

# THE ESSENTIAL EDGE



NEWS OF THE WORLD LEADER IN ESSENTIAL OILS



## FOUNDER'S MESSAGE

Spring is a time of renewal and growth, which causes me to think of our recent graduating class from the Young Living Academy. In March, with excitement and the smell of success in the air, our first graduating class of 12 students proudly walked with cap and gown to receive their diplomas.

Before the academy was built, these children didn't have much opportunity on the horizon, especially considering that most of their parents cannot read and write. However, against so many odds, these young graduates intend to go to college, wanting to help their village and ultimately their country.

We have hundreds of members who have given so much to our school and are a part of the Foundation's Sponsor a Child Program. Many students have three or four sponsors, which is due to the generosity of our members and many employees.

Personal passion to help others is a tremendous driving force within the soul of so many of our members. We have to ask ourselves, *What do I love doing? What can I do that will help me on my path?* We must be willing and motivated enough to go after our dreams.

*Live Your Passion.* I love this year's convention theme because it perfectly encompasses the spirit of each of our members. We want to live every day with vibrancy and passion. Learning and living the Young Living lifestyle and building a business with your team is rewarding and fulfilling. It is wonderful to hear the different ways that you are spreading the vision of Young Living.

My passion is defined by research and education. I love helping people discover their own passion and true potential through the world of essential oils. Each day is a new day of discovery. While at my age, many say that retirement should be calling my name, I can only be happy if I am productive and serving others.

Truth attracts the truth seeker, which is one of the things I love most about Young Living. We put purpose-driven products and opportunities into the hands of all who are inspired by our vision. This strong connection creates a burning desire to share our life-changing experiences with those we love, so they can find their passion too.

Each day is an opportunity for personal growth that motivates those around us and spreads our mission throughout the world, so join us—*Light Your Fire* within and *Live Your Passion!*



*Young Living Diamond Leaders Explored Oman During Their Retreat in 2013.*

One of the most unique aspects of Young Living is our proprietary Seed to Seal® process and the close relationship we have with Mother Nature. Recently, Young Living Founder D. Gary Young posted a video on Facebook showing the incredible growth of the frankincense trees that were planted by our Diamond leaders. Nearly three years ago, they traveled to Salalah, Oman, to immerse themselves in a Young Living adventure on the Diamond Retreat. They visited our farm and distillery and learned about the role Young Living is playing in the rich history of frankincense.

Even though *Boswellia sacra* trees have been harvested for the past 5,000 years in Oman, Young Living was the first company in the world to obtain permission to distill and export Sacred Frankincense there and bring it into the Western world. The relationship with the Omani community established by our founder, D. Gary Young, enables Young Living to continue to provide the best of nature. Our stewardship and dedication to the Seed to Seal process ensure that the harvesting methods reflect the deep heritage and tradition that date back thousands of years.

Each of our Diamond leaders who visited our farm during the Diamond Retreat had the opportunity to continue this sacred tradition by planting a frankincense sapling. "The Seed to Seal process is all about congruency and consistency," said Royal Crown Diamond Marcella Vonn Harting. "We literally had our hands in the dirt planting

these precious frankincense trees that will one day produce essential oil."

Nancy Knittle, Diamond, described the journey as being a marvelous discovery process. "Driving through the desert and seeing so few mature frankincense trees made us realize how important the Young Living farm and distillery are."

Years later, these saplings that were planted by our Diamond leaders are healthy and lush. Now we can celebrate the marvelous growth and health of the trees. We are excited to begin harvesting the resin from them in four years and to see the Seed to Seal process come full circle.

Once the *Boswellia sacra* trees are mature, they will begin producing resin on the bark of the tree when they are properly cut. Because the maturity of the trees is so important and the history is so rich, Young Living harvests the resin from the *Boswellia sacra* trees in the same way and on the same schedule as the resin was harvested thousands of years ago. Once the resin is ready, it is hand-gathered into woven baskets to begin its journey to becoming a therapeutic-grade essential oil.

Young Living takes great pride in our painstaking processes, and we are proud to have our members experience them firsthand. Interested in learning even more about the Seed to Seal process? Visit [SeedToSeal.com](http://SeedToSeal.com) to learn more!

## BUILD CONFIDENCE IN YOUR CAREGIVING

### 3 Areas You can Use YL to Create Positivity

Whether it's taking care of your children, yourself, or other loved ones, Young Living offers a variety of versatile essential oils and oil-infused products to help!

Not sure where to start? Try out these quick tips and start exploring different ways you can take a hands-on approach to everyday wellness.

#### *Give your kids the support they need*

KidScents® Lotion contains safe, gentle ingredients to moisturize and soften sensitive skin. The premium blend is a great way to give your little ones the care they need. Not only will they love the aroma, but they'll also love getting involved with essential oils in a fun and safe way.

#### *Remember yourself*

When it comes to care, we often need to remember to take care of ourselves. Young Living's Stress Away™ essential

oil blend offers a sweet, relaxing aroma that makes your worries seem miles away. Take the opportunity to enjoy this blend and focus on your personal well-being.

#### *Pay it forward to your loved ones*

Who doesn't love getting a homemade treat? With the all-new Young Living Cookbook, you will be able to make your friends, family, and neighbors a special treat using Young Living's amazing products.

Give yourself and your loved ones the best possible. With Young Living, that's possible every day.

We're excited to share our life-changing approach with you. While we offer resources that range in use, you'll find so much more than products with Young Living.



# CELEBRATION AND SERVICE IN CHONGON

## *The Young Living Foundation Heads to Ecuador*



*The Young Living Academy Celebrated Its First Graduating Class in Ecuador.*

In March the Young Living Foundation celebrated a monumental piece of history—the first graduating class of the Young Living Academy in Ecuador!

