan Aini Mat Toni (Mys)
Renee Yeo (USA)
Riko Oomori (JPN)
Sarah Hardisty (USA)
Shuk Han Tong (HKG)
Vivi Chow (HKG)

GOLD RETREAT

Ainee Ong (GBR)
Alexandria & Tyler Hinders (USA)
Allison Reynolds (USA)
Amanda Neiley (USA)
Amanda Pursell (USA)
Amy McGuire (USA)
Amy Woods (CAN)
Angela Gleason (USA)
Anna Grym (USA)
Anny Lu (HKG)
Anthony Parker (USA)
Ashley Brink (USA)
Ashley Pate (USA)
Becky Reece (USA)
Bethann Mccarthy (USA)
Jessica Wenz (USA)
Laura Franks (USA)
Lora Sasiela (USA)
Molly Abrigg (USA)
Nurul Afzan Aini Mat Toni (Mys)
Renee Yeo (USA)
Riko Oomori (JPN)
Sarah Hardisty (USA)
Shuk Han Tong (HKG)
Vivi Chow (HKG)

Please visit bit.ly/YLGold for Gold Retreat qualifiers.

SILVER RETREAT

Aaron Lahman & Sara Leoni (USA)
Abigail Berzin (USA)
Adelia Davis (USA)
Adriana Perez (USA)
Alexandru Rus (ROU)
Alexis Ciepliski (CAN)
Alice Retzinger (USA)
Alva Chan (HKG)
Alyce Carter (USA)
Alyssa Nicholas (USA)
Amanda Brown (USA)
Amanda McKay (USA)
Amber Shuey (USA)
Amelia Weaver (USA)
Amy Evans (USA)
Amy Howell (USA)
Amy Mayer (USA)
Ana Ahumada Martinez (MEX)
Andrea Depue (USA)
Andrea Golino (USA)
Andrea Kliesch (USA)
Andrea Williams (USA)
Angela Bizal (USA)

Angela Prewitt (USA)
Angie & Tony (USA)
Anita Everaardt (NLD)
Ashley Latiolais (USA)
Ashley Stott (USA)
Ashlie Shrewsbury (USA)
Audrey Baker (USA)
Audrey Miller (USA)
Ava Dorminey (USA)
Azrah Abdul Rahman (MYS)
Belkis Lantigua (USA)
Bell Cheung Yan (HKG)
Beth Weissman (USA)
Beth Wells (USA)
Brandi Lee (USA)
Brittany Davidson (USA)
Brook Smoak (USA)
Brooke Graves (USA)
Candice Landon-Rodgers (USA)
Carla Omarr (USA)
Carla Proud (AUS)
Carmen Torrico Guzman (MEX)
Carolyn Russell (USA)

Catherine Duff (USA)
Catherine Pawlak (USA)
Cathy Or Dennis Weber (USA)
Chen Chen Pan (TWN)
Cheri Luttrell (USA)
Cheryl Doll (USA)
Chiarina Ripepe-Giampa (USA)
Choi Hung Mak (HKG)
Chrissie Bader (USA)
Christa Garrison (USA)
Christina Preston (CAN)
Chun Wong (HKG)
Chung-Chao Yeh (TWN)
Cindy Boling (USA)
Clara J Powell (USA)
Claudia Perez Lares (DEU)
Collett Dominowski (USA)
Colleen Lacey (USA)
Connie Wong (HKG)
Corrie Kraft (USA)
Cristen Powers (USA)
Crystal Holmes (CAN)
Dana Friesen (CAN)

Dana Kickey (USA)
Danielle Ortiz (USA)
Danielle Ross (USA)
Dawn Mccrory (USA)
Debbie Bugden (CAN)
Deborah Austin (USA)
Deborah Ericksen (USA)
Debra Butterfield-Mcmurdie (USA)
Debra Slavicek (USA)
Dena Maslow (USA)
Denise Voccola (USA)
Desy Supargo (SGP)
Dina Carroll (USA)
Dona Burke (USA)
Edmond Tan (SGP)
Elinna Choy (HKG)
Eliza Fulton (USA)
Ellen Smith (USA)
Ellen Wheaton (USA)
Eric Romanowski (USA)
Erika Kulikaite-Gintaliene (LTU)
Erin Bear (USA)
Erin Brunel (CAN)

Erin Krier (USA)
Faith Mahoney (USA)
Fazwani Abdullah (MYS)
Foong Li Theen (MYS)
Gemma Watts (GBR)
Genevieve Knudsen (USA)
Gina Toro (USA)
Gizela Krassny (USA)
Gwendolyn Rodriguez (USA)
Hallebooyeah Llc (USA)
Hannah Dussold (USA)
Hannah Healy (USA)
Hannah Miranda (USA)
Hannah Phaneuf (USA)
Heather Booker (USA)
Heather Lopez (CYM)
Henry Stuckey (USA)
Holly Bizarro (USA)
Idei, Yuki (JPN)

Please visit bit.ly/YLSilver for Silver Retreat qualifiers.



