

# THE ESSENTIAL EDGE



NEWS OF THE WORLD LEADER IN ESSENTIAL OILS



## FOUNDER'S MESSAGE

Young Living is creating a wave of momentum that is bigger than ever before. Each day as we strive toward our vision of bringing essential oils into every home in the world, we grow and impact lives in remarkable ways. We are growing in ways once believed to be impossible for a company with over 20 years of history. However, we don't believe in the word impossible because we are leaders, we are innovators, and we are passionate about Young Living.

One of my greatest passions is the Seed to Seal® promise that Young Living guarantees each of its members. The farms are our very foundation, and each harvest reinforces our commitment to that promise. I will always be researching and experimenting to develop new ways to grow, harvest, and distill to ensure we are providing the highest quality essential oils to each of you and your families.

Just this last month, we celebrated the Lavender Harvest in Mona and the Melissa Harvest in St. Maries. Members came and played a vital role in harvesting these special botanicals, reconnected with nature, and discovered a new appreciation for our commitment to quality and authenticity. You won't find Seed to Seal in any other company—it's what makes us the world leader in essential oils!

Our products are life changing, our opportunity is real, and we are having a dramatic effect on people wherever we go in the world by living and sharing our passions.

Living your passion takes a lot of determination and unwavering commitment. I learned this very quickly as I embarked on my essential oil journey over 30 years ago. I had a burning desire within me to grow crops and learn to distill, which kept me returning year after year to Europe and eventually led me to purchase my first farm and begin farming.

Living our passion requires desire and action, which may take us out of our comfort zone but allows us to have new experiences that help us grow and develop our talents. When we realize our dreams and reach toward our highest potential, we become part of the whole working together to spread the mission of Young Living and to impact millions of lives in a happy, positive way.



## PUTTING MEMBERS FIRST

*Young Living's Newly Expanded Warehouse*

*Young Living CEO Mary Young addressed the crowd during the ribbon-cutting event for our expanded warehouse.*

You've probably noticed that Young Living is growing at a tremendous, record-breaking pace. We are thrilled that all of you continue to share the Young Living lifestyle and are joining us in a united vision of bringing essential oils to every home in the world.

This success has created so much growth that we started a brand-new expansion project last year. On July 14 we welcomed community members, including the Spanish Fork Mayor's office and City Council, for a ribbon-cutting ceremony to celebrate our newly expanded warehouse in Spanish Fork, Utah.

As Young Living executives hosted a tour through the warehouse, attendees got an inside look into the operations of Young Living and how the expansion will directly affect the efficiency of our manufacturing and fulfillment processes—an extension of our Seed to Seal® promise.

Young Living's Chief Information Officer and Senior Vice President of Operations Walter Noot said: "This expansion allows us to have 10,000 pallet locations. It

triples the size of our manufacturing facility, triples our QA lab, and allows us to grow our fulfillment areas with 10 new bay doors to receive product."

The facility features a u-shape flow—raw essential oils coming in through the receiving docks, and the final products leaving through our shipping docks. This increased space has moved our first receiving steps and provides even more space for storage of product. We've expanded our manufacturing, warehousing, and fulfillment to new levels.

"As Young Living continues the record-breaking momentum in the essential oil movement, we are committed to providing the best resources and experiences for each of our members," said Jared Turner, chief operating officer. "This expansion accommodates our current needs and makes sure we're ready for future growth."

Our Seed to Seal promise is providing your families with our best product possible, and our larger warehouse will help us keep our commitment.

## BACKED BY SCIENCE

### *Take a Closer Look at Our Over-the-Counter Products*



*Cool Azul® Pain Relief Cream and Thieves® Cough Drops were announced at the 2016 International Grand Convention.*

We're always looking for new ways to enhance lives with powerful products that come straight from nature. After all, our vision is to bring Young Living essential oils to every home in the world. That's why we're dedicated to diversifying and widening our product line, so even more individuals and families can find the products that best benefit them.