On March 9 students, family, faculty, and Young Living members joined together to celebrate the 12 students graduating from the academy, with an unprecedented 100 percent graduation rate. The foundation supports the academy as it empowers students to become future community leaders.

“You are the pioneers who created what happened today,” said Young Living Founder D. Gary Young to graduates during the graduation ceremony. “You were with me as we went through the ups and downs of this school. Now it is your time to show these young children behind you an example of what you have achieved.” Gary and his wife, CEO Mary Young, are deeply motivated by a passion to serve and empower individuals far beyond their circumstances. This emotional speech reflected that passion and recalled when the Youngs established the Young Living Academy in 2009.

To celebrate this event and continue the Youngs’ legacy of service, about 40 Young Living members volunteered to join the foundation on a service trip to Chongon, the small Ecuadorian village that is home to the academy. Diamond Leader Jen Jordan shared her reason for joining the trip: “To have the opportunity for my family to come together, serve, and see Ecuador was

the biggest thing on my heart,” she said. The Jordan family enjoyed their time in Ecuador because they were able to see how the foundation is changing the lives of the people in the small rural town of Chongon.

Our members who went on the trip attended the graduation, met the students of the academy, and immersed themselves in service projects to make a direct impact in the communities they visited.

Many members shared how rewarding it was to get to meet the children face-to-face who they sponsor through the foundation’s Sponsor a Child program. “Getting to spend time with my sponsor student was important,” said Gold leader Brenda Stevens. “I have communicated with him before, but being here for his graduation was very exciting!”

As the trip wrapped up, it was clear that attendees felt a sense of community and gratitude. These 40 members who traveled to Ecuador made an important impact in the lives of so many Ecuadoran people, with a dedication to service that parallels the hard work that the foundation puts into each of its projects that span the globe. “Being a part of Young Living, we are part of this foundation, and to see how the funds are being used and the lives it’s impacting is just unbelievable,” said Silver leader Ashley Brink. This trip is just one of the many ways the Young Living Foundation is committed to making a difference.

# JOIN US AT THE CONVENTION

## *Live Your Passion at the 2016 International Grand Convention*

There’s nowhere better to learn to Live Your Passion than at the 2016 International Grand Convention. From June 22–26 in Salt Lake City, Utah, you’ll experience our biggest convention yet with thousands of Young Living members coming together to learn, experience, and celebrate. The friendships and education that you’ll experience at the convention will last a lifetime, because it’s the one time of the year when members of the Young Living family from all corners of the globe gather to learn from one another, strengthen their knowledge, and enjoy being part of a community that lives with passion in every aspect of life.

Not sure what to expect at the convention? As anyone who has ever attended in the past can attest, each Young Living convention is a singular experience that is greater than the sum of its parts.

When you attend this year’s convention, you will have the opportunity to attend workshops

from industry leaders and product experts, book farm tours and spa appointments, experience Young Living products firsthand in the expansive expo, and dance to the sounds of Grammy-award winning Lady Antebellum! In short, it will be four days of immersing yourself in the Young Living lifestyle.

Registration for the 2016 convention closes on April 22, and we want you to be there, so be sure to register for Young Living’s biggest event of the year before time’s up! Additionally, you will want to check the convention website for detailed information regarding farm tours, spa appointments, workshops, and more because registration for these events opens mid-April. Simply visit [YoungLiving.com/2016convention](http://YoungLiving.com/2016convention) for full details.

*Live Your Passion* with Young Living by being part of the 2016 International Grand Convention!



Check Out the 2016 Spring Catalog!  
[bit.ly/YLSpringCatalog](http://bit.ly/YLSpringCatalog)



Order Your Copy of the All-New  
Cook Book at [bit.ly/YLCookBook](http://bit.ly/YLCookBook)



Register today for the convention on June 22–26 in Salt Lake City, Utah, by visiting [YoungLiving.com/2016convention](http://YoungLiving.com/2016convention).

# UPCOMING EVENTS

## *Join Us for Incredible Experiences!*

- April 6: Ignite, San Diego, California
- April 7: Ignite, Riverside, California
- April 9: Empower, Austin, Texas
- April 11: Accelerate, Flint, Michigan
- April 15: Ignite, Dallas, Texas
- April 18: Accelerate, Knoxville, Tennessee
- April 22–23: Oolapalooza, Lexington, Kentucky
- April 25–30: Spring Planting, Highland Flats Farm
- April 29: Accelerate, St. Cloud, Minnesota
- April 29–30: Essential Oils & Animal Conference, Mona Lavender Farm
- May 2–7: Spring Planting, Highland Flats Farm
- May 3: Ignite, Lincoln, Nebraska
- May 4–8: Drive to Win, Hawaii
- May 9–14: Diamond Retreat, Hawaii
- June 22–26: International Grand Convention, Utah
- July 9: Lavender Day & 5K Run, Mona Lavender Farm
- August 2–6: Gold Retreat, St. Maries Farm
- September 29–October 2: Silver Retreat, Mona Lavender Farm
- November 15–20: Platinum Retreat, Ecuador



