# THE ESSENTIAL FNI



NEWS OF THE WORLD LEADER IN ESSENTIAL OILS





We are a purpose-driven company that cares and shares from the heart, from our Seed to Seal® process that defines our exceptional commitment to quality, to our projects and partnerships designed to serve each member, to the Young Living Foundation that takes action to help the needy around the world.

Wherever we go across the globe, we see so many people who are strained with heavy burdens. Many people feel underappreciated, overstressed, and defeated—and those are the lucky ones with homes, food, and jobs. Young Living can provide a lot of opportunities to those we encounter on a daily basis.

When I heard about the 7.8 magnitude earthquake in Ecuador, my heart went out to those people who have lost loved ones and are now without basic necessities. It seems like yesterday that I was living in Ecuador with my family while building the farm and the Young Living Academy. Thankfully, the Academy, employee housing, farm and distillery, and Young Living office building in Guayaquil are all unharmed; but just 300 miles away, devastation

After the news of the earthquake, the foundation quickly launched the Ecuador Earthquake Relief campaign; and in the first week, Young Living members raised over \$45,000—an amazing amount.

Academy students and their parents worked hard to put together over 500 emergency kits in one day. Then several staff and recent graduates helped Nikki Davis, senior director of Global Philanthropy, distribute the kits, Young Living products, first aid materials, food and water, candles and matches, and tents.

In addition, generous individuals in and around Guayaquil donated their trucks to help carry supplies to the individuals in the epicenter of the disaster.

Much work still needs to be done. The greatest happiness we find is when we help others, especially those in such tremendous need. To find the best ways for you to get involved, go to YoungLiving.com/Foundation.

Thank you for your help and support! We love and appreciate all of you who have given so much to Ecuador.



25 Years Ago, D. Gary Young Introduced Thieves—a One-of-a-Kind Essential Oil Blend—to Young Living.

Can you believe it? This year we're celebrating the 25th anniversary of the creation of Thieves® essential oil blend by Young Living Founder and Chairman of the Board D. Gary Young!

As the world leader in essential oils, Young Living offers many innovative, one-of-a-kind products that are beloved by members spanning the globe—and Thieves essential oil blend is one of them. The creation of Young Living's essential oil blend Thieves took a piece of history, combined it with research, and created a top-selling blend that is used in many products today.

Gary recounts the history of his formulation of this essential oil blend, which was the result of his studying at the Warwick University in London, England, in 1991 and spending many hours at the London Library researching essential oils and their history.

"I have read 17 different versions of the Thieves story," says Gary, "some that claim there were 4 thieves and others that claim there were 40! Many of these legends took place in the 15th century, but still others put the date in the 18th century. The formulas also varied from one story to the next, each mixing in a collection of herbs and spices into

a vinegar solution. Through my research I was led to four key botanicals: clove, cinnamon, rosemary, and lemon. These were mentioned again and again within the herbs combined in the vinegar solutions. I took the essential oils of those botanicals and combined them with eucalyptus essential oil to make this essential oil blend. Today it's known throughout the world as Young Living's Thieves."

We've been excited to continue the legacy of Thieves through expanding our versatile line of Thieves offerings and have increased it to nearly 20 oil-infused products! Our Thieves line offers solutions ranging from formulas that help you clean your home with naturally derived ingredients to formulas that effectively support your family's wellnesseach of them backed by our Seed to Seal® promise.

The uniqueness and versatility of our Thieves essential oil and oil-infused products are a testament to our passion for pure, effective essential oil solutions. For 25 years this remarkable, proprietary formula has been made possible by the exacting standards of our Seed to Seal promise, and its place in essential oil history has been made possible by our members.

## SHARING EMPOWERMENT WITH OTHERS

A Royal Crown Diamond's Perspective



Carol Yeh-Garner and Her Family Celebrating on the Global Leadership Cruise in 2014.

We want you to feel inspired and passionate each day. Whether you're new to the Young Living family or have been around for years, you can empower and motivate yourself and those around you.

To those who know her, it's no secret that Royal Crown Diamond Carol Yeh-Garner has that contagious, bright attitude it takes to spread passion for Young Living, and when it comes to empowering others, she isn't a novice.

We had a conversation with her to explore her thoughts on leadership, and she provided her personal definition of empowerment: "Empowerment means feeling fully autonomous, productive, and passionate about your life," Carol said. "It means being the best version of yourself."