Our passion to grow and expand makes our annual International Grand Convention an especially exciting time, as we release new products inspired by the feedback

we get from members and customers. This year was an especially thrilling experience, since we announced our first-ever over-the-counter (OTC) products, formulated with powerful active ingredients to give you natural results—no prescription needed!

The new line, which currently includes Cool Azul® Pain Relief Cream and Thieves® Cough Drops, is Young Living's first step into the world of OTC medicine formulated with natural ingredients. Because these new products meet strict FDA regulations, they give Young Living and our members the ability to share specific yet significant claims about Cool Azul Pain Relief Cream and Thieves Cough Drops. It's one more way Young Living strives to bring the world natural wellness solutions that are backed by science.

So what sets OTC products apart? It starts with FDA regulations. The FDA has written OTC monographs, which are detailed documents that list the specific conditions required for a product to become an OTC medicine. A product is essentially preapproved as a certain OTC medicine when it adheres to its monograph.

*Continued on page 2*



# SPIRIT OF THE FOUNDATION

*The D. Gary Young, Young Living Foundation Recognized Members*



*During the awards night at the 2016 International Grand Convention, members were recognized by the Foundation for their selflessness and service.*

We're thrilled about the \$1 million raised for The D. Gary Young, Young Living Foundation during the convention, every penny of which will go directly to the Foundation, including its newly announced partnership with Hope for Justice. This generosity from our Young Living members means the projects of the Foundation can impact even more individuals across the globe.

So many individuals within Young Living champion the mission and vision of the Foundation, and during the convention's Awards Night, three members were recognized for their selfless work. To help present the Spirit of the Foundation awards, the 2015 inaugural winner, Jessica Gianelloni, and the 2015 honorable mentions, Sue Heath and Danette Goodyear, helped announce and congratulate the winners for 2016.

Each of last year's winners continue to make incredible impacts. Jessica has been organizing mission trips to Uganda for the past five years to serve those in need; Sue is a Certified Registered Nurse Anesthetist, who has been giving selflessly for the last eight years through her travel and service in Kenya; and Danette embodies a loving and giving spirit by impacting her local community through volunteering her time and talents at various service organizations. These three accomplished members welcomed the 2016 winners into their prestigious circle.

For more than 30 years, Linny and Dwight Saunders have dedicated themselves to giving a voice to the voiceless. During the awards night, they received the Spirit of the Foundation award. They founded the International Voice of the Orphan, a nonprofit organization that feeds and provides ongoing medical care to 16,000 orphans and vulnerable children in four

countries. By instilling values of love and service within their own children, Linny and Dwight are inspiring the next generation and beyond.

Crystal and Verick Burchfield are modern-day abolitionists and received the Spirit of the Foundation, Honorable Mention award. They work tirelessly to raise awareness of human trafficking and were instrumental in connecting the Foundation with anti-trafficking partner Hope for Justice. In raising their voice against this devastating human rights issue, they have inspired hundreds of people to get involved and have raised funds to put an end to modern-day slavery. To them, it's about providing freedom and hope to the least, last, and lost across the world.

Yonie Bonawi also received the Spirit of Foundation, Honorable Mention award and is passionate about serving special needs children and their families around Malaysia, Singapore, and Indonesia by providing free therapy for these children and their families. Yonie's belief is that no child should be neglected. To her, every child should be given opportunities regardless of their situation. She gives of her time, talents, means, and heart to them on a daily basis.

All of these members are impacting individuals across the globe, and we are excited to celebrate their selflessness.

We believe in the work of the Foundation so much that Young Living covers all of the administration costs, so your donations go directly to helping and empowering individuals.

Exciting things are happening with the Foundation, which makes each of your donations so important. If you're feeling inspired to get involved, visit [YoungLivingFoundation.org](http://YoungLivingFoundation.org) to make your impact today.

salicylate is a naturally occurring compound in Wintergreen, while the menthol comes from Peppermint. This way Young Living meets FDA requirements through plant-based ingredients, and Young Living and our members can make specific claims that otherwise couldn't be made.