# YOUNG LIVING RECOGNITION

February 2016

## ROYAL CROWN DIAMONDS

ADAM GREEN (CAN)  
ALYSSA & TROY FRANCIS (USA)  
APRIL & JAY POINTER (USA)  
BRENDA & SCOTT SCHULER (USA)  
**CAROL YEH-GARNER & SCOTT GARNER (USA)**  
CHÉRIE ROSS (USA)  
CHRISTA & JASON SMITH (USA)  
DEBRA RAYBERN (USA)  
FRANCES FULLER (SGP)  
GREGG & CAROL JOHNSON (USA)  
GRETCHEN KING-ANN (HKG)  
JEANMARIE HEPWORTH (USA)  
JEREMIAH & MONIQUE MCLEAN (USA)  
JILL & JAMES YOUNG (USA)  
JOANNE KAN & ERIC YANG (HKG)  
KATHY FARMER (USA)  
LINDSAY TEAGUE & MICHAEL MORENO (USA)  
LINDSEY & EVAN GREMONT (USA)  
**MADISON & TYLER VINING (USA)**  
MARCELLA VONN HARTING & JIM HARTING (USA)  
MARK & MELISSA KOEHLER (USA)  
MAX & KAREN HOPKINS (USA)  
TERI SECREST (USA)  
VICKI OPFER (USA)  
VIJAY & ULRIKE CHURFUERST HANZAL (AUT)  
VIVIAN TING WAN (HKG)  
WISE CHOICE RESOURCE CENTER, INC. (USA)

## CROWN DIAMONDS

ANITA OCHSENHOFER (AUT)  
ARTEMIS (AUS)  
CALLIE & JEREMY SHEPHERD (USA)  
CAROL & BEN HOWDEN (CAN)  
CHIP & KATHY KOUWE (USA)  
COURTNEY & JOHN CRITZ (USA)  
CRYSTAL & VERICK BURCHFIELD (USA)  
DANETTE & JIM GOODYEAR (USA)  
DARREN & SERA JOHNSON (USA)  
DIANE MORA (USA)  
DIETFRIED WRUSS (AUT)  
DOUG & JORDAN SCHRANDT (USA)  
HAILEY & JEREMY ALIFF (USA)  
KELLI & LES WRIGHT (USA)  
KRISTY & JAKE DEMPSEY (USA)  
MARY HARDY (USA)  
MELISSA POEPPING (USA)  
MYRA & ERNIE YARBROUGH (USA)  
NATHAN & JESSICA PETTY (USA)  
NICOLE BARCZAK (USA)  
PATRICIA GWEE (SGP)  
PRAKAMA & MARKUS HAUSER (AUT)  
RAINBOW FOREVER TRUST (USA)  
SHA-FAUN ENTERPRISES, SHAUNA DASTRUP (USA)  
SHARNAEL WOLVERTON (USA)  
TERRY & LADONNA BEALS (USA)  
**ZACH & KARI LEWIS (USA)**

## DIAMONDS

ADITYA NOWOTNY (GER)  
ALAN & LINDA SIMPSON (AUS)  
AMANDA & GABE URIBE (USA)  
AMIE DOCKERY (USA)  
ANDREA LAHMAN (USA)  
**ANDREA M. HAYES (USA)**  
ANNA-MAYA POWELL (USA)  
ANNI & DAVE DAYAN (USA)  
BECKY & JONATHAN WEBB (USA)  
BRIAN & JODI MCKENNA (USA)  
BRIAN & SHANNON HUDSON (USA)  
BRYAN & SUMMER DAVIS (USA)  
CANDACE & JIMMIE DON HOKE (USA)  
CARLA & BILL GREEN (CAN)  
CAROL & DELAINE HOLDEN (USA)  
CATHERINE ROTT (USA)  
CHELLE CARTER (USA)  
CHELSEA MARIE YOUNG (USA)  
CHRIS & CONNIE WOLVERTON (USA)  
CHRISTI COLLINS (USA)  
CLAIRE LEE (HKG)  
CLAUDIA DOSAMANTES (USA)  
**CLAYTON & MELISSA SANCHES (USA)**  
**COURTNEY SCRUGGS (USA)**  
**CRYSTAL & LARRY HOSKINS (USA)**  
DALLAS HARTING (USA)  
DAN KESKEY (USA)  
DARRECK CHEN YOON YUNG (MYS)  
DAVID & LEE STEWART (USA)  
DAVID & STAR MOREE (USA)  
DAVID & TERESA GINGLES (USA)  
DEBBIE & DANIEL ERICKSON (USA)  
DENISE DUNLEAVY (USA)  
DENISE EASTON (USA)  
DICK & NANCY WEBER (USA)  
DUSTIN & ALANA BOOKHOUT (USA)  
ELDON & NANCY KNITTLE (USA)  
ERIKA & TIM KILCHER (USA)  
ERIN & BRONCE RODGERS (USA)  
EVANGELINE & THOMAS REED (USA)  
FEE BOEY (MYS)  
FIONA LUI (HKG)  
FRANCIELA & JUAN ARÉVALO (MEX)  
FRED ZERR & JUDY KLASSEN ZERR