When reflecting on how she has felt empowered by others, Carol said, "They've shared their knowledge, experience, and how they've learned from mistakes, so I could move forward more easily." After she joined in 2013, empowering others in Young Living quickly became the norm for Carol. She said that the best way to make an impact is by "believing in people before they fully believe in themselves, which is one of the most important things we can do as leaders."

Carol has found a lot of success and support in having continuous and open communication with her team.

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## ECUADOR EARTHQUAKE RELIEF

The Young Living Foundation Takes Action to Provide Relief



Young Living Friends and Family Uniting to Make a Difference During Disaster.

Ecuador holds a special place in the hearts of Young Living founders D. Gary and Mary Young. When a 7.8-magnitude earthquake hit Ecuador on April 16, under Gary's direction the Young Living Foundation rallied alongside the community to take action by providing much needed support and aid. Following the initial devastation, the death toll continued to rise, and many in the hardest hit areas lost everything. Survivors were curled up on mattresses or blankets next to flattened homes and buildings, while rescue workers continued to search for survivors

As the foundation traveled to the epicenter-300 miles north of Guayaquil-the team quickly realized many communities hadn't received any aid, making the foundation some of the first responders nearly 10 days later. No formal service trip was planned, yet Young Living Ecuador farm and office staff, Young Living Academy graduates and staff, and community members gathered with the foundation to help in any way possible. These selfless volunteers were running on little sleep, working through

hard-to-imagine destruction, and coordinating supplies during a time of chaos. All of this while traveling hundreds of miles to help their Ecuadorian brothers and sisters.

With the support of our generous and quickto-respond members, the foundation has quickly taken action to provide emergency supplies, including Young Living essential oils, and a relief team to towns near the epicenter of the earthquake, where people have received little to no aid and are not easily accessible. As Ecuador moves forward to recover and rebuild, the foundation will continue to provide ongoing support.

While natural disasters aren't predictable, the decision to help and support devastated communities is achievable in a short amount of time. Members spanning the globe have helped advance the much-needed work of the foundation through their donations to projects like the Ecuador Earthquake Relief. Visit YoungLiving.com/Foundation to make a difference today.



Three Easy Ways to Experience the Convention Remotely



During the Convention, Members Come Together to Celebrate, Learn, and Network.

If you aren't able to join us in Salt Lake City for the International Grand Convention this year, don't worry—there are plenty of ways to stay connected with what's happening. While you might not get to enjoy the full convention experience, we have three easy ways for you to stay connected.

Social Media

If you want instant updates during the convention, check out Young Living on Facebook, Instagram, and Twitter. Young Living members from across the globe will also be using the hash tag #YLCon16 to share their

experiences. By exploring the official convention hashtag, you'll get to see the convention from attendees' perspectives.

Drop of Inspiration

Our Marketing Communications team will be producing daily podcast episodes on Drop of Inspiration. Whether it's about special events, new products, or new tools, you'll get a recap of what's happening at the convention. To tune in each day during the convention and to listen to other episodes, visit YoungLiving.com/Podcast. New Products Page

During each International Grand Convention, we release innovative new and reformulated products. Members who attend get to experience each of these at the Lifestyle Expo during our four-day event. The week following the convention, you'll be able to experience and learn all about the latest Young Living products. Stay tuned for the new product webpage.

Connect with our social media accounts, listen to Drop of Inspiration, and explore the new products the week following the convention.

Regardless of where you are during the convention, we encourage you to Live Your





# **UPCOMING EVENTS**

Join Us for Incredible Experiences!

- June 22–26: International Grand Convention, Utah
- July 9: Lavender Day & 5K Run, Mona Lavender Farm

- September 29-October 2: Silver Retreat, Mona Lavender Farm
- September 29-October 2: Fall Festival & Draft Horse Show, Mona Lavender Farm

#### bit.ly/YLEOEvents

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#### SHARING EMPOWERMENT WITH OTHERS

When it comes to empowering others in this way, she has a few quick suggestions to start or fine-tune what you're already doing:

- Whether it's a book, webinar, or training, invest in yourself as a leader.
- As a team, cheer each other on, collaborate on ideas and workshops, and share trainings and lessons.
- Take time to get to know your team members. You'll find what they need to be successful, and it'll build an even stronger community.
- Spend every spare moment working your business; what you put into it now will help you in the future.

Take time this month to find new ways to make those around you feel special through sharing empowerment with them. We know you have great ideas on how you can spread the YL love, and we'd love to hear them. Share your great tips by tweeting them to @YoungLivingEO on Twitter or using the hashtag #YLEmpowerment, and we'll be giving away a custom empowerment package to a few lucky winners that will include essential oil blends such as Highest Potential<sup>™</sup>, Transformation<sup>™</sup>, White Angelica<sup>™</sup>, and others.

