

THE ESSENTIAL EDGE

NEWS OF THE WORLD LEADER IN ESSENTIAL OILS



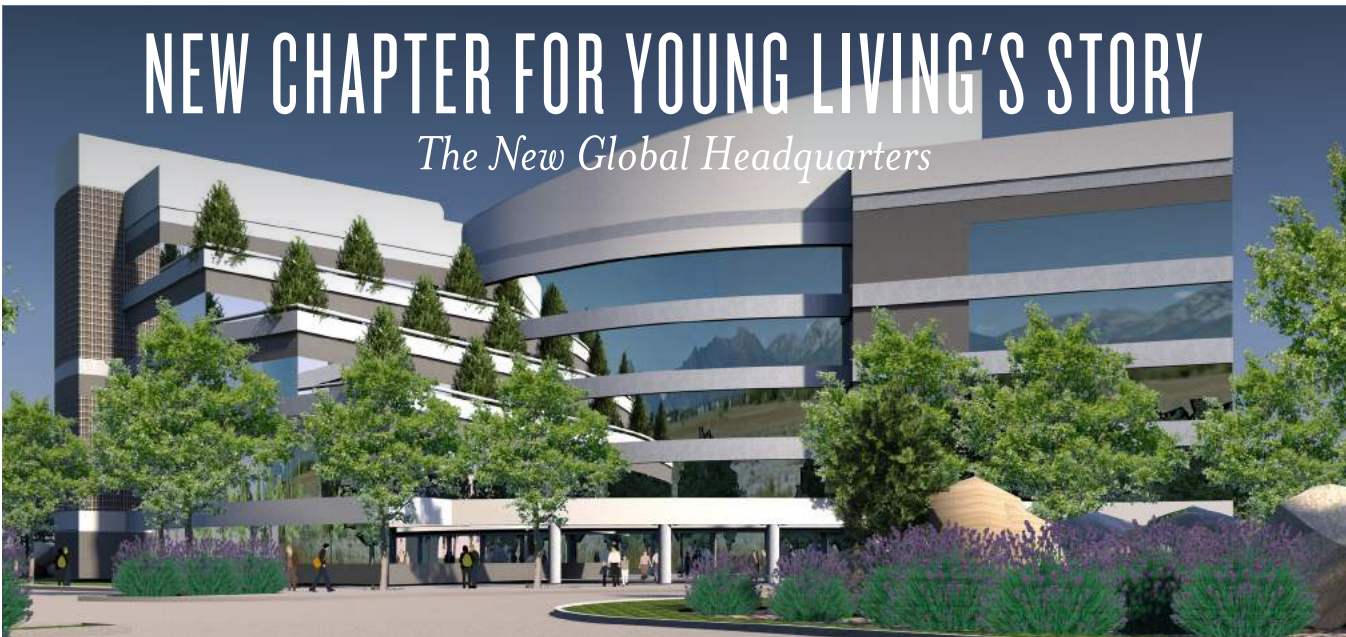
FOUNDER'S MESSAGE

What a historic 2016 International Grand Convention we had in Salt Lake City last month! The convention has always been one of my favorite times of the year. We have the opportunity to rekindle friendships, experience the best of Young Living, and learn from personal development and business leaders. Now that the convention is over, all of you have an opportunity and challenge: to Live Your Passion and share your Young Living story.

Learning and, most importantly, applying what you learned can help your personal growth and provide you with the motivation to lift others. If you want to ambitiously chase your dreams, your personal growth is key. Find your passions and enrich yourself through education and experiences. Once you've put in the work to become a leader, you'll be well equipped to start leading others.

Learning and, most importantly, applying what you learned can help your personal growth and provide you with the motivation to lift others.

The Young Living lifestyle gives those willing to work and learn the opportunity and support they need to achieve their highest potential and to live their dreams. When someone embraces the Young Living experience, which begins with our unique and innovative products, they have the opportunity to enjoy the remarkable benefits of wellness and financial independence. When you take what you learn and apply simple, action-focused steps to achieving your goals, you'll find many successes. You will love the journey—where you are, where you are going, and the unending vastness of the knowledge you will acquire. We look forward to seeing you next June at the 2017 Grand Convention in Salt Lake City.



A Mock-Up of the New Young Living Global Headquarters.