We've designed Elite Express to reward the success of even more members. Elite Express spans from Executive all the way to Platinum and offers big rewards every step of the way. Elite Express is a 20-month program and is available for members across the globe in four tracks, lasting from 3 to 6 months each: Executive in 3 (Ei3), Silver in 6 (Si6), Gold in 6 (Gi6), and Platinum in 5 (Pi5), with a bonus Elite in 20 (Ei20) track for those who successfully complete all tracks within 20 months or less.



Teresa Valmonte (USA)
Yuen Yi Wong (HKG)



Chun Wai Imng (HKG)
Colin Quigg (USA)
Jennifer Rutherford (USA)
Patricia Angela Ferrer-Bautista (USA)
Siti Syuhadah Sharin (MYS)



Ahmad Ghazwani Ghazali (MYS)
Anne Tong (HKG)
Ashley Chimonas (USA)
Asuncion Gil (PHL)
Bt Hamdan Haniza (MYS)
Caroline Eaton (USA)
Chong Yuen (HKG)
Christina Hatch (USA)
Claudia Lomeli Gutierrez (MEX)
Colin Puetz (CAN)
Ellie Dufrene (USA)
Farah Mohamed Ariff (MYS)
Farhanah Ahmad Jahudi (MYS)
Farrah Effa Daud (MYS)
Gail Anderson (USA)
Heng Chen Mei (MYS)
Humaira Khorie (MYS)



Adibah Rahimi Musa (MYS)
Ak Muhd Sayidi Rasyid
Pg Kamarulzaman (SGP)
Andrea Kostha (USA)
Aria Assad (USA)
Blair Jaedell Estes (USA)
Bonnie Pesola (CAN)
Carmen Jimenez-Ong (PHL)
Carmen Jasmin Palenzuela (ESP)
Cassidy A Lemay (USA)
Charity Joyce Marohombsar (PHL)
Chi Yi Lee (HKG)
Chong Lai Chun (MYS)
Chong Saw Chun (MYS)
Christine Kriesse (USA)
Chun Kit Chan (HKG)
Cody Jackson (USA)
Courtney Elizabeth Boswell (USA)
Diana Tomov (USA)
Dominga Tafoya (USA)

RANK ADVANCEMENTS

Please visit bit.ly/YLRankAdv for a complete list of all Rank Advancements.

RETREAT QUALIFIERS

Please visit bit.ly/YLRetreats for a complete list of Retreat qualifiers and to get full details and information about each retreat.

Oil of the MONTH

With the fruity, uplifting aroma of a freshly peeled orange, Orange essential oil is just the thing to start your morning on the right foot or to create an environment of joy, creativity, and fun throughout the day. Just remember: Like other citrus essential oils, Orange can cause photosensitivity when applied to the skin before spending time in the sun.



Some ways to use Orange essential oil:

- Diffuse Orange on its own or with complementary oils such as Stress Away™, Grapefruit, or Lemongrass.
- Add a few drops of Orange to your naturally derived cleaning solutions.
- Create a DIY linen spray by filling a small spray bottle with 1 part witch hazel, 2 parts distilled water, and 10 drops of Orange. Shake and spritz over carpets and fabrics.
- Diffuse Orange in children’s areas to create an uplifting environment perfect for creative play.



Young Living Singapore opened in October 2011 with the original vision of D. Gary Young: to bring Young Living essential oils into every home. Young Living Singapore has been inspiring people to experience nature’s gifts of wellness and harmony, to create abundance in their lives, and to discover new opportunities for whole-life wellness.

This year marks the sixth year of Young Living Singapore, and they are looking forward to celebrating this significant milestone with all our members. With such significant growth, Singapore started the year by moving offices to serve even more members.