# YOUNG LIVING RECOGNITION

April 2016

ADAM GREEN (CAN) ALYSSA & TROY FRANCIS (USA) APRIL & JAY POINTER (USA) BRENDA & SCOTT SCHULER (USA) CAROL YEH-GARNER & SCOTT GARNER (USA) CHÉRIE ROSS (USA) CHRISTA & JASON SMITH (USA) CONNIE MARIE MCDANEL (USA) DEBRA RAYBERN (USA) FRANCES FULLER (SGP) GREGG & CAROL JOHNSON (USA) GRETCHEN KING-ANN (HKG) JEANMARIE HEPWORTH (USA) JEN & ADARYLL JORDAN (USA) JEREMIAH & MONIQUE MCLEAN (USA)

ROYAL CROWN DIAMONDS

JILL & JAMES YOUNG (USA) JOANNE KAN & ERIC YANG (HKG) KATHY FARMER (USA) LINDSAY TEAGUE & MICHAEL MORENO (USA)

LINDSEY & EVAN GREMONT (USA) MADISON & TYLER VINING (USA) MARCELLA VONN HARTING & JIM HARTING (USA)

MARK & MELISSA KOEHLER (USA) MAX & KAREN HOPKINS (USA) TERI SECREST (USA) VICKI OPFER (USA) ULRIKE CHURFÜRST & VIJAY CHURFÜRST HANZAL (AUT) VIVIAN TING WAN (HKG)3

CROWN DIAMONDS ANITA OCHSENHOFER (AUT) ARTEMIS (AUS) CALLIE & JEREMY SHEPHERD (USA)

CAROL & BEN HOWDEN (CAN) CHIP & KATHY KOUWE (USA) COURTNEY & JOHN CRITZ (USA) CRYSTAL & VERICK BURCHFIELD

DANETTE & JIM GOODYEAR (USA) DARREN & SERA JOHNSON (USA) DIANE MORA (USA) DIETFRIED WRUSS (AUT) DOUG & JORDAN SCHRANDT

#### (USA) FIONA LUI (HKG)

HAILEY & JEREMY ALIFF (USA) KELLI & LES WRIGHT (USA) KRISTY & JAKE DEMPSEY (USA) MARY HARDY (USA) MELISSA POEPPING (USA) MYRA & ERNIE YARBROUGH (USA) NANETTE & WARD SYMES (USA) NATHAN & JESSICA PETTY (USA) NICOLE BARCZAK (USA) PATRICIA GWEE (SGP) PRAKAMA & MARKUS HAUSER (AUT)

RAINBOW FOREVER TRUST (USA) SHA-FAUN ENTERPRISES, SHAUNA DASTRUP (USA)

SHARNAEL WOLVERTON (USA) TERRY & LADONNA BEALS (USA) ZACH & KARI LEWIS (USA)

DIAMONDS ADITYA NOWOTNY (DEU) ALAN & LINDA SIMPSON (AUS) AMANDA & GABE URIBE (USA) AMIE DOCKERY (USA) ANDREA LAHMAN (USA) ANDREA M. HAYES (USA) ANNA-MAYA POWELL (USA)

#### ANNI & DAVE DAYAN (USA) ANNIE CHAN (MYS)

BECKY & JONATHAN WEBB (USA) BRIAN & JODI MCKENNA (USA) **BRIAN & SHANNON HUDSON** (USA)

BRYAN & SUMMER DAVIS (USA) CANDACE & JIMMIE DON HOKE (USA)

CARLA & BILL GREEN (CAN)

CAROL & DELAINE HOLDEN (USA) CATHERINE ROTT (USA) CHELLE CARTER (USA) CHELSEA MARIE YOUNG (USA) **CHRIS & CONNIE WOLVERTON** (USA)

CHRISTI COLLINS (USA) CLAIRE LEE (HKG) CLAUDIA DOSAMANTES (USA) COURTNEY SCRUGGS (USA) CRYSTAL & LARRY HOSKINS (USA) DALLAS HARTING (USA) DAN KESKEY (LISA) DARRECK CHEN YOON YUNG (MYS)

DAVID & LEE STEWART (USA) DAVID & STAR MOREE (USA) DAVID & TERESA GINGLES (USA) DEBBIE & DANIEL ERICKSON (USA) DENISE DUNLEAVY (USA) DENISE EASTHON (USA) **DEREK & JANELL VONIGAS (USA)** DICK & NANCY WEBER (USA) **DUSTIN & ALANA BOOKHOUT** 