More than 23,000 Young Living members from around the world joined together for the 2016 International Grand Convention held in Salt Lake City, Utah—the largest Young Living corporate event in history. Educating, networking, celebrating, trying new products, and announcing the latest and greatest were all part of the four-day agenda. Several years ago, Gary put the design for his vision of our new headquarters on paper and patiently waited for the right time to come; and this year, with great excitement, the announcement was made during the convention. Taking Gary's design, architect Kevin Scholz created a Global Headquarters that embraces nature and tells the story of Young Living in a magnificent and sophisticated way that is timeless with unmatched beauty. The new building will sit on more than 28 acres that provide a commanding presence from Interstate 15 in Lehi, Utah, the main traffic corridor through the state. It will include two sets of landscaped terraces that will become home for balsam fir, black spruce, blue spruce, and other essential oil-bearing conifers brought from our tree farms in Highland Flats, Idaho, and Fort Nelson, BC, Canada. The facility will be surrounded by gardens that will

allow visitors to see, feel, and smell Young Living botanicals. As you approach the building, you will be inspired as you look into its heart at the atrium and walkways, which will include a multistory water feature cascading into reflecting pools and streams. This 250,000-square-foot, five-story building will be a testament to the success and continued growth of Young Living. It will provide more than 1,200 workstations, underground parking, a cafeteria, collaborative meeting spaces, and walkways with views of the microclimate atrium. This innovative design that incorporates nature will surely attract the best talent available to the Global Headquarters team and enable members to experience Young Living in an exciting way. As the world leader in essential oils, our commitment to our members is always first. This new chapter for Young Living will embrace so many around the globe with our Seed to Seal® promise in a new, exciting, and innovative way.

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FROM OIL TO HOME

Our Seed to Seal Promise Continues at the Warehouse



Our Spanish Fork, Utah, Warehouse Pick Line.

Everybody's curious about what it takes for their favorite Young Living single oils and blends to arrive at their door. Learning about the process of getting an oil from the distillery to your home will give you a greater understanding of the journey each product takes. After the distillation of a botanical at one of our farms or partner farms, the essential oils are sent to our

manufacturing warehouse in Spanish Fork, Utah, which allows us to control the quality of our oils after they are produced. Each essential oil is quarantined while it waits to be tested in our quality assurance labs. Our quarantine is locked and guarded around the clock to ensure that nothing will be compromised in any way. Our scientists make sure through an extensive process of testing that each batch of oil is entirely plant-based, matches what is on the label, and includes the correct required constituents. Failing even one of these steps results in that oil being rejected. The experienced analytical chemists at Young Living are amazing, and their experience combined adds up to over 185 years of testing on state-of-the-art equipment, adding to the assurance that we are the world leader in essential oils. After passing each test, the oil is taken to batching and filling. Single oils, like Lavender, are put directly into the bottles and are never diluted or adulterated with other substances.

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YOUNG LIVING

RECOGNITION

MAY 2016

ROYAL CROWN DIAMONDS



- Vijay & Ulrike Churfuerst Hanzal (AUT)
Kathy Farmer (USA)
Alyssa & Troy Francis (USA)
Frances Fuller (SGP)
Carol Yeh-Garner & Scott Garner (USA)
Adam & Vanessa Green (CAN)
Lindsey & Evan Gremont (USA)
Marcella Vonn Harting & Jim Harting (USA)
Jeanmarie Hepworth (USA)
Max & Karen Hopkins (USA)
Gregg & Carol Johnson (USA)
Jen & Adaryl Jordan (USA)
Joanne Kan & Eric Yang (HK)
Gretchen King-Ann (HK)
- Mark & Melissa Koehler (USA)
Connie Marie Mcdanel (USA)
Jeremiah & Monique Mclean (USA)
Lindsay Teague & Michael Moreno (USA)
Vicki Opfer (USA)
April & Jay Pointer (USA)
Debra Raybern (USA)
Chérie Ross (USA)
Brenda & Scott Schuler (USA)
Teri Secrest (USA)
Christa & Jason Smith (USA)
Vivian Ting Wan (HK)
Madison & Tyler Vining (USA)
Jill & James Young (USA)



Fiona Lui (HK)

