

What Is Your Heart Set On?

By Doug Firebaugh

A

bundance mindset—sounds like a great idea! People get excited about the concept, yet few seem to practice it in their expectations of life.

Why?



There are many misunderstandings around what abundance thinking means and how it manifests. I know a lot of people who are waiting for abundance in their life, but are not actively pursuing it. I know others who are pursuing it and have yet to see it show up in their life.

Again, why does this happen?

After coaching a lot of people over the years, I have come to three conclusions:

1. *Most people embrace the idea of abundance mindset, but never own the concept.*

People can get really excited over the idea of abundance in all they do, yet they do not own the concept. Owning is where it becomes a part of who you are, not of what you do. Many people live a life of “less than” and lack, because that is who they believe they are (for many reasons, including they were led to believe this early in life). They get energized over thinking about a life of abundance, yet they hold themselves back from it, as it is not who they believe themselves to be.

Most have never studied it, researched it, or become educated about what it really is Abundance is a gift from God that we can either embrace or reject. I am not talking about just money. I am talking about living a life that is full of joy, happiness, community, and many other aspects of life that are often overlooked. Income and success are part of the whole, but it not the whole of abundance. It is the fruit of someone who has an abundant mindset.

2. *More than a state of mind, abundance is a state of heart.*

What do you have your heart set on for your life? I mean *really* set on? You will probably end up there. Your heart is the success driver in your life, as well as the abundance driver. Your heart is the core of your life energy, and if your heart is set on something, your mind will follow.

Whether you believe in the Bible or not, it contains success principles that transcend time and space. Everyone knows, "As a man thinketh in his heart, so is he." (Proverbs 23:7) Notice it says "heart," not mind. Your heart and spirit are the core of who you are—and who you are will always determine what you do and have.

3. *An abundant life is built on non-traditional expectations and an uncommon vision.*

If you want to build a life of abundance, expect pushback. I have seen that most of my life. When you go against the grain, many people will tell you that you are crazy, out of touch, or just not "reasonable."

Abundance requires you to become an "unreasonable" person. You will *not* listen to reason as people try to tell you that all there is to life is what *they* know. You have decided to do something that is the secret to an abundant and blessed life: you are going to *grow against the grain*.

You are going to become larger in your thinking, more powerful in your expectations, and more insistent in your actions to produce the life you have decided on and are believing in. You must grow past all the naysayers and negative influences that have a tendency to show up when someone decides to do something extraordinary with their life.

You will study and research all that you must in order to see that there is more to life and in life than meets the eye. You will talk with people who are already there and they can help you develop the persistence it takes to grow against the grain.

4. *Choosing abundance shifts you on the inside.*

The most beautiful part of making a life decision towards an abundant Life is that it shifts you on the inside and you are actually aware of the shift in several areas:

- *It focuses you.* Abundance helps you to see things you were missing before, including new business or opportunities.
- *It energizes you.* Abundance impacts your emotions and raises them because of new realities in your life. The reality that you can actually obtain more in life can set your heart on fire.
- *It directs you.* When you choose an abundant Life, the actions you take, as well as your thinking, are totally influenced by that one decision.

I encourage anyone to seek out more in life and get more out of life, as life basically gives you what you expect. This has been proven for thousands of years. Truly the abundant life and mindset are powered by the abundant heart. What do you have *your* heart set on?

DOUG FIREBAUGH has been a coach to networking professionals and a veteran networker himself for 28 years. He also is an author, a cofounder of the Home Business Radio Network (<http://homebusinessradionetwork.com/>), and the show host for the daily radio talk show "The Millionaire Road."

[← Previous \(3611.phtml\)](#)

[Contents \(toc1.phtml\)](#)

[Next → \(3613.phtml\)](#)

We appreciate your feedback. Write us at our helpdesk (helpdesk.networkingtimes.com).

[Privacy Policy \(/ntprivacy.php\)](#) | [Return Policy \(/ntreturns.php\)](#)

Copyright © 2017 Gabriel Media Group, Inc.