(USA) ERIKA & TIM KILCHER (USA) ERIN & BRONCE RODGERS (USA) **EVANGELINE & THOMAS REED** 

(USA) FEE BOEY (MYS) MAGALAY FRANCIELA MADRID VILLAREAL & JUAN ARÉVALO

(MEX) FRED ZERR & JUDY KLASSEN ZERR (USA)

GAILANN GREENE (USA)

GIRIJA & HAL TROPP (AUS) GORDON & CORIE DEVRIES (USA) GREG HITTER (USA) **HEATHER & CHRISTIAN** PORTWOOD (USA) HEATHER & JOHN BROCK (USA) HEATHER & WADE DOLL (CAN) HEIDI ROSS (CAN) HITOMI HARADA (IPNI)

JAMES & STACY MCDONALD (USA) JAMES NIEDERLAND (USA) JAMIE & CHELSEA FLAMAN (CAN) JANIE LEEK (USA) JEFFREY LEWIS (USA) JENNIFER HOWARD (USA) JENNIFER LIM (MYS) JEREMY & HANNAH TALLO (USA)

#### JESSICA & RIT GIANELLONI (USA) JIEY WAN AZIZ & TUAN ALIMIN (MYS) JIHAN THOMAS (USA)

JILENE & DUANE HAY (CAN) JODIE MESCHUK (USA) JOHN WONGCW (SGP) JONATHAN & LAURA HOPKINS (USA) JOSH & PAIGE WILLIAMS (USA) JUDY DE LA ROSA (USA) JULIA KAY FERGUSON (USA) JUSTIN & SARA WALLACE (USA) KAREN J. DOUGLAS (USA) KAREN VAVRICK (USA) KARLA BERGER (USA) KATIE & KEVIN GANGER (USA) KIM RINALDI-ROBEY (USA) KIMBERLY R. BROMELKAMP (USA) KIRK & BRITTA DIMLER (USA) KORBUT WONG (HKG) KRISTI MANGAN (USA) KYLER & SANDI BOUDREAU (USA) LAURIE AZZARELLA (USA) LORI GASCA (USA) MARIANNE BILLETER (USA) MARK & ANGELA MEREDITH (USA) MARI O BONTEMPO (LISA) MARY C. WARD-FARNHAM (USA) MARYSTARR & JAY CARTER (USA) MATT & DARLENE WEIR (USA) MELISSA & CLAY SANCHES (USA) MICHELLE & JOHN SKOCZEK (USA)

MY JOANNA MALONE (USA)

NANCY KNITTLE (USA) NANCY SANDERSON (USA) NAT & LAUREN BRETZ (USA) NICCOLE PEREZ (USA) PAM & GARY EDWARDS (CAN) PAUL & TINA CIESLA (USA) RACHEL & RYAN HOLLAND (USA) REAGAN & DANNY JEWITT (CAN) REUBEN & STACIE HARTZLER (USA) RHONDA & FRANK FAVANO (USA) ROBERT RINATO (USA) RYAN & ASHLEY MCKENNEY (USA) RYAN & KIM PRATHER (USA) SABINA M. DEVITA (CAN) SARAH LEE (USA) SHANNON & JD HUDGENS (USA) SHELBY & STEVEN NOWAK (USA) SHERRY LAMARCHE (USA) SKYLA & BRIAN MANN (USA) SONYA SWAN (USA) STACIE & TODD MALKUS (USA) STEPHANIE MORAM & JP PARADIS (CAN)

SUM SUM YIP (HKG) TAMMY & ERIC WALTON (USA) THE COLLECTED, TAN KAI HIANG (SGP) TYSON & WENDY MERCURE (USA) **VANESSA ROMERO & TOM** NIKKOLA (USA) WILLIAM & JOAN LANSING (USA) WINNIE CHAN (HKG)

YVONNE LITZA (USA) ZACH & KATIE HARRIS (USA) PLATINUMS (NEW)

YONIE BONAWI (SGP)

ANDREW & LISA DODGE (USA)
CHI SHUEN CHOW (HKG)
IAN CLAYTON (NZL)
NORHIDAWATI ABDUL AZIZ (MYS) TEO SEK JEN (SGP)