CROWN DIAMONDS

- Hailey & Jeremy Aliff (USA)
Artemis (AUS)
Nicole Barczak (USA)
Terry & Ladonna Beals (USA)
Crystal & Verick Burchfield (USA)
Courtney & John Critz (USA)
Sha-Faun Enterprises, Shauna Dastrup (USA)
Kristy & Jake Dempsey (USA)
Rainbow Forever Trust (USA)
Danette & Jim Goodyear (USA)
Patricia Gwee (SGP)
Mary Hardy (USA)
Prakama & Markus Hauser (AUT)
Carol & Ben Howden (CAN)
- Darren & Sera Johnson (USA)
Chip & Kathy Kouwe (USA)
Zach & Kari Lewis (USA)
Fiona Lui (HK)
Diane Mora (USA)
Anita Ochsenhofer (AUT)
Nathan & Jessica Petty (USA)
Melissa Poepping (USA)
Doug & Jordan Schrandt (USA)
Callie & Jeremy Shepherd (USA)
Nanette & Ward Symes (USA)
Sharnael Wolverton (USA)
Kelli & Les Wright (USA)
Dietfried Wruss (AUT)
Myra & Ernie Yarbrough (USA)

DIAMONDS



Wan Jiey & Tuan Alimin (MLY)



Annie Chan (HKG)

- Franciela & Juan Arévalo (MX)
Wan Jiey & Tuan Alimin (MLY)
Laurie Azzarella (USA)
Karla Berger (USA)
Fee Boey (MLY)
Yonie Bonawi (SGP)
Marlo Bontempo (USA)
Dustin & Alana Bookhout (USA)
Kyler & Sandi Boudreau (USA)
Nat & Lauren Bretz (USA)
Heather & John Brock (USA)
Kimberly R. Bromelkamp (USA)
Marystarr & Jay Carter (USA)
Chelle Carter (USA)
Annie Chan (HKG)
Winnie Chan (HK)
Darreck Chen Yoon Yung (MLY)
Paul & Tina Ciesla (USA)
Christi Collins (USA)
Bryan & Summer Davis (USA)
Anni & Dave Dayan (USA)
Judy De La Rosa (USA)
Sabina M. Devita (CAN)
Gordon & Corie Devries (USA)
Kirk & Britta Dimler (USA)
- Amie Dockery (USA)
Heather & Wade Doll (CAN)
Claudia Dosamantes (USA)
Karen J. Douglas (USA)
Denise Dunleavy (USA)
Denise Easthon (USA)
Pam & Gary Edwards (CAN)
Debbie & Daniel Erickson (USA)
Rhonda & Frank Favano (USA)
Julia Kay Ferguson (USA)
Jamie & Chelsea Flaman (CAN)
Katie & Kevin Ganger (USA)
Lori Gasca (USA)
Jessica & Rit Gianelloni (USA)
David & Teresa Gingles (USA)
Carla & Bill Green (CAN)
Gailann Greene (USA)
Hitomi Harada (JPN)
Zach & Katie Harris (USA)
Dallas Harting (USA)
Reuben & Stacie Hartzler (USA)
Jilene & Duane Hay (CAN)
Andrea M. Hayes (USA)
The Collected, Tan Kai Hiang (SGP)
Greg Hitter (USA)

- Candace & Jimmie Don Hoke (USA)
Carol & Delaine Holden (USA)
Rachel & Ryan Holland (USA)
Jonathan & Laura Hopkins (USA)
Crystal & Larry Hoskins (USA)
Jennifer Howard (USA)
Shannon & Jd Hudgens (USA)
Brian & Shannon Hudson (USA)
Reagan & Danny Jewitt (CAN)
Dan Keskey (USA)
Erika & Tim Kilcher (USA)
Nancy Knittle (USA)
Andrea Lahman (USA)
Sherry Lamarche (USA)
William & Joan Lansing (USA)
Claire Lee (HK)
Sarah Lee (USA)
Janie Leek (USA)
Zach & Kari Lewis (USA)
Jeffrey Lewis (USA)
Jennifer Lim (MLY)
Yvonne Litza (USA)
Fiona Lui (HK)
Stacie & Todd Malkus (USA)
My Joanna Malone (USA)
- Kristi Mangan (USA)
Skyla & Brian Mann (USA)
James & Stacy Mcdonald (USA)
Brian & Jodi Mckenna (USA)
Ryan & Ashley Mckenney (USA)
Tyson & Wendy Mercure (USA)
Mark & Angela Meredith (USA)
Jodie Meschuk (USA)
Stephanie Moram & Jp Paradis (CAN)
David & Star Moree (USA)
James Niederland (USA)
Shelby & Steven Nowak (USA)
Aditya Nowotny (DEU)
Niccole Perez (USA)
Heather & Christian Portwood (USA)
Anna-Maya Powell (USA)
Ryan & Kim Prather (USA)
Evangeline & Thomas Reed (USA)
Kim Rinaldi-Robey (USA)
Robert Rinato (USA)
Erin & Bronce Rodgers (USA)
Vanessa Romero & Tom Nikkola (USA)
Heidi Ross (CAN)
Catherine Rott (USA)
Melissa & Clay Sanches (USA)