(USA)  
GAILANN GREENE (USA)  
GORDON & CORIE DEVRIES (USA)  
GREG HITTER (USA)  
HEATHER & CHRISTIAN PORTWOOD (USA)  
HEATHER & JOHN BROCK (USA)  
HEATHER & WADE DOLL (CAN)  
HEIDI ROSS (CAN)  
HITOMI HARADA (JPN)  
JAMES & STACY MCDONALD (USA)  
JAMES NIEDERLAND (USA)  
JESSICA & CHELSEA FLAMAN (CAN)  
**JANELL VONIGAS (USA)**  
JANIE LEEK (USA)  
JEFFREY LEWIS (USA)  
JEN & ADARYLL JORDAN (USA)  
JENNIFER HOWARD (USA)  
JENNIFER LIM (MYS)  
JEREMY & HANNAH TALLO (USA)  
JESSICA & RIT GIANELLONI (USA)  
JIHAN THOMAS (USA)  
JILENE & DUANE HAY (CAN)  
**JOANNA MALONE (USA)**  
JODIE MESCHUK (USA)  
JOHN WONGCW (SGP)  
JONATHAN & LAURA HOPKINS (USA)  
JOSH & PAIGE WILLIAMS (USA)  
JUDY DE LA ROSA (USA)  
JULIA KAY FERGUSON (USA)  
JUSTIN & SARA WALLACE (USA)  
KAREN J. DOUGLAS (USA)  
KAREN VAVRICK (USA)  
KARLA BERGER (USA)  
**KATIE & KEVIN GANGER (USA)**  
KIM RINALDI-ROBEY (USA)  
KIMBERLY R. BROMELKAMP (USA)  
KIRK & BRITTA DIMLER (USA)  
KORBUT WONG (HKG)  
KRISTI MANGAN (USA)  
KYLER & SANDI BOUDREAU (USA)  
LAURIE AZZARELLA (USA)  
LORI GASCA (USA)  
MARK & ANGELA MEREDITH (USA)  
**MARLO NOËL BONTEMPO (USA)**  
MARY C. WARD-FARNHAM (USA)  
MARYSTARR & JAY CARTER (USA)  
**MATT & DARLENE WEIR (USA)**  
MICHELLE & JOHN SKOCZEK (USA)  
NANCY SANDERSON (USA)  
NANETTE SYMES (USA)  
NAT & LAUREN BRETZ (USA)  
NICCOLE PEREZ (USA)  
PAM & GARY EDWARDS (CAN)  
PAUL & TINA CIESLA (USA)  
RACHEL & RYAN HOLLAND (USA)  
REAGAN & DANNY JEWITT (CAN)  
REUBEN & STACIE HARTZLER (USA)  
RHONDA & FRANK FAVANO (USA)  
ROBERT RINATO (USA)  
RYAN & ASHLEY MCKENNEY (USA)  
RYAN & KIM PRATHER (USA)  
SABINA M. DEVITA (CAN)  
SARAH LEE (USA)  
SHANNON & JD HUDGENS (USA)  
**SHELBY & STEVEN NOWAK (USA)**  
SHERRY LAMARCHE (USA)  
SKYLA & BRIAN MANN (USA)  
SONYA SWAN (USA)  
STACIE & TODD MALKUS (USA)  
STEPHANIE MORAM & JP PARADIS (CAN)  
SUM SUM YIP (HKG)  
TAMMY & ERIC WALTON (USA)  
THE COLLECTED, TAN KAI HIANG (SGP)  
TYSON & WENDY MERCURE (USA)  
VANESSA ROMERO & TOM NIKKOLA (USA)  
WILLIAM & JOAN LANSING (USA)  
WINNIE CHAN (HKG)  
YONIE BONAWI (SGP)  
**YVONNE LITZA-VANEDRINK (USA)**  
ZACH & KATIE HARRIS (USA)

(USA)  
NANCY SANDERSON (USA)  
NANETTE SYMES (USA)  
NAT & LAUREN BRETZ (USA)  
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VANESSA ROMERO & TOM NIKKOLA (USA)  
WILLIAM & JOAN LANSING (USA)  
WINNIE CHAN (HKG)  
YONIE BONAWI (SGP)  
**YVONNE LITZA-VANEDRINK (USA)**  
ZACH & KATIE HARRIS (USA)

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ALLISON HOPKINS (USA)  
ALLISSA DAVIS (USA)  
AMBER EWERT (USA)  
CHRISTINA ADAM (USA)  
ECHO HILL (USA)  
EVARINY ANDRIANA (SGP)  
IRELA BALDERRAMA HERNANDEZ (MEX)  
JAMI NATO (USA)  
JU'DEE KELLY (USA)  
KAREN VAN SCHENCK (USA)  
LEE YEN ANDERSON (USA)  
MARY FAST (USA)  
MARY SALENTINE (USA)  
**MICHAEL & KRISTINE COOPER (USA)**  
NATALIE WROBLEWSKI (USA)  
NICOLE MARTIN (USA)  
NICOLE MORRIS (USA)  
STACY CERGET (USA)

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**AMANDA PADUCH (USA)**  
AMY DUFFY (USA)  
**AMY MCGUIRE (USA)**  
**ANDREA KAPLAN (USA)**  
**ANDREA VILLA (USA)**  
**ANGELA GLEASON (USA)**  
**ANNETTE DRAPER (USA)**  
**ARIANA ANDERSON (USA)**  
**ASHLEY GROSCH (USA)**  
**ASHLEY MORRIS (USA)**  
**AUDRA BASSETT (USA)**

BETHANY SHIPLEY (USA)  
BRENDA FRUGE (USA)  
BRIDGET YODER (USA)  
BROOKE & JEFF FORDICE (USA)  
CAREY KAMBER (USA)  
CHE TING VIVI CHOW (HKG)  
CHING TEO (SGP)  
CLASSIC CONCIERGE (SGP)  
CONNOR DIXON-SCHWABL (USA)  
COURTNEY GEORGE (USA)  
DANA LEE (USA)  
DANIELLE GERGEN (USA)  
DEANNE SMITH (USA)  
ELIZABETH BROOKS (USA)  
EMILY BROWN (USA)  
EMILY HALLUM (USA)  
JACKI & NICHOLAS VAN DE MOORTELE (USA)  
JANE MCDERMOTT (USA)  
JESSICA OOSTERHOUSE (USA)  
JOANNE SANFORD (USA)  
JOY BUKOWSKI (USA)  
JULIE SANCHES (USA)  
KELLY & STEVEN PROCTOR (USA)  
LAUREN & CHRISTOPHER REESE (USA)  
LENKA HENEBERGOVÁ (CZE)  
LESLIE DAVIS (USA)  
LISA & CURTIS MALECHA (USA)  
LISA & RYAN LOPEZ (USA)  
LISA PERRY (USA)  
MEGAN HENNING (USA)  
MELISSA & RYAN RENNO (USA)  
MELISSA THOMAS (USA)  
MELODY BYERLE (USA)  
MICHELLE COFFMAN (USA)  
MICHELLE FISHER (USA)  
PAIGE DRAPER (USA)  
PAULA ESPOSITO (USA)  
RAMONA GROSU (ROU)  
REBECCA EARLS (USA)  
ROBERT BITER (USA)  
SABRINA EDGE (USA)  
SARAH JOY CLAY (USA)  
SHARYL SIKORA (USA)  
SHELLI BATES (USA)  
STEPHANIE SWEENEY (USA)  
SUSAN BIRD (USA)  
SUSAN CATHCART (USA)  
TAMARA GIBBS (USA)  
TORIE SCHUSTER (USA)  
TRISHA BELKNAP (USA)  
VANESSA & MARK WARREN (USA)  
VERA SMITH (USA)  
VERONICA PACHECO (USA)  
WENDY SHUFF (USA)  
YVONNE YEH GEE (USA)