GOLDS (NEW)
ALY SHARP (USA)
AMANDA BARTZ (USA)
ANDREA ROSENBOHM (USA)
CHRISTINE CHAN (HKG)
EMILY MORTENSON (USA)
FARHANA RAZAK (SGP)
HUEY TAY (MYS)
KARLIE HOLTBY (CAN)
KIMBERLY LAIRD (USA)
KRISTEN ADALINE (USA)
LARKIN BUSBY (USA)
LUEN CHAN (HKG)
NANA LIM HWEE YONG (SGP)
PATRICIA BERKAN (USA)

SILVERS (NEW)

ADE LYDIA (SGP)
AH NOOI YEOH (MYS)
AINA CHEEK (USA)
AISYAH HASSAN (SGP)
ALAINA BRADSHAW (USA)
ALEJANDRA GIL ORTEGA (MEX)
ALVINNA AMIR (MYS)
AMANDA WAGNER (CAN)
AMANDA WILSON (USA)
AMIZA FAZI INA AMINUDDIN AMIZA FAZLINA AMINUDDIN

(MYS) ANA RODRIQUEZ (USA) ANDREA PARRINO (USA) ANGELA PRICE (USA) ANGIE KELLUM (USA) ANITA CURRENT (CAN) ANNA BROOKS (USA) ANNA BROOKS (USA)
ANTOINETTE MASCARO (USA)
ASHIKIN KHALID (MYS)
ASHLEY & MIKE PICKERING (USA)
ASHLEY VISCONTI (USA)
AU SIEW HUEY (MYS)
BECKY ROOK (CAN)
BOONG BEE TAN (MYS)
CARI OLIVA SANCHEZ (ESP)
CARLA OMARR (USA)
CAROL WU (HKG) CAROL WU (HKG)
CARRIE OLSEN (USA)
CHEAH LEE BOON (MYS) CHELLEY DIXON (USA) CHI IAO VONG (MCO) CHIEW GUAT TAN (MYS CHIEW SENG CHONG (MYS) CHONG YOKE THEAN (MYS) CHRISTINA MOJICA (USA) CHRISTY GOLLAHON (USA) CHUI KENG LAI (MYS) CLIO PEREZ (USA) CRYSTAL JENKINS (USA) DANIEL SIMONS (USA)
DANIEL WIBOWO HARTANTO

DARCY MALDONADO (USA)

**DEBORAH SMITH (USA)** DEBORAH SWITH (USA)
DHANY KURNIAWAN (SGP)
DIANA POON (HKG)
DINA GHERGHEL (USA)
DONNA MARGE CHESTER (AUS)
EILEEN VOONG HON FONG

ELAINE YEE YING WAN (HKG) ELISABETH WOLF (DEU) ELLEN WHEALTON (USA) ELLEN WHEALTON (USA)
EMILY LEMBRICH (USA)
ERICA HOAK (USA)
ERIKA COTA MARTINEZ (MEX)
ERIN OWEN (USA)
ERWIN CHANDRA (SGP) EVA YUANITA (SGP)
EVELYN LO NYET MING (MYS)
GAN SHEIN HUA (MYS)
GARY HAUGEN (USA) GARY NG KA WAI (HKG) GERI MCNALLY (USA) GWENDOLYN VAN VALKENBURG

(USA) HAJAR ABDUL HAMID (MYS) HEATHER WILE (USA) HON KIT MING (HKG) HUEY TIEN THAM (SGP) IKA SETYAWATI (SGP) INESA PAVLOVSKA (LVA) ING TIN TIONG (MYS) JANA PECINOVSKY (USA) JANELLE REINHART (CAN) JEANNINE O'BRIEN (CAN) JENNIFER FORD (CAN) JEANININE O BRIEN (CAN)
JENNIFER FORD (CAN)
JESSICCA PEARSON (USA)
JESSILYN LOO QIAO YING (SGP)
JI WANG LEE (MYS)
JONATHAN HAROLD DAY (MYS)
JOSHUA WHITE (USA)
JULIE ARIFIN (SGP)
KA WAI WONG (HKG)
KAITLYN ENDERTON (USA)
KANG TZEVERN (MYS)
KAY & GEORGE HURLEY (USA)
KAYLEIGH CORDES (USA)
KELLEY ROFF (USA)
KELLEY ROFF (USA)
KENDRA BOEHNING (USA)
KISH MAHONEY (USA)
KRISTI STAPLER (USA)
KRISTI STAPLER (USA)
KRISTINA REYNOLDS (USA)
LAI PING CHU (HKG)