- Nancy Sanderson (USA)
Courtney Scruggs (USA)
Alan & Linda Simpson (AUS)
Michelle & John Skoczek (USA)
David & Lee Stewart (USA)
Sonya Swan (USA)
Jeremy & Hannah Tallo (USA)
Jihan Thomas (USA)
Amanda & Gabe Uribe (USA)
Karen Vavrick (USA)
Derek & Janell Vonigas (USA)
Becky & Jonathan Webb (USA)
Justin & Sara Wallace (USA)
Tammy & Eric Walton (USA)
Mary C. Ward-Farnham (USA)
Becky & Jonathan Webb (USA)
Dick & Nancy Weber (USA)
Matt & Darlene Weir (USA)
Josh & Paige Williams (USA)
Chris & Connie Wolverton (USA)
Korbut Wong (HK)
John Wongcw (SGP)
Sum Sum Yip (HK)
Chelsea Marie Young (USA)
Fred Zerr & Judy Klassen Zerr (USA)



We’ve designed Elite Express to take the success of Silver in 6 and expand it to reward even more members. Elite Express spans from Executive all the way to Platinum and offers big rewards every step of the way. Elite Express is a 20-month program and is available for members across the globe in four tracks, lasting from 3 to 6 months each: Executive in 3 (Ei3), Silver in 6 (Si6), Gold in 5 (Gi5), and Platinum in 4 (Pi4), with a bonus Elite 20 (E20) track for those who successfully complete all tracks within 20 months or less.



- Chi Shuen Chow (HK)
Norhidawati Abdul Aziz (MLY)



- Andrea Rosenbohm (USA)
Luen Chan (HK)
Kristen Adaline (USA)
Farhana Razak (SGP)



- Gan Shein Hua (MLY)
Tina Jenkins (USA)
Tan Siew Choo (MLY)
Siu Fong To (HK)
Chiew Guat Tan (MLY)
Carol Wu (HK)
Hon Kit Ming (HK)
Dina Gherghel (USA)
Mariati Abdullah (MLY)
Wai Ching Lo (HK)
Nik Masfatiha Elany Rahman (MLY)
Diana Poon (HK)
Evelyn Lo Nyet Ming (MLY)
Ah Nooi Yeoh (MLY)
Gary Ng Ka Wai (HK)
Ka Wai Wong (HK)
Ji Wang Lee (MLY)
Upi Lestari (SGP)
Ing Tin Tiong (MLY)
Nabilah Taif (SGP)
My Scents Newcastle Ltd. (SGP)
Melanie Marachl (AUT)
Cheah Lee Boon (MLY)
Synergy Project (USA)