Thanks to our skilled Research and Development team, we're able to pair our knowledge of plant-based, naturally derived products with the FDA's regulations for safe and effective medicine. This exciting chapter reasserts Young Living's commitment to research-based products—and from here we're poised to reach new heights!

*Continued from page 1*

## BACKED BY SCIENCE

While the monographs outline the necessary active ingredients, amounts of active ingredients, and format, companies still determine a number of variables, allowing them to create proprietary medicines. That's what enables Young Living to produce OTC medicines with powerful claims, while using natural active ingredients and adhering to the Young Living standard.

For example, while other companies or brands might use synthetic active ingredients, our current OTC products source active ingredients from pure essential oils. Take a look at Cool Azul Pain Relief Cream: The required methyl

## ESSENTIAL OILS BY TRIMESTER

*Find This Guide on [YoungLiving.com/Blog](http://YoungLiving.com/Blog)*



YOUNG LIVING  
ESSENTIAL OILS

## MEET OUR NEWEST ADDITIONS!

OVER 15 NEW PRODUCTS FOR YOUR HOME AND FAMILY.



*Visit [bit.ly/YLNewProducts](http://bit.ly/YLNewProducts) to See the New Products.*

## UPCOMING EVENTS

*Join Us for Incredible Experiences!*

- August 2–6: Gold Retreat, St. Maries Farm
- August 8: Accelerate, Raleigh, North Carolina
- August 9: Ignite, Columbia, South Carolina
- August 15: Ignite, St. Louis, Missouri
- August 15–19: Beauty School Cruise, Mexico
- August 16: Accelerate, Kansas City, Missouri
- September 8: Ignite, Sioux Falls, South Dakota
- September 10: Empower: YL Fit, Seattle, Washington
- September 12: Accelerate, Cleveland, Ohio
- September 29–October 2: Silver Retreat, Mona Lavender Farm
- September 29–October 2: Fall Festival & Draft Horse Show, Mona Lavender Farm
- October 8–9: Beauty School Castle, Alabama (Sold Out)
- October 8: Empower: Raindrop Technique, Berkeley, California
- November 15–20: Platinum Retreat, Ecuador
- December 2–3: Beauty School, Winter Wonderland, Midway, Utah

*Visit [bit.ly/YLEOEvents](http://bit.ly/YLEOEvents) for  
More Details on Events.*



## ROYAL CROWN DIAMONDS



Vijay & Ulrike Churfuerst Hanzal (AUT)  
Kathy Farmer (USA)  
Alyssa & Troy Francis (USA)  
Frances Fuller (SGP)  
Carol Yeh-Garner & Scott Garner (USA)  
Adam & Vanessa Green (CAN)  
Lindsey & Evan Gremont (USA)  
Marcella Vonn Harting & Jim Harting (USA)  
Jeanmarie Hepworth (USA)  
Max & Karen Hopkins (USA)  
Gregg & Carol Johnson (USA)  
Jen & Adaryll Jordan (USA)  
Joanne Kan & Eric Yang (HKG)  
Gretchen King-Ann (HKG)

Mark & Melissa Koehler (USA)  
Connie Marie McDanel (USA)  
Jeremiah & Monique McLean (USA)  
Lindsay Teague & Michael Moreno (USA)  
Vicki Opfer (USA)  
April & Jay Pointer (USA)  
Debra Raybern (USA)  
Chérie Ross (USA)  
Brenda & Scott Schuler (USA)  
Teri Secrest (USA)  
Christa & Jason Smith (USA)  
Vivian Ting Wan (HKG)  
Madison & Tyler Vining (USA)  
Jill & James Young (USA)



## CROWN DIAMONDS

Hailey & Jeremy Aliff (USA)  
Artemis (AUS)  
Nicole Barczak (USA)  
Terry & Ladonna Beals (USA)  
Crystal & Verick Burchfield (USA)  
Courtney & John Critz (USA)  
Sha-Faun Enterprises, Shauna Dastrup (USA)  
Kristy & Jake Dempsey (USA)  
Rainbow Forever Trust (USA)  
Danette & Jim Goodyear (USA)  
Patricia Gwee (SGP)  
Mary Hardy (USA)  
Prakama & Markus Hauser (AUT)  
Carol & Ben Howden (CAN)