KRISTINA REYNOLDS (USA)
LAI PING CHU (HKG)
LAN SZE LEUNG (HKG)
LAURA BIER (USA)
LAURALEE & SCOTT LEES (USA)
LAURE MCANDREW (MYS)
LAUREN WATSON (USA)
LEIANNA WEBB (USA)
LEIGH LILLIBRIDGE (USA)
LESI FE FERLIND (USA) LESLEE FREUND (USA)
LEW CHEE WAI (MYS)
LI PING TEH (MYS)
LIM LI SHIANG (MYS)
LINDSEY SKALICKY (US.
LING NAI CHAN (HKG) LORI HINE (USA) MARIA SERRANO DAVILA (MEX) MARIATI ABDULLAH (MYS) MARK YOUNG (USA)

MARTHA GUTIERREZ-ROMERO (MEX) MARY JOHNSON (USA) MAYRA SERRANO DAVILA (MEX) MEGAN LOVELADY (USA) MELANIE MARACHL (AUT) MELISSA ASKEW (USA)
MELISSA COKER (USA)
MICHELLE DOOREY (USA)
MIENG CHAAN CHAN (MYS)
MIRIAM ZAZUETA FIGUEROA

MY SCENTS NEWCASTLE (SGP) NABIL YUSUF (SGP) NABILAH TAIF (SGP) NADIA ANDRIES (BEL) NANCY DAWDY (CAN) NATALIE DANIELS (USA) NGAN MAN KA (HKG) NICOLE CUELLAR (USA) NIK MASFATIHA ELANY RAHMAN

INIK MASFATIHA ELANY KAHMAN (MYS) NOBUKO SATO (JPN) NOORZARIAH YUSOF (MYS) NOVIZA ISTIDARIARIANTY (SGP) NUR'RAHMAH MUHAB SHAH PUI YEE TONG (HKG)
ROBYN & DAVID KELLY (USA) ROSIE PALARCHIO (USA) SANDRA CONDE ASENJO (ESP) SANDRA DOBIASH (USA) SANTY RUSLI (SGP) SARAH KAHN (USA)

SHANNON CLARK (USA) SHARIFA NADIA MOHSEN ALKAFF (SGP) SHARON SPENCER (USA) SIU FONG TO (HKG)

SKYE MCKEE (USA)
SOFIE BUNDY (USA)
STEPHANIE WONGKAR (AUS)
SUK KWAN WONG (HKG)
SULISTIOWATI CLARA (SGP)
SYLVIA ANGGRAINI (SGP)
SYNERGY PROJECT (USA)
TAN SIEW CHOO (MYS)
TANYA ROBIE (USA)
TEENA BHUVASORAKUL (USA)
TEENA BHUVASORAKUL (USA)
TEESA HELJENEK (USA)
TIFFANY ROMANO (USA)
TIGHE BAIER (USA)
TINA JENKINS (USA)
UPI LESTARI (SGP)
VALERIE CHANEY (USA)
VICTORIA FISKALDO (USA)
VIRGINIA STELLATO (USA)
WALCHING LO (HKG) VIRGINIA STELLATO (USA)
WAI CHING LO (HKG)
WENDY BORROTO (USA)
YOHANA BONAWI (SGP)
YUEN YAM LAU (HKG)
ZAINI ABDUL GHANI (MYS)
ZARINA ABDULLAH WRIGHT

SILVER IN SIX ADE LYDIA AH NOOI YEOH ALAINA BRADSHAW ALVINNA AMIR AMANDA WAGNER AMANDA WILSON AMIZA FAZLINA AMINUDDIN ANA RODRIQUEZ ANDREA PARRINO ANGELA PRICE ANITA CURRENT ANTOINETTE MASCARO ASHLEY & MIKE PICKERING ASHLEY VISCONTI **BECKY ROOK** CARI OLIVA SANCHEZ CARLA OMARR CAROL WU **CARRIE OLSEN** CHEAH LEE BOON **CHELLEY DIXON** CHI IAO VONG **CHIEW GUAT TAN** CHRISTINA MOJICA **CHRISTY GOLLAHON** CHUI KENG LAI DARCY MALDONADO **DEBORAH SMITH** DIANA POON DINA GHERGHEL ELAINE YEE YING WAN **ELISABETH WOLF ELLEN WHEALTON EMILY LEMBRICH** ERICA HOAK ERIKA COTA MARTINEZ **ERIN OWEN EVA YUANITA** EVELYN LO NYET MING GAN SHEIN HUA **GARY HAUGEN** GARY NG KA WAI HON KIT MING **HUEY TIEN THAM** IKA SETYAWATI INESA PAVLOVSKA ING TIN TIONG JANA PECINOVSKY JANELLE REINHART JENNIFER FORD JI WANG LEE