## SILVERS (NEW)

AARON LAHMAN & SARA LEONI (USA)  
ABIGAIL EPPLEY (USA)  
ADRIANNE LENTINE (USA)  
ALAINA LEE (USA)  
ALEXA PARKER (USA)  
ALEXANDRA LENTZ (USA)  
ALICIA WOZNY (USA)  
ALISA OKAMOTO (USA)  
ALLISON HOFFMAN (USA)  
ALLYCE CRIPE (USA)  
AMANDA BROWN (USA)  
AMANDA MARCHETTI (USA)  
AMANDA PISTNER (USA)  
AMBER CALLAWAY (USA)  
AMBER SHUEY (USA)  
ANDREA ATTFIELD (USA)  
ANDREA JURK (USA)  
ANDREA SMITH (USA)  
ANDREA WILLIAMS (USA)  
ANGELA COMBS (USA)  
ANGELA PREWITT (USA)  
ANGELIKA ECKHARDT (DEU)  
ANGIE AVERITT (USA)  
ANN LIZARRAGA (USA)  
ANNIE MA (HKG)  
ANTHONY CONCIALDI (USA)  
APRIL FICKLIN (USA)  
ASHLEY BANKS (USA)  
ASHLEY MARTIN (USA)  
ASHLEY SHARP (USA)  
BARBARA CASSIDY (USA)  
BECCA HAUGAARD (USA)  
BERNIECE KOVAC (USA)  
BETH CARR (USA)  
BETHANN MCCARTHY (USA)  
BETSY & STEVE BURCH (USA)  
BETTY SEGAL (USA)  
BIRUTE EFE (USA)  
BRANDI MOORE (USA)  
BRANDIE RUDA (USA)  
BRANDY GERGESZ (USA)  
BRENDA HIVELY (USA)  
BRENDEN CURTIN (USA)  
BRIANNE SQUIRES (USA)  
BRITTANY DAVIDSON (USA)  
BRITNEY GUINN (USA)  
BROOKE BREWER (USA)  
BROOKE DOROW (USA)  
BROOKE PETERSEN (USA)  
CANDICE KOTTER (USA)  
CANDICE VAN BREE (USA)  
CARI SHERROD (USA)  
CARIE OSBORN (USA)  
CARLA LEDFORD (USA)  
CARLIN GRUNDEMANN (USA)  
CARRIE DAVID (USA)  
CARRIE DURYEA (USA)  
CARRIE HICKSON (USA)  
CARRIE POTTER (USA)  
CASEY FORTE (USA)  
CATHERINE DUFF (USA)  
CATHERINE JENKINS (USA)  
CATHERINE LIBOWITZ (USA)  
CATHERINE PAWLAK (USA)  
CATHY MCGINNIS (USA)  
CATHY WEBER (USA)  
CHARLEEN COFFEE (USA)  
CHE NORMI HUSIN (MYS)