Darren & Sera Johnson (USA)  
Chip & Kathy Kouwe (USA)  
Zach & Kari Lewis (USA)  
Fiona Lui (HKG)  
Diane Mora (USA)  
Anita Ochsenhofer (AUT)  
Nathan & Jessica Petty (USA)  
Melissa Poepping (USA)  
Doug & Jordan Schrandt (USA)  
Callie & Jeremy Shepherd (USA)  
Nanette & Ward Symes (USA)  
Sharnael Wolverson (USA)  
Kelli & Les Wright (USA)  
Dietfried Wruss (AUT)  
Myra & Ernie Yarbrough (USA)

## DIAMONDS



Franciela Madrid Villarreal & Juan Alberto Arévalo (MEX)  
Wan Jiey & Tuan Alimin (MYS)  
Laurie Azzarella (USA)  
Karla Berger (USA)  
Fee Boey (MYS)  
Yonie Bonawi (SGP)  
Marlo Bontempo (USA)  
Dustin & Alana Bookhout (USA)  
Kylar & Sandi Boudreau (USA)  
Nat & Lauren Bretz (USA)  
Heather & John Brock (USA)  
Kimberly R. Bromelkamp (USA)  
Mary Starr & Jay Carter (USA)  
Chelle Carter (USA)  
Annie Chan (MYS)  
Winnie Chan (HKG)  
Paul & Tina Ciesla (USA)  
Christi Collins (USA)  
Bryan & Summer Davis (USA)  
Anni & Dave Dayan (USA)  
Judy De La Rosa (USA)  
Sabina M. Devita (CAN)  
Gordon & Corie DeVries (USA)  
Kirk & Britta Dimler (USA)

Amie Dockery (USA)  
Heather & Wade Doll (CAN)  
Claudia Dosamantes (USA)  
Karen J. Douglas (USA)  
Denise Dunleavy (USA)  
Denise Easton (USA)  
Pam & Gary Edwards (CAN)  
Debbie & Daniel Erickson (USA)  
Rhonda & Frank Favano (USA)  
Julia Kay Ferguson (USA)  
Jamie & Chelsea Flaman (CAN)  
Katie & Kevin Ganger (USA)  
Lori Gasca (USA)  
Jessica & Rit Gianelloni (USA)  
David & Teresa Gingles (USA)  
Carla & Bill Green (CAN)  
Gailann Greene (USA)  
Hitomi Harada (JPN)  
Zach & Katie Harris (USA)  
Dallas Harting (USA)  
Reuben & Stacie Hartzler (USA)  
Jilene & Duane Hay (CAN)  
Andrea M. Hayes (USA)  
The Collected, Tan Kai Hiang (SGP)  
Greg Hitter (USA)

Candace & Jimmie Don Hoke (USA)  
Carol & Delaine Holden (USA)  
Rachel & Ryan Holland (USA)  
Jonathan & Laura Hopkins (USA)  
Crystal & Larry Hoskins (USA)  
Jennifer Howard (USA)  
Shannon & JD Hudgens (USA)  
Brian & Shannon Hudson (USA)  
Reagan & Danny Jewitt (CAN)  
Dan Keskey (USA)  
Erika & Tim Kilcher (USA)  
Nancy Knittle (USA)  
Andrea Lahman (USA)  
Sherry LaMarche (USA)  
William & Joan Lansing (USA)  
Claire Lee (HKG)  
Sarah Lee (USA)  
Janie Leek (USA)  
Jeffrey Lewis (USA)  
Jennifer Lim (MLY)  
Yvonne Litza (USA)  
Stacie & Todd Malkus (USA)  
My Joanna Malone (USA)  
Kristi Mangan (USA)  
Skyla & Brian Mann (USA)

