

Directions From the South (New Jersey Turnpike)

1. New Jersey Turnpike North leading to I95
2. Continue north on I95; be sure to stay on the local side
3. Look for Exit 71, "Englewood, Leonia, Broad Avenue"
4. Right turn onto Broad Ave at the end of exit ramp
5. Drive under the freeway and thru a traffic light
6. Continue on Broad Ave under another overpass
7. Thru another traffic light and thru a 4-way stop sign (here the road changes names to Dana St)
8. Dana St ends at a traffic light, which is Palisades Ave.
9. Make left turn (from the right hand lane) and an immediate right turn onto Lydecker St
10. At the 2nd stop sign make a sharp left turn (this is a 5 way intersection—make a sharp left) onto Glenwood Rd

You will be driving down a long, curvy hill. As you pull out of the curve at the bottom of the hill a white picket fence will be on your right. Across the street, on your left will be:

**108 Glenwood Rd—a light brown stucco house, with
2 pillars in the front and a black door**

Once you see the house, you will have passed the driveway. You are welcome to park in the driveway or on the street. Enter via the front door.

for more information, please contact:

James Niederland, LCSW
Psychotherapist & Wellness Consultant
108 Glenwood Rd
Englewood, NJ 07631
201.906.2994

www.essentialoiltherapies.com
oilman@essentialoiltherapies.com

Remember to spread Peace & Love . . . ☺