CHELBY MARCZEWSKI (USA)  
CHELSEA LITTLE (USA)  
CHELSIE ROOT (USA)  
CHERYL & ROGER NEWCOMB (USA)  
CHIN FENG CHEN (HKG)  
CHING YEE TO (HKG)  
CHOI YIM KIT (HKG)  
CHOON KIANG TAN (SGP)  
CHRISTINA GREENE (USA)  
CHRISTINA LEE (USA)  
CHRISTINA SIMS (USA)  
CHRISTINE IRWIN (USA)  
CHRISTY MCREAKEN (USA)  
CHUN WAI TSE (HKG)  
CINDY LU (HKG)  
CORI KISH (USA)  
CORINNE MICHELLE STEEN (USA)  
CORINNE WIDMAYER (USA)  
CRISTINE EASOM (USA)  
DAISY BANDLE (USA)  
DANA HAMMOND (USA)  
DANA SETTLE (USA)  
DANA SHERMAN (USA)  
DANA STANKO (USA)  
DANIELLE MARTIN (USA)  
DANIELLE SHAHEEN (USA)  
DANIELLE WINZENRIED (USA)  
DARA WIESER (USA)  
DARCI FELTY (USA)  
DARCY SEXTON (USA)  
DAVID MAST (USA)  
DAVIS MAN (HKG)  
DAWN WILFONG (USA)  
DEBBIE GLUCK (USA)  
DEBBIE MORIN (USA)  
DEBBIE STOFFEL (USA)  
DEBRA GENTRY (USA)  
DENISE GLANZER (USA)  
DENISE LINDGREN (USA)  
DESIREE MCCREARY (USA)  
DIANA SANTO (USA)  
DIANE HUSAR (USA)  
DIANNA CONTOSTA (USA)  
DINA CARROLL (USA)  
DINA GIUGLIANO (USA)  
DJAJAWINATA VELY (SGP)  
DOMENICA PEARL (USA)  
DONNA MCDONALD (USA)  
DONNA PARKER (USA)  
DORIS LEWIS-WALKER (USA)  
ELAINE WELTE (USA)  
ELENA FOURNIER (USA)  
ELIZA FULTON (USA)  
ELIZABETH & CHRISTOPHER SIRVEN (USA)  
ELIZABETH DAHLSTROM (USA)  
EMILY SKOCZEK (USA)  
EMILY STOBIEFSKI (USA)  
EMILY TURNER (USA)  
ERIN BODASHEFSKY (CAN)  
ERYN PAIGE (USA)  
FALINA SELCHERT (USA)  
FARA CLOUGH (USA)  
FELICIA FORGET (USA)  
FRAN DEAN (USA)  
GENEVA STANGE (USA)  
GENEVIEVE KIDD (USA)  
GERALDINE AVILA GARCIA (MEX)  
GIANNA SZABO (USA)  
GINA JIMENEZ (USA)  
GIZELA KRASSNY (USA)  
GUILLERMO VERDIGUEL (USA)  
HEATHER CHESHIRE (USA)  
HEATHER MARCHAL (USA)  
HEATHER SHELLEY (USA)  
HEIDI YOUNG (USA)  
HENRIETTE ROOSEDAAL (NLD)  
HILARY SHIRVEN (USA)  
HILLARY HOWARD (USA)  
HIROKO TANAKA (JPN)  
IVY JOHNSON (USA)  
JACLYN REDD (USA)  
JAIME VILLANUEVA (USA)  
JAMIE BOYSE (USA)  
JANA REFFEL (USA)  
JANICE CRUMPTON (USA)  
JASON & AUDREY MCCAFFREY (USA)  
JEANETTA & JAMES ALFORD (USA)  
JEFF DAMERON (USA)  
JEN FRANCIS (USA)  
JENN MARASCO (USA)  
JENNA CULLEY (USA)  
JENNA DECKER (USA)  
JENNIFER BLAIR (USA)  
JENNIFER DRAKE (USA)  
JENNIFER HENEGAR (USA)  
JENNIFER JAYROE (USA)  
JENNIFER KNAUF (USA)  
JENNIFER KUCHAR (USA)  
JENNIFER RIZZO (USA)  
JENNIFER SCHWITTAY (USA)  
JENNIFER ZORRILLA (USA)  
JESSIC BOULWARE (USA)  
JESSICA BROBERG (USA)  
JESSICA HOSKINS (USA)  
JESSICA JOHNSON (USA)  
JESSICA OLSON (USA)  
JESSICA WALTERS (USA)  
JILL RABIDEAU (USA)  
JOAN SANDEFER (USA)  
JOANN COURCELLE (USA)  
JOANNA SAMUELSON (USA)  
JOANNIE CHIRAFISI (USA)  
JODIE GRESHAM (USA)  
JONATHAN THOMPSON (USA)  
JOY HINTERKOPF (USA)  
JUDITH & DAVID O'BRIEN (USA)  
JULIAH SERRA (USA)  
JULIE MITCHELL (USA)  
JUULIA LUOKKANEN (FIN)  
KACY & JAKUS HULL (USA)  
KALEEN FOERCH (USA)  
KALEY ZECH (USA)  
KANDIS BROADHEAD (USA)  
KAREN NATIW (USA)  
KAREN NICHOL (USA)  
KARETHA BRUNS (USA)  
KARLA LILIAN PENNA CHAVEZ (MEX)  
KARLY BAUGHN (USA)  
KARYN WHITE (USA)  
KATE O'CONNELL (USA)  
KATELYN WATSON (USA)  
KATHERINE PHELPS (USA)  
KATHY WELSH (USA)  
KATIE OROURKE (USA)  
KATY GHADYALI (USA)  
KATY MCMILLEN (USA)  
KAYLA MATHEWS (USA)