- Leah Robbins (USA)
Lisa Giannino (USA)
Courtnei Craft (USA)
Michelle Lewis (USA)
Katie Wagner (CAN)
Elizabeth Macwilliams (USA)
Adrianne Haia (USA)
Dina Gherghel (USA)
Jeannine Scamardo (USA)
Beeling Luy (MLY)
Sarah Robinson (CAN)
Zoe Ming Lam Li (HK)
Kristen Marrion (USA)
Angela Eischens (USA)
Rebecca Tan (MLY)
Katrina Mann (USA)
Sara Bebeau (USA)
Phyllis Lo Set Fui (MLY)
Manda Leung Ka Yee (HK)
Erica Ripp (USA)
Sing Row Lim (MLY)
Allison Walsh (USA)
Rosa Laura Balli (MX)
Lesley Sillito (CAN)
Hon Kit Ming (HK)
Sylvia Jung-Eisele (DE)
Carmen Lett (USA)
Muhaimi Tan Sulaiman (MLY)
Cheung Pui Yan (HK)
Helene Arya (USA)
Danielle Burkleo (USA)
Diane Whelan (USA)
Jesús Alvaro Moreno (ESP)
Cheung Pui Lee (HK)
Tanya Muedeking (USA)
Chelsy Velasco (USA)
Cassandra Krajnik (USA)
Devi Permata Sary (SGP)
Linda Jones (USA)
Shannon Jauregui (USA)
Gek Imm Tay (MLY)
Tan Pic Yin (MLY)
Anca Ionela Popolan (ROU)
Sofiah Hussen Alhamid (SGP)
Shuk Man Cheng (HK)
Ji Wang Lee (MLY)
Ivy Chan Lai Kuen (HK)
Jenny Hahm (USA)
Jennifer Hafner (USA)
Stella Martini Arwadhi (SGP)
- Siew Mei Chong (MLY)
Nik Masfatiha Elany Rahman (MLY)
Aubrea Gilbert (USA)
Diana Poon (HK)
Jeannette Stallings (USA)
Jeannie Ling Chi Ying (HK)
Georgeta Adriana (ROU)
Tan Lai Seng (SGP)
Lori Guerra (USA)
Jennifer Kohlmeir (USA)
Sani Effendy (SGP)
Wai Mei Hui (HK)
Justine Noren (USA)
Wong Yueh Kwang (HK)
Emily See Yuen Fan (HK)
Vanesa Ayala Briceño (MX)
Hwei Chai (AUS)
Caralee Newman (USA)
Peter & Kristen Curtis (USA)
Perla Godinez Rodriguez (MX)
Pei Ling Jee (MLY)
Jamie Romero (USA)
Crystal Holloway (USA)
Mei Tai Ng (MLY)
Ladd Malone (USA)
Chao Chung Yeh (TWN)
Wing Yee Cheng (HK)
Julie Fairchild (USA)
Jennie Fairchild (USA)
Erin Dicarolis (USA)
Jenna Wood (USA)
Oi Yi Chu (HK)
Juni Oetomo (SGP)
Ahmad Shah Hussein Tambakau (MLY)
Adam Shah Tambakau (SGP)
Jessie Ngo Li Hsia (MLY)
Suk Yau Ma (HK)
Audrey Matos (USA)
Christy Silkey (USA)
Gek Imm Tay (MLY)
Tan Pic Yin (MLY)
Anca Ionela Popolan (ROU)
Sofiah Hussen Alhamid (SGP)
Shuk Man Cheng (HK)
Ji Wang Lee (MLY)
Ivy Chan Lai Kuen (HK)
Jenny Hahm (USA)
Jennifer Hafner (USA)
Stella Martini Arwadhi (SGP)
- Endang Anggit (SGP)
Wei Kiat Hu (MLY)
Poi Gek Tham (MLY)
Tracy Tan (MLY)
Yun Yi Loh (MLY)
Wong Chai Ching (MLY)
Siska Irviana Silvy Sanjaya (SGP)
Suzanne Hamil (CAN)
Clara Tsui Cheuk Yan (HK)
Maisarah Akhir (MLY)
Wing Sze Cheng (HK)
Nga Wing Cheng (HK)
Siaw Jin Thien (MLY)
Tara Ludwig (CAN)
Po Yuk Tsang (HK)
Daniel Chow Kwok Wai (HK)
Lai Kwan Lam (HK)
Kah Ling Ho (MLY)
Mak Hoi Pui (HK)
Poh Choo Tan (MLY)
Leong Siew Hoe (MLY)
Sharin Syuhadah (MLY)
Meity Raniawaty (SGP)
Yuk Lai Choy (HK)
Gar Han Ng (MLY)
Oh Chu How (SGP)
Puay Hoon Chua (SGP)
Cherry Wong Mei Ting (HK)
Jessika Gunawan (SGP)
Ong Yan Ling (MLY)
Hui Nah Loh (MLY)
Melanie Marachi (AUT)
Mun Ling Chae (MLY)
Gee Anne Choo (MLY)
Lo Lai San (MLY)
Tan Cheng Woen (MLY)
Chai Wee Chin (MLY)
Eng Kai Lee (MLY)
Jen Ni Liew (MLY)
Cheah Lee Sun (MLY)
Ngar Wing Yu (HK)
Wing Yan Ng (HK)
Jane Li Yun (HK)
Chi Yin Poh (Mly)
Synergy Project (Usa)
Echo Wang (HK)
Eva Tang (HK)

RECOGNITION RETREAT QUALIFIERS



Our recognition retreats immerse our members in an unforgettable Young Living adventure. Members who consistently strive and achieve Silver, Gold, Platinum, or Diamond—for at least 3 consecutive months—are rewarded with a trip to one of our flagship farms, where they experience the Seed to Seal process firsthand in addition to dynamic leadership development.

SILVER RETREAT

Please visit bit.ly/YLSilvers for Silver Retreat qualifiers.

PLATINUM RETREAT

Please visit bit.ly/YLPlatinums for Platinum Retreat qualifiers.

GOLD RETREAT

Please visit bit.ly/YLGolds for Gold Retreat qualifiers.