James & Stacy McDonald (USA)  
Brian & Jodi Mckenna (USA)  
Ryan & Ashley McKenney (USA)  
Tyson & Wendy Mercure (USA)  
Mark & Angela Meredith (USA)  
Jodie Meschuk (USA)  
Stephanie Moram & JP Paradis (CAN)  
David & Star Moree (USA)  
James Niederland (USA)  
Shelby & Steven Nowak (USA)  
Aditya Nowotny (DEU)  
Niccole Perez (USA)  
Heather & Christian Portwood (USA)  
Anna-Maya Powell (USA)  
Ryan & Kim Prather (USA)  
Evangeline & Thomas Reed (USA)  
Kim Rinaldi-Robey (USA)  
Robert Rinato (USA)  
Erin & Bronce Rodgers (USA)  
Vanessa Romero & Tom Nikkola (USA)  
Heidi Ross (CAN)  
Catherine Rott (USA)  
Melissa & Clay Sanches (USA)  
Nancy Sanderson (USA)  
Courtney Scruggs (USA)

Alan & Linda Simpson (AUS)  
Michelle & John Skoczek (USA)  
David & Lee Stewart (USA)  
Sonya Swan (USA)  
Jeremy & Hannah Tallo (USA)  
Jihan Thomas (USA)  
Amanda & Gabe Uribe (USA)  
Karen Vavrick (USA)  
Derek & Janell Vonigas (USA)  
Justin & Sara Wallace (USA)  
Tammy & Eric Walton (USA)  
Mary C. Ward-Farnham (USA)  
Becky & Jonathan Webb (USA)  
Dick & Nancy Weber (USA)  
Matt & Darlene Weir (USA)  
Josh & Paige Williams (USA)  
Chris & Connie Wolverson (USA)  
Korbut Wong (HKG)  
John Wongcw (SGP)  
Sum Sum Yip (HKG)  
Chelsea Marie Young (USA)  
Darreck Chen Yoon Yung (MYS)  
Fred Zerr & Judy Klassen Zerr (USA)



We've designed Elite Express to take the success of Silver in 6 and expand it to reward even more members. Elite Express spans from Executive all the way to Platinum and offers big rewards every step of the way. Elite Express is a 20-month program and is available for members across the globe in four tracks, lasting from 3 to 6 months each: Executive in 3 (Ei3), Silver in 6 (Si6), Gold in 5 (Gi5), and Platinum in 4 (Pi4), with a bonus Elite 20 (E20) track for those who successfully complete all tracks within 20 months or less.



Lise Gay (SGP)



Maria Marin (ESP)  
Monica Mesesan (ROU)  
Zubaidah Taib (SGP)



Bethany Abundo (USA)  
Sofiah Alhamid (SGP)  
Norliza Ali (SGP)  
Nordiana Abdul Aziz (MYS)  
Anuar Noor Azurah (MYS)  
Izaz Fahad Bahrain (SGP)  
Christina Beard (USA)  
Brandon Brencley (USA)  
Vanessa Briceño (MEX)  
Jamie Burkhalter (USA)  
Danielle Burkleo (USA)  
Ana Cardenas (USA)  
Julie Carman (USA)  
Hei Man Chan (HKG)  
Dk Jhj Chuchu (SGP)  
Jennifer Costanza (USA)  
Céline Daurés (FRA)  
Stephanie Flageolle (USA)  
Lauren Galliano (USA)  
Ashley Holden (USA)  
Stephanie Howell (USA)  
Cassandra Hurtubise (CAN)  
Suk Han Ko (HKG)  
Chrestia Konyha (USA)  
Lisa Lajoye (USA)

Please visit [bit.ly/YLSi6](http://bit.ly/YLSi6) for a complete list of qualifiers.