JOSHUA WHITE JULIE ARIFIN KA WAI WONG KAITLYN ENDERTON KANG TZEVERN KEISHA MAXEY KENDRA BOEHNING KIMBERLY LYNCH KISH MAHONEY LAI PING CHU LAN SZE LEUNG LAURA BIER LAUREN WATSON LEIGH LILLIBRIDGE LESLEE FREUND LEW CHEE WAI **II PING TEH** LINDSEY SKALICKY LING NAI CHAN LORI HINE MARIA SERRANO DAVILA MARIATI ABDULLAH MARY JOHNSON MAYRA SERRANO DAVILA MEGAN LOVELADY MELANIE MARACHL MELISSA ASKEW MIENG CHAAN CHAN MIRIAM ZAZUETA FIGUEROA MUSTAFA ROKIAH MY SCENTS NEWCASTLE LTD NABIL YUSUF NABILAH TAIF NANCY DAWDY NGAN MAN KA NICOLE CUELLAR NIK MASFATIHA ELANY RAHMAN PULYEE TONG **ROBYN & DAVID KELLY** SANTY RUSU SARAH KAHN SHERRLLEE SHYLOE FAYAD SIU FONG TO SKYE MCKEE SOFIE BUNDY SUK KWAN WONG SYLVIA ANGGRAINI SYNERGY PROJECT TAN SIEW CHOO TERESE OSACKY TESSA HELJENEK TIFFANY ROMANO TINA JENKINS UPI LESTARI VICTORIA FISKALDO

#### Bold = Newly Qualified

JONATHAN HAROLD DAY

Australia (AUS) Austria (AUT) Canada (CAN) Costa Rica (CRI) Czech Repul Denmark (DNK) Finland (FIN) Hong Kong (HKG) Iceland (ICE) Japan (JPN)

Mexico (MEX) New Zealand (NZL) Panama (PAN) Peru (PFR) Puerto Rico (PRI) Romania (ROU) Singapore (SGP) Sweden (SWE) Taiwan (TWN) United Kingdom (UK) U.S. Virgin Islands (USVI)

VIRGINIA STELLATO

WENDY BORROTO

WAI CHING LO

YUEN YAM LAU

For a complete listing of Young Living leaders, see the online edition of The Essential Edge at YoungLiving.com.



# CHEER ON YOUR TEAM!

#### Use Our Shareable Graphics to Celebrate

We love watching our leaders cheer on their teams so much that we created shareable graphics to help you encourage your teams. Whether they rank to Star or they hit Royal Crown Diamond, save the corresponding graphic to post on social media to say: "Congratulations!"

Simply log in to Virtual Office, go to Member Resources, select "Shareable Media," and scroll down to "Shareable Rank Announcements." After saving the image, you can share it on your social media feeds and send it out to your entire team.

# Oil of the

Not only is Lemon Vitality™ a delicious way to get essential oils into your diet, but its distinct citrus flavor is also perfect for a myriad of culinary applications! Used in kitchens around the world, Lemon Vitality brings new life to savory foods like fish and chicken and adds dimension to sweet foods like pastries and cakes.

Now that summer is practically here, you'll want to keep Lemon Vitality on hand to give your food the bright, zesty flavor it deserves!

Check out our ideas to do more with Lemon Vitality:

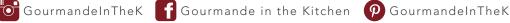
- Create custom vinaigrettes or marinades to add a citrus zing to grilled veggies and meats.
- Add a drop or two to plain or vanilla yogurt; then top with fresh berries for a breakfast with a kick!
- Give your drinking water a burst of citrus flavor by adding a few drops of Lemon Vitality.
- Add a twist of extra citrus goodness to your daily NingXia Red® shot with a surge of Lemon Vitality flavor.





Sylvie Shirazi is the recipe developer, food photographer, and real food lover behind GourmandeInTheKitchen.com. There you'll find a collection of recipes that celebrate your inner gourmand with fresh, seasonal ingredients that are free from gluten, refined sugar, and processed ingredients. The recipes on Gourmande in the Kitchen are fast and fresh with a focus on quality ingredients and minimal preparation that let the natural flavors of the food shine because you don't need a lot of time or a long list of ingredients to make good-for-you, satisfying, and delicious food if you start with the best ingredients possible.