DIAMOND RETREAT

Please visit bit.ly/YLDiamonds for Diamond Retreat qualifiers.

You can get full details and information about each retreat by visiting bit.ly/YLRecRetreats.

Oil of the MONTH

Our newest blend, Live Your Passion™, was formulated for the 2016 International Grand Convention by D. Gary Young. Using essential oils such as Royal Hawaiian Sandalwood™, Orange, Nutmeg, Lime, Idaho Blue Spruce, Northern Lights Black Spruce, Ylang Ylang, Frankincense, and Peppermint, it is designed to help you pursue life with greater purpose and attention to the endeavors that matter most.

Diffuse or apply this citrusy, sweet, and woody-scented oil whenever you need to re-center your focus.



How can you use Live Your Passion in your life?

- Wear it as a personal scent to inspire passion, create desire, or promote inner confidence.
- Dilute with a carrier oil like V-6™ Vegetable Oil Complex and massage onto your shoulders and neck to help you unwind.
- Set your intentions during yoga or meditation by diffusing this unique blend.

Gourmande in the kitchen



Sylvie Shirazi is the recipe developer, food photographer, and real food lover behind *GourmandeInTheKitchen.com*. There you'll find a collection of recipes that celebrate your inner gourmand with fresh, seasonal ingredients that are free from gluten, refined sugar, and processed ingredients. The recipes on Gourmande in the Kitchen are fast and fresh with a focus on quality ingredients and minimal preparation that let the natural flavors of the food shine because you don't need a lot of time or a long list of ingredients to make good-for-you, satisfying, and delicious food if you start with the best ingredients possible.

GourmandeInTheK Gourmande in the Kitchen GourmandeInTheK

GRILLED ZUCCHINI with Rosemary Orange Salt



INGREDIENTS

For the Rosemary Orange Salt:

- 1 teaspoon sea salt
- 1 tablespoon fresh rosemary leaves
- 1-2 inch strip of orange peel, cut into thin matchsticks
- 2 drops Rosemary Vitality essential oil
- 4 drops Orange Vitality essential oil

For the Dressing:

- 1 tablespoon fresh squeezed orange juice
- 1 teaspoon extra virgin olive oil
- ½ teaspoon raw honey
- Pinch of freshly ground black pepper

For the Zucchini:

- 6 medium zucchini, halved lengthwise and again into quarters
- 2 teaspoons extra virgin olive oil
- ¼ cup pitted Kalamata olives, chopped

INSTRUCTIONS

Make the Rosemary Orange Salt

Combine the salt, rosemary leaves, and orange peel and grind with a mortar and pestle. Work the zest and rosemary into the salt until well combined and add the Rosemary and Orange Vitality essential oils. Set aside.

Make the Dressing

Combine the orange juice, olive oil, honey, and pepper in a small bowl and whisk until combined. Set aside.

Make the Zucchini

Preheat grill to a medium heat. Toss cut zucchini with olive oil. Place zucchini on grill and cook until charred on both sides and tender (about 2 to 3 minutes each side). Transfer zucchini to platter and toss with reserved dressing. Sprinkle with chopped olives and a few generous pinches of the rosemary orange salt.

Serve warm or at room temperature.



Germany's 5 favorite essential oils and blends: Lemon, Lavender®, Peppermint, Thieves®, and Purification®.

Young Living officially opened in Nuremburg, Germany, on May 11, 2013, with more than a thousand participants in attendance. As in many other burgeoning markets, Young Living's presence in Germany started much earlier than the official launch. Thanks to the efforts of a handful of pioneers with a love for essential oils, the wish to share Gary Young's vision, and the commitment to be part of something great, Young Living's global presence continues to grow.

Today, Germany is one of the strongest markets in Europe, led by individuals who are dedicated to bringing Young Living essential oils into every home in the world.

One of these leaders is Aditya Nowotny, a Diamond leader in Hamburg, who joined us in 2009 and leads his team with patience, kindness, and expert knowledge of our products. Germany is also proud to be home to 7 Gold and 27 Silver leaders.

Guided by the efforts of the team in the European headquarters in London, members in Germany would like to thank the Young Living Sales Education team for their continued support. Growth in Germany is also on the rise, thanks to the efforts of European Education Manager Katharina Gehling, as well as Senior Sales Manager for Germany, Austria, and Switzerland Tanja Boness.

Currently, Germany is the second largest market in Europe, and our members are proud to discover the potential that Young Living has in their country.



DROP OF INSPIRATION A Young Living Podcast

YoungLiving.com/Podcast