Nurulhuda Aliuddin (MYS)  
Aliyyah Almunawar (SGP)  
Martin Altanie (SGP)  
Norliza Ali (SGP)  
Alwiyah Alwiyah (SGP)  
Nur Sakinah Amran (MYS)  
Fulga Andresan (ROU)  
BT Meor Anuar Shuhaili Wan Nur Ashikeen (MYS)  
Kimberley Austin (USA)  
Aycu Aycu (SGP)  
Nordiana Abdul Aziz (MYS)  
Bin Md Yusof Azizul (MYS)  
Izaz Fahad Bahrain (SGP)  
Karolina Ball (USA)  
Brittney Baybayan (USA)  
Liau Beng Leau Beng (MYS)  
Haley Bethke (USA)  
Carrie Bialkowski (USA)  
Mohd Badrul Amin Mohd Bisharuddin (MYS)  
Nur'aina Bte Borhan (SGP)  
Brandon Brencley (USA)  
Ambika Burda (USA)  
Karen Cameron (AUS)  
Raluca Caprar (USA)  
Maria Castro (SGP)  
Alina Ceclan (ROU)  
Yee Ling Cherng (MYS)  
Ying Ying Cheung (HKG)  
Wil Liam Choo (MYS)  
Jenni Christie (AUS)  
Rusdi Cindy (SGP)  
Mary Cirbo (USA)  
Megan Clark (USA)  
Jamie Cook (USA)  
Maria Coombs (USA)  
Jasmine Cox (USA)  
Jamie Cripps (USA)  
Melanie Cummings (USA)  
Karelia Dewar (USA)  
Reine Dewi (SGP)  
Allison Dickman (USA)  
Daniel Dugan (USA)  
Speulstra Essentials (USA)  
Noraisyah Faizan Falil (MYS)  
Melanie Faville (USA)  
Lisa Floreano (USA)  
Leann Fox (CAN)  
Collin Froman (USA)

Dina Geras (USA)  
Vanessa Golojuh (USA)  
Nikki Gray (AUS)  
Maria Davila Gutierrez (MEX)  
Siti Azzahra Hanafi (SGP)  
Hildegard Heim (DEU)  
Jenny Hellman (USA)  
Charles Hidayat (SGP)  
Jennifer Hinshaw (USA)  
Carolyn Hoerl (USA)  
Zafrah Mohamed Kamaruddin (MYS)  
Cheryl Sarah Keasberry (MYS)  
Edith Khoo (SGP)  
Tressa Kinahan (USA)  
Elizabeth Kolosovsky (USA)  
Nikki Kucharski (USA)  
Matthew Kulik (USA)  
Daneen Kuntzman (USA)  
Marissa Lane (USA)  
Sui Ping Lau (HKG)  
Lora Ledford (USA)  
Shwu Shung Lee (MYS)  
Karen Gia Yuann Lee (MYS)  
Chantel Lewis (USA)  
Nikki Lienhard (USA)  
Siew Fen Lim (MYS)  
Susilawati Lim (SGP)  
Chung Yuk Ling (HKG)  
Chai Lim Ling (MYS)  
Wijaya Lisa (IDN)  
Kah Mun Loke (MYS)  
Madiah Che Manshor (MYS)  
Wan Mazawaty Wan Mansor (MYS)  
Ally Martin (USA)  
Leonor Encinas Martinez (MEX)  
Mj Mccarthy (CAN)  
Jessica McCoy (USA)  
Kathy McGraw (USA)  
Kristin Mcnicholas (USA)  
Christy McWilliams (USA)  
Lo Lai Mei (MYS)  
Sufilla Binti Mohamed (MYS)  
Susan Moncrief (USA)  
Fabienne Morand (NCL)  
Nor Qistin Muhamad (MYS)  
Latifah Mustafar (MYS)  
Bt Md Noor Nashita (MYS)