KELLI KEGLEY (USA)  
KELLI NOVY (USA)  
KELLIE GARNER (USA)  
KELLY & NICHOLAS VELA (USA)  
KELLY COMBS (USA)  
KELLY HALSCH (USA)  
KELLY HIRD (USA)  
KELSIE BUCHANAN (USA)  
KENNETH VANDEVENTER (USA)  
KEVIN & GENESSA RAYNOR (USA)  
KIM JOHANSON (USA)  
KIM NEWMAN (USA)  
KIMBERLY POWER (USA)  
KIMBERLY SMITH (USA)  
KRISTA MUELL (USA)  
KRISTA NOSKER (USA)  
KRISTEN BELLINGER (USA)  
KRISTEN GABEL (USA)  
KRISTIE JAFFE (USA)  
LACY SULLINS (USA)  
LADONNA SIMPSON (USA)  
LAI SZE SUM (HKG)  
LAN WAN NEE (MYS)  
LAURA STAPLETON (USA)  
LAURA WARFORD (USA)  
LAUREN MOSER (USA)  
LAUREN ZITZKA (USA)  
LAY NGOH YEO (SGP)  
LEANNE KAREL BAILEY (USA)  
LEI YAU YIM (HKG)  
LESLEY JACOBS-KEELER (USA)  
LETICIA WELCH (USA)  
LICHELE BROWN (USA)  
LILY YEUNG (HKG)  
LINDA OVIATT (USA)  
LINDA SMITH (USA)  
LINDA STOLTZFUS (USA)  
LINDSAY SMITH (USA)  
LINDSEY BEALS (USA)  
LINDSEY HOLLAND HENDERSON (USA)  
LINDY PARKES (USA)  
LISA ARGYLE (USA)  
LISA KULLMAN (USA)  
LISA LOSEY (USA)  
LISA NICKELL (USA)  
LIVE WELL (BRN)  
LOREN MATTINGLY (USA)  
LORI DRAPER (USA)  
MARGARET LEE (USA)  
MARGRIET MUDDÉ (BEL)  
MARILYN HALL (USA)  
MARISA PHILLIPS (USA)  
MARTINA MILESKI (USA)  
MARTY BIGGER (USA)  
MARY BRUNING (USA)  
MARY BUCK (USA)  
MARY CLARK (USA)  
MARY HEZEBICKS (USA)  
MARY RETLICH (USA)  
MARY SLIGHT (USA)  
MATHIEU HAACK (CAN)  
MAUREEN SCHMITT (USA)  
MEGAN ALLEN (USA)  
MEGAN TORRESON (USA)  
MEGANMARIE DENNIS (USA)  
MEGHAN HUNT (USA)  
MELANIE GILLARD (USA)  
MELANIE MAVEC (USA)  
MELISSA BEDNAR (USA)  
MELISSA DOWNING (USA)  
MELISSA FILIPPI (USA)  
MELISSA FRENCH (USA)  
MELISSA HORTON (USA)  
MICHAEL BRIDWELL (USA)  
MICHELLE HEIKES (USA)  
MICHELLE MCCLEARY (USA)  
MICHELLE VALLEE (USA)  
MIE & BYRON POWELL (USA)  
MIKAELA HENGST (USA)  
MONICA HOWARD (USA)  
MORGAN HUMPHREY (USA)  
NANCY IRENE HUTAGALUNG (SGP)  
NATALEIGH BARRETT (USA)  
NEIL LEGG (USA)  
NICOLE MCMASTERS (USA)  
NICOLE NEESBY (USA)  
NINA THOMPSON (USA)  
NORAH DYKEMA (USA)  
OI YING CHENG (HKG)  
OWEN CAMPBELL (USA)  
PAIGE TATUM (USA)  
PAMELA GOOTEE (USA)  
PAMELA KLEIN (USA)  
PEK KHAM WONG (MYS)  
LIVE WELL (BWN)  
PUI SHAN LEUNG (HKG)  
RACHAEL & JUSTIN MOREHEAD (USA)  
RACHAEL FLYNN (USA)  
RACHEL DECKER (USA)  
RAUF ARAFAT (MYS)  
REBECCA BISSETT (USA)  
REBECCA HERRINGTON (USA)  
REBECCA KWAN (HKG)  
REBECCA LUMETTA (USA)  
REGINA O'TUN (USA)  
ROB PARSONS (USA)  
RON BIRCHER (USA)  
SALON DEFY (USA)  
SAMANTHA DELEEL (USA)  
SANDRA CHRISTINA (SGP)  
SANDRA DENNIS ALANIS GARZA (MEX)  
SANDRA HORNE (USA)  
SARA HARTY (USA)  
SARA HOLLEBOOM (USA)  
SARAH ARENDT (USA)  
SARAH DOW (USA)  
SARAH KEMP (USA)

Bold = Newly Qualified

## Countries

Australia (AUS)  
Austria (AUT)  
Canada (CAN)  
Costa Rica (CRI)  
Czech Republic (CZE)  
Denmark (DNK)  
Germany (DEU)  
Finland (FIN)  
Hong Kong (HKG)  
Iceland (ICE)  
Japan (JPN)  
Lithuania (LTU)

SARAH VAUGHAN (USA)  
SARAH WOOD (USA)  
SHANNON & SAMUEL INGALLS (USA)  
SHANNON STUIT (USA)  
SHARON SHIRK (USA)  
SHAUNA & MICHAEL LONG (USA)  
SHELBY WILKERSON (USA)  
SHERRI TRUE (USA)  
SHONNA SHOPE (USA)  
SHUK YAN IRIS YIM (HKG)  
SONYA MARIA NEE MALLAL LEE (SGP)  
STACEY DOLTZ (USA)  
STACIA MEERMAN (USA)  
STACY SONZOGNI (USA)  
STALEY PENSINGER (USA)  
STEFANIA HUTCHINS (USA)  
STEPHANIE BURKE (USA)  
STEPHANIE COOKE (USA)  
STEPHANIE DUPRE (USA)  
STEPHANIE FURR (USA)  
STEPHANIE MOORS (USA)  
STORMY MARKS (USA)  
SUE KAUFFMAN (USA)  
SUET LAI NING (HKG)  
SUSAN GREENE (USA)  
SUSAN ROBERTSON (USA)  
SUSIE & CHRIS CARTER (USA)  
SUZANNA FRIEDMANN (USA)  
SUZANNE BEERY (USA)  
SUZANNE LE QUESNE (ESP)  
SYENLY LAURENTIA LUGIMAN (SGP)  
TABITHA PETTIT (USA)  
TALI VAUGHN (USA)  
TAMMY KNUTZ (USA)  
TAMMY WITT (USA)  
TANA PARKER (USA)  
TANYA DOMENCH (USA)  
TARRIN FLETCHER (USA)  
TASHA BECKWITH (USA)  
TERESA MEAD (USA)  
THOMAS HUMPHREVILLE (USA)  
TIFFANY BENSON (USA)  
TIFFANY LUONGO (USA)  
TIFFANY MURRAY (USA)  
TINA MATAYA (USA)  
TINA TODD (USA)  
TINA VAN AERNUM (USA)  
TING KWOK CHAN (HKG)  
TODD SOTO (USA)  
TOMAS DURAN (USA)  
TONI REESE (USA)  
TONYA STREET (USA)  
TRACY ARIE (USA)  
TRACY KELLER (USA)  
TRACY VIDOVIC (USA)  
TRICIA & MARK JACKSON (USA)  
TRICIA RING (USA)  
UNO CONSULTANT LTD. (HKG)  
VALENTINE SMITH (USA)  
VALERIE FINDLAY (USA)  
VANESSA SUMNICK (USA)  
WAI MAN KATHY SHUM (HKG)  
WAI MUN KU (HKG)  
WAYNE GEILS (USA)  
WENDY LAU (HKG)  
WENDY YOSHIOKA (USA)  
YEOH EE LOON (MYS)  
YESSY ERIS (SGP)



# Oil of the MONTH

Springtime symbolizes a fresh start. A fresh start for the earth, and a fresh start for you. Help yourself on the journey to find balance and tranquility in this new season by incorporating Harmony™ essential oil blend into your daily routine.