### CITRUS FRESH GREEK FROZEN YOGURT

with Blackberrry Bergamot Coulis



INGREDIENTS

orange blossom)

For the Blackberry Bergamot Coulis: 6 oz. fresh or thawed and drained frozen blackberries

2 tablespoons orange or tangerine juice 2 tablespoons raw honey (preferably

1 drop Bergamot Vitality essential oil

For the Citrus Fresh Greek Frozen Yogurt: 2 cups/16 oz. thick full-fat Greek yogurt

2 tablespoons fresh lemon juice

2 tablespoons fresh orange or tangerine

6 tablespoons raw honey (preferably orange blossom)

6 drops Citrus Fresh Vitality essential oil

Fresh blackberries for serving

#### INSTRUCTIONS

#### Make the Blackberry Bergamot Coulis

- Place the blackberries, orange or tangerine juice, and honey in the jar of a small blender or mini food processor; puree until smooth.
- Pass through a fine-mesh colander, pushing the sauce through with a spatula and discarding the remaining seeds.
- Stir in Bergamot oil and refrigerate until needed. Make the Citrus Fresh Greek Frozen Yogurt
- In a large bowl, whisk together all the ingredients (except for fresh blackberries) until smooth.
- Transfer to the bowl of an ice cream maker and freeze according to manufacturer's directions.
- Transfer to a container and freeze for at least 30 minutes before serving. If longer than 30 minutes, let stand at room temperature until slightly softened before scooping.
- Serve topped with chilled Blackberry Bergamot Coulis and fresh blackberries. (Or alternatively, you can swirl the coulis into the frozen yogurt before placing in the freezer for a marbled effect.)



From its modest beginnings in the early 2000s, the Austria office now leads the way in the European region as No. 1 in sales and number of

Serving the small country of 8.7 million people and nestled next to the beautiful Alps, the Young Living Austria office has proven time and again that it takes not quantity but quality dedication and determination to start something great!

This office's story began in 2002 when Dr. Gabriele Prakama Hauser, now a Crown Diamond, started with nothing but a love for essential oils and the desire to share them with her closest friends. She attended a Young Living convention, became fascinated by Gary Young's vision, and asked what she needed to do for the company to come to Austria. Gary told her that if she had a team of 500, he would make it happen.

Among the very first members to join Young Living in Austria was Gold leader Maria Schasteen, who came on board to share her love of the company, helping it thrive in the country. The Austria office also welcomed some of Europe's very first Young Living Royal Crown Diamonds, including Ulrike Churfürst and Vijay Churfürst Hanzal.

"The love for the essential oils and Young Living brought us to where we are today, thanks to our pioneering spirit and enthusiasm, and we are still just at the very beginning," Ulrike Churfürst and Vijay Churfürst Hanzal wrote. "Never would we have dreamed to have such a fulfilled, rich, and incredibly rewarding life."

Crown Diamond Dietfried Wruss offers this explanation for why he joined Young Living: "In times of great economic change, Young Living offers not only possibilities for supporting a healthy and balanced life but also a way to make a good living as an independent business entrepreneur with its great business opportunity."

Reach out to the office by emailing deutsch@youngliving.com.

# SEED TO SEAL SPOTLIGHT

An Inside Look at the Seed to Seal Process

You know the five steps of our proprietary Seed to Seal® process seed, cultivate, distill, test, and seal—but our latest Seed to Seal process videos show there's even more to explore! These new videos take you on an in-depth journey, so you can see the entire process from picking the seeds to packing your order.

This inside look starts at the Young Living Lavender Farm in Mona, Utah, where Chief Operating Officer Jared Turner explains what goes into finding the perfect seeds and cultivating the best botanicals. You'll get a glimpse of some of our beautiful farms around the world, including our Háloa Áina  $^{\text{TM}}$  Royal Hawaiian Sandalwood partner farm in Hawaii and the Young Living Northern Lights Farm in British Columbia.

Curious about the science behind our testing? Vice President of Research and Development and Product Management Dr. Michael Buch walks us through the steps involved in verifying the purity of our oils. He breaks down some of the most common tests we use to determine if a product meets our Seed to Seal standard and explains how this rigorous approach allows us to maintain purity within our own farms and partner farms.

After cultivation and distillation, Young Living's oils are air freighted to our Spanish Fork, Utah, warehouse. Chief Information Officer and Senior Vice President of Operations Walter Noot shows us the care that goes into testing, packing, and shipping these precious oils, so you always receive top-of-the-line products.

These videos offer just a glimpse into what it takes to maintain quality in every drop; this behind-the-scenes look will show you Seed to Seal like you've never seen it before. Check out the videos by visiting bit.ly/YLVideos!