Adriana Salinas Nevarez (MEX)  
Jennifer Olsen (USA)  
Teri Palochak (USA)  
Lilly Partha (USA)  
Amanda Phillips (USA)  
Diana Ramos (MEX)  
Alaine Raven (USA)  
Terry Rockey (USA)  
Stacey Rutledge (USA)  
Cheryl Santos (USA)  
Ann Schmick (USA)  
Chie Schmitt (USA)  
Fathullah Shamsuddin (MYS)  
Chia Pei Shan (MYS)  
Ling Kristijono Karen Shing (MYS)  
Siew Ching Siew (MYS)  
Nicholas Smith (USA)  
Stephanie So (HKG)  
Michael Solis (USA)  
Barbara Spino (USA)  
Kimberly Stearns (USA)  
Zamzurimi Sudin (MYS)  
Anita Suganda (SGP)  
Binti Ramli Suhaila (MYS)  
Eng Peng Tan (MYS)  
Angelica Tan (SGP)  
Angeline Tan (SGP)  
Yen Tey (SGP)  
Shirley Tong (HKG)  
Hsin Yu Tsai (TWN)  
Gary Tse (HKG)  
Erica Venanzi (USA)  
Leng Kit Vong (MAC)  
Or Wai (HKG)  
Stephanie Weiblen (USA)  
Beth Weissman (USA)  
Edwin Wijono (SGP)  
Barbara Williams (USA)  
Elaine Wilson (USA)  
Ngee Hung Wong (MYS)  
Amy Woods (CAN)  
Ka Fai Wu (HKG)  
Alifiah Luthfia Ya'cof @ Yaakop (MYS)  
Yoni Yoni (SGP)  
Zainal Mubarak Zainuddin (MYS)

# RECOGNITION RETREAT QUALIFIERS



Our recognition retreats immerse our members in an unforgettable Young Living adventure. Members who consistently strive and achieve Silver, Gold, Platinum, or Diamond—for at least 3 consecutive months—are rewarded with a trip to one of our flagship farms, where they experience the Seed to Seal process firsthand in addition to dynamic leadership development.

### SILVER RETREAT

Please visit [bit.ly/YLSilvers](http://bit.ly/YLSilvers) for Silver Retreat qualifiers.

### GOLD RETREAT

Please visit [bit.ly/YLPlatinums](http://bit.ly/YLPlatinums) for Platinum Retreat qualifiers.

### PLATINUM RETREAT

Please visit [bit.ly/YLGolds](http://bit.ly/YLGolds) for Gold Retreat qualifiers.

### DIAMOND RETREAT

Please visit [bit.ly/YLDiamonds](http://bit.ly/YLDiamonds) for Diamond Retreat qualifiers.

You can get full details and information about each retreat by visiting [bit.ly/YLRecRetreats](http://bit.ly/YLRecRetreats).

### Countries

Australia (AUS)  
Austria (AUT)  
Canada (CAN)  
Costa Rica (CRI)  
Czech Republic (CZE)  
Denmark (DNK)  
Germany (DEU)  
Finland (FIN)

Hong Kong (HKG)  
Iceland (ICE)  
Japan (JPN)  
Lithuania (LTU)  
Malaysia (MYS)  
Mexico (MEX)  
New Zealand (NZL)  
Panama (PAN)

Peru (PER)  
Puerto Rico (PRI)  
Romania (ROU)  
Singapore (SGP)  
Sweden (SWE)  
Taiwan (TWN)  
United Kingdom (UK)  
U.S. Virgin Islands (USVI)



# Oil of the MONTH

With final summer vacations coming up and school just around the corner, August is a great month to stick to the basics. Simplify the season with Purification® essential oil. This blend includes Citronella, Lemongrass, Lavandin, and Tea Tree essential oils to freshen air, eliminate odors, and help you play outside annoyance-free.

Whether you need it during your family picnic or Saturday chores, use Purification to fully enjoy the final rays of summer.



*Looking to purify your life? Check out some of our favorite ways to use this oil!*

- Apply with V-6™ Vegetable Oil Complex to enjoy the outdoors annoyance-free.
- Freshen stale air in main rooms or closets with a diffuser or spray bottle.
- Create a homemade carpet freshener with Purification and baking soda.