Its unique combination of essential oils such as Sandalwood, Lavender, Geranium, and Frankincense provides a warm, floral aroma that can help promote feelings of clarity and peace and open your mind to new possibilities.



### Ideas for bringing Harmony to your life

- Diffuse to bring the uplifting smells of springtime into your home.
- Add a drop or two to your favorite moisturizer to help skin look and smell great.
- Mix with a carrier oil like V-6™ Vegetable Oil Complex for a relaxing and aromatic massage.
- Treat yourself to a little aromatherapy by diffusing during yoga or meditation.

## Gourmande

in the kitchen



Sylvie Shirazi is the recipe developer, food photographer, and real food lover behind *GourmandeInTheKitchen.com*. There you'll find a collection of recipes that celebrate your inner gourmand with fresh, seasonal ingredients that are free from gluten, refined sugar, and processed ingredients. The recipes on *Gourmande in the Kitchen* are fast and fresh with a focus on quality ingredients and minimal preparation that let the natural flavors of the food shine because you don't need a lot of time or a long list of ingredients to make good-for-you, satisfying, and delicious food if you start with the best ingredients possible.

GourmandeInTheK Gourmande in the Kitchen GourmandeInTheK

## ROASTED BABY POTATOES WITH LEMON DILL SAUCE

### INGREDIENTS

#### For the Roasted Potatoes

2 pounds small fingerling potatoes in assorted colors, well scrubbed  
 1 ½ tablespoons extra virgin olive oil  
 ½ teaspoon sea salt  
 ¼ teaspoon freshly ground pepper

The zest of ½ a lemon  
 2 tablespoons chopped fresh dill

#### For the Lemon Dill Sauce

½ cup/4 oz. plain coconut milk or regular plain yogurt  
 1 tablespoon chopped fresh dill  
 1 tablespoon lemon juice  
 The zest of ½ a lemon  
 1 tablespoon extra virgin olive oil  
 ¼ teaspoon sea salt  
 Pinch of freshly ground pepper  
 2 drops Dill Vitality™ essential oil  
 2 drops Lemon Vitality™ essential oil

### INSTRUCTIONS

- Preheat oven to 450°F.
- Toss the potatoes with olive oil and salt and pepper on a rimmed baking sheet. Roast for 20–30 minutes, tossing halfway through, until fork tender and browned.
- Meanwhile, in a small bowl, whisk together sauce ingredients and set aside.
- Toss the warm roasted potatoes in a large bowl with lemon zest and fresh chopped dill to coat.
- Serve with lemon dill sauce on the side.



We've moved! In February Young Living held the grand opening of our newly relocated Australia headquarters, and in March we opened our new European headquarters. Our amazing growth has created more opportunities to get Young Living products into every home, and these offices will serve as regional resources and support for members.

In Australia we moved our office from Brisbane to the Norwest Business Park in Sydney to better serve our members in the region. After 17 years in Brisbane, the strategic move to the Baulkham Hills region positions Young Living in the country's network marketing epicenter. In addition to expanding the office, warehouse, and call center, the new location enabled us to streamline our shipping process and create 34 new jobs.

"The move to Sydney allows us to meet the growing demand for our products in Australia and establish the infrastructure necessary for future growth," said Jared Turner, Young Living Chief Operating Officer. "We are one step closer to achieving Young Living's vision of getting our products into every home in the world."

Additionally, to attract up-and-coming members in the region, we moved our European headquarters from Kimbolton to West London's Chiswick Park. This move establishes Young Living in one of London's most successful business locations and creates infrastructure to support anticipated growth. In addition to expanded office space, the new location offers resources to members, including a premier meeting facility, expanded call center services, and accessibility. The location immediately created 54 new jobs and allows for future expansion.

"Chiswick Park is a prime location for Young Living to build and nurture strategic partnerships, as well as to expand resources for our members in the region," Jared said. "This move establishes Young Living as a key player in the London business community and helps establish us as a coveted brand to work for and partner with."

## SEED TO SEAL SPOTLIGHT

### Is Citrus Essential Oil Safe For Teeth?



Because citrus juice has been proven to cause tooth enamel erosion, there have been some questions about the effect of citrus essential oils on teeth as well.

As part of Young Living's unwavering commitment to quality and safety, our Research and Development team—led by renowned oral care expert and former Section President of the American Association of Dental Research Dr. Michael Buch—performed a series of laboratory tests to determine if citrus essential oils, like citrus juices, significantly lower pH levels in the mouth.

Lemon, Lime, Tangerine, Orange, and Grapefruit essential oils and juices were all tested.

Each of the fruit juices was found to be at least 10X more acidic than its corresponding Young Living essential oil. In fact, the Young Living essential oils caused only minimal pH changes to the water (averaging less than 1 pH unit).

The bad news? Citrus juice does indeed erode tooth enamel over time.

The good news? It's safe to continue enjoying citrus taste by adding Young Living essential citrus oils to beverages instead of drinking a glass of orange juice or by squeezing a wedge of lemon into water. Visit [YoungLiving.com/Vitality](http://YoungLiving.com/Vitality) to check out our line of dietary and culinary essential oils, including eight varieties of juicy citrus!