The new office provides a beautiful place for all local and visiting members to enjoy a comfortable and sophisticated shopping and training experience. This space also has a Raindrop Spa that features Young Living's proprietary Raindrop Technique®.

On top of all of this, Young Living Singapore continues to hold its annual RevOILution Wellness Expo that draws in crowds of thousands. It’s a free event open to both the Young Living family and community members, organized to lead a holistic revolution toward a life of optimal health and wellness. Participants can look forward to wellness booths, free workshops, and fitness sessions. If you are planning to visit Singapore, make sure it’s in August when the next expo will happen!

Stay up to date with Young Living Singapore at [Facebook.com/YoungLiving.Sg](https://www.facebook.com/YoungLiving.Sg).

Gourmande in the kitchen



Sylvie Shirazi is the recipe developer, food photographer, and real food lover behind *GourmandeInTheKitchen.com*. There you'll find a collection of recipes that celebrate your inner gourmand with fresh, seasonal ingredients that are free from gluten, refined sugar, and processed ingredients. The recipes on Gourmande in the Kitchen are fast and fresh with a focus on quality ingredients and minimal preparation that let the natural flavors of the food shine because you don't need a lot of time or a long list of ingredients to make good-for-you, satisfying, and delicious food if you start with the best ingredients possible.

[GourmandeInTheK](#) [Gourmande in the Kitchen](#) [GourmandeInTheK](#)

OREGANO AND THYME BAKED EGGS

INSTRUCTIONS

- Preheat oven to 425°F. Lightly grease four small ovenproof ramekins (preferably cast-iron) with a little olive oil.
- Place ramekins on oven tray and place in oven to preheat for a few minutes while you prepare the eggs.
- In a small bowl, combine thyme, oregano, Manchego cheese, and essential oils with a fork and set aside.
- Crack eggs into individual cups and season generously with sea salt and pepper.
- Remove tray from oven and quickly, but carefully (the cream will bubble), pour cream evenly into each dish. Once the bubbling has subsided, carefully slide the eggs into each dish and sprinkle evenly with the crumbled goat cheese.
- Place back in oven for 5 minutes (until the whites of the eggs are almost set).
- Remove tray once again and sprinkle the herb and cheese mixture over the eggs. Bake for another 1–2 minutes, just until the mixture is melted. Do not over bake; the eggs will continue to set after removed from the oven.
- Serve warm.



INGREDIENTS

	Olive oil
2–4	small sprigs of fresh thyme, leaves only
¼	teaspoon dried oregano
2	tablespoons grated Manchego cheese
1	drop Thyme Vitality essential oil
1	drop Oregano Vitality essential oil
¼	cup heavy cream
4	large eggs
	Sea salt and freshly ground black pepper
1	oz. fresh goat cheese, crumbled

SEED TO SEAL SPOTLIGHT *Young Living Lavender Farm in Mona, Utah*

If you want to truly immerse yourself in all that is Young Living at the convention this year, you must visit the Young Living Lavender Farm in Mona, Utah. Nestled against the rugged mountains of central Utah, the Mona farm features nearly 1,600 acres of fragrant herbs, a cool reservoir, pristine natural beauty, fresh mountain air, award-winning Percheron and Friesian horses, a jousting arena, a Western village, and loads of fun.

Although the farm is best known for its blossoming fields of brilliant purple lavender, it’s also the source of many other key Young Living botanicals such as clary sage, goldenrod, and peppermint. These plants are steam distilled directly at the farm in the world’s largest privately owned essential oil distillery. After distillation, the oils go through a rigorous testing process before they make their way into the homes of our members.

Our Lavender Farm has been serving the local and Young Living communities since 1995. Open year-round, the farm hosts a variety of family friendly activities, including the Easter Eggstravaganza, Run Through the Lavender 5K and 1K races, distillery tours, wagon rides, pony rides, petting zoo, essential oil classes, Essential Oils & Animals Conference, Lavender Day festival, Fall Festival Draft Horse Show and Rodeo, and—of course—the International Grand Convention Farm Day. This annual tradition for the convention draws people from all across the globe who want to experience Young Living’s proprietary Seed to Seal® process firsthand and have fun in the great outdoors!

Young Living farms are where the stories of our pure essential oils begin and are the roots of our authenticity. A trip to the lavender farm is a step toward reaffirming your passion, strengthening your business, and fulfilling your destiny.

Registration for the 2017 Convention Farm Day is expected to open in March. Look for a communication around that time and be sure to sign up!