## Gourmande

in the kitchen



Sylvie Shirazi is the recipe developer, food photographer, and real food lover behind *GourmandeInTheKitchen.com*. There you'll find a collection of recipes that celebrate your inner gourmand with fresh, seasonal ingredients that are free from gluten, refined sugar, and processed ingredients. The recipes on Gourmande in the Kitchen are fast and fresh with a focus on quality ingredients and minimal preparation that let the natural flavors of the food shine because you don't need a lot of time or a long list of ingredients to make good-for-you, satisfying, and delicious food if you start with the best ingredients possible.

GourmandeInTheK Gourmande in the Kitchen GourmandeInTheK

## BAKED FETA WITH TOMATOES



### INGREDIENTS

- 1 pint cherry tomatoes, halved
- 1 garlic clove, finely minced
- ½ teaspoon dried oregano
- ½ teaspoon dried basil
- 3 tablespoons extra virgin olive oil
- Sea salt and freshly ground black pepper to taste
- 1 8-10 oz. block Greek feta
- 2 drops Oregano Vitality oil
- 2 drops Basil Vitality oil
- Fresh oregano and basil to garnish
- Toasted pita or other crusty bread for serving

### INSTRUCTIONS

- Preheat oven to 350°F.
- In a large bowl, mix the tomatoes, garlic, oregano, basil, olive oil, salt, and black pepper.
- Place the block of feta in the middle of a medium, shallow baking dish. Place the tomato mixture on top and around the feta. Bake for 15 minutes or until the feta has softened and the tomatoes are fragrant.
- Remove from the oven and place a tablespoonful of the warm oil into a small dish. Add the Oregano oil and Basil oil to the warm olive oil and pour the mixture back over the warm tomatoes and feta.
- Garnish with fresh oregano and basil leaves and serve while still warm.



*Singapore's best-selling essential oils and blends: Peppermint, Thieves®, Lavender, R.C.™, and Lemon.*

Though geographically tiny—its land size is only 719.1 square kilometers—Singapore has become one of the top five markets in Young Living. In October 2011 Young Living opened an office to keep up with its growth in the country of nearly 5.5 million people, and it has since reached an astounding 30,000 members.

Young Living Singapore staff, leaders, and members are always working to bring essential oils into every home in the world. With that end in mind, they are excited to host the RevOILution Wellness Expo on August 20. Last year the gathering drew a crowd of 4,000 people, and this year it will host fitness classes, Raindrop Technique® training and sessions, and an AromaDome Spa facility.

Keep up with the event and Young Living Singapore by visiting [Facebook.com/YoungLiving.sg](https://www.facebook.com/YoungLiving.sg).

## SEED TO SEAL SPOTLIGHT

*Celebrating Our Harvests*



Last month we welcomed members from around the globe to our St. Maries, Idaho, and Mona, Utah, farms and distilleries for our annual Melissa and Lavender Harvests. These annual harvest events give our members a firsthand experience with our Seed to Seal® promise. As member volunteers arrived to play their vital role in harvesting these beloved botanicals, they had the opportunity to see expansive fields of melissa and lavender at peak maturity stretch over the landscape of this scenic farm.

While reconnecting with nature and a simpler, more natural way of life, members witnessed how we ensure our oils are the purest and most potent available. Young Living farms—located around the globe—are dedicated to perfecting our growing and harvesting methods, and our annual harvest events showcase how unique our process truly is. The memories made and the experiences created will be long remembered by each member who attended the harvests this year.

Even though participating in the harvest was the main event, there were a lot of other perks from these trips that created a buzz among attendees. Teams gathered together and made new friends while harvesting, learning, and traveling side-by-side. When they weren't farming, members received trainings, including a training on our Raindrop Technique®. On top of these great experiences, everyone took a one-day river-rafting trip to play on the water, enjoy some beautiful scenery, and learn some valuable lessons.

Young Living is proud to set the standard for essential oil purity and authenticity by carefully monitoring the production of our oils through our unique Seed to Seal process and by inviting our members to participate in it. If you want to learn more about our special Seed to Seal process, head over to [SeedToSeal.com](https://www.SeedToSeal.com). You'll find videos, farm facts, and a whole